

## Staff

Numerous staff support the year-round activities of NWSRA. The professional recreation staff hold degrees in Therapeutic Recreation or related fields and certification with state and/or national professional organizations. Most staff are also certified in First Aid, CPR, Lifeguarding and Water Safety Instruction, and possess Commercial Driver's Licenses. In addition, NWSRA employs and trains 100 - 120 part-time staff.



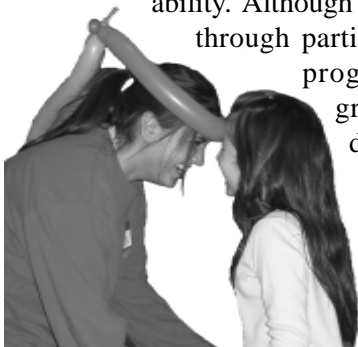
## Volunteers

Volunteers from local high schools, colleges, service groups, scouting programs, and churches also assist in our efforts to provide a close staff-to-participant ratio.



## Inclusion

NWSRA and its member park districts believe that all individuals should be provided with leisure opportunities that allow for performance at their highest level of ability. Although many people achieve this through participation in an NWSRA program, others may have greater success in a park district activity. NWSRA staff assist in the inclusion process by providing training and resources as needed in home park district programs.



## Programs and Services

### Weekly Programs

A variety of programs are offered weekdays, evenings and weekends. Special events provide opportunities to experience activities such as creative theme parties, visits to area attractions and community outings.



### Leisure Education

Leisure Education is a cooperative program between NWSRA and local school districts designed to promote leisure awareness among special education students. Favorite activities include outdoor cooking, sledding, outdoor awareness, boating, bowling, miniature golf, and rollerskating.



### Day Camp

Summer day camps provide summer time fun and socialization, while helping campers retain skills developed during the school year. Daily camp activities include sports, games, crafts, and swimming. Field trips and special events add extra excitement to the program.



### Trips

Children, teens and adults take part in trips to campgrounds, resorts and vacation spots across the United States. Highlights include sight-seeing, visiting amusement parks and enjoying outdoor sporting events.



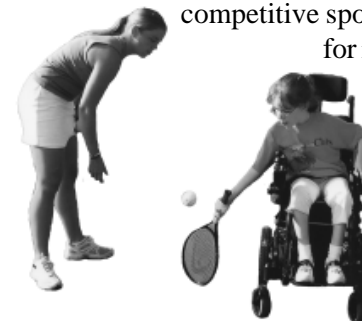
### Special Olympics

NWSRA offers training and competition in a variety of different sports. Additionally, Special Olympics Illinois Area 18 offers Unified Sports, involving Special Olympics athletes equally matched up with their non-disabled peers from the community and area corporations.



### BlazeSports

BlazeSports Clubs of America<sup>SM</sup> is a national grassroots program providing opportunities for competitive sports and fitness programs for individuals with physical disabilities and is supported by the National Recreation & Parks Association and the U.S. Disabled Athletes Fund.



# Special Leisure Services Foundation

We exist to support and promote outstanding opportunities through recreation for people with disabilities in cooperation with the Northwest Special Recreation Association.



## Your Contributions

*Support*

- Accessible Transportation
- General Program Support
- Inclusion Opportunities
- Scholarships
- Special Olympics Illinois Area 18

Fundraising events are a year-round commitment of the Special Leisure Services Foundation. Events are offered using the resources of committee members, corporate connections and community representatives. These events assist in fulfilling the year-round commitment to the various programs we support. Events include:

- Golf Outings
- Gold Medal Fashion Show
- Dinner Auction
- Corporate Olympic Challenge

## Northwest Special Recreation Association

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Rolling Meadows, IL 60008-2559  
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www.nwsra.org



The Northwest Special Recreation Association (NWSRA) was formed in 1973 to provide recreation services to individuals with disabilities. The NWSRA is comprised of 16 member park districts located in the northwest suburbs of Chicago.

*Serving*

**the Park Districts of:**

Arlington Heights  
Bartlett  
Buffalo Grove  
Elk Grove  
Hanover Park  
Hoffman Estates  
Inverness  
Mount Prospect  
Palatine  
Prospect Heights  
River Trails  
Rolling Meadows  
Salt Creek  
Schaumburg  
Streamwood  
Wheeling



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