HIGH RISK ACTIVITIES WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

IMPORTANT INFORMATION

Northwest Special Recreation Association (NWSRA) is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. NWSRA continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants’ safety. However, participants and parents/guardians of minors registering for NWSRA programs/activities must recognize that there is an inherent risk of injury when choosing to participate in any outdoor recreational activity including but not limited to: canoeing, paddle boating, row boating, kayaking, horseback riding and climbing walls/Teams Course. You are solely responsible for determining if you or your minor child/ward are physically fit and/or skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

WARNING OF RISK

Canoeing, kayaking, paddle boating, row boating, horseback riding, and climbing walls/Teams Course are all activities intended to challenge and engage the physical, mental and emotional resources of each participant. However, despite careful and proper preparation, instruction, medical advice, and conditioning there is a risk of serious injury including death. All hazards and dangers cannot be foreseen. Depending on the specific activity, certain common risks include but are not limited to dangerous weather and water conditions, acts of God, insect bites, premises defects, and other hazards common to an outdoor setting. Other risks include sunburn, heatstroke, dehydration, inadequate supervision or instruction, horseplay and carelessness, poor technique, or lack of skill, loss of balance collisions, inadequate or defective equipment, and failure to wear safety equipment.

Inherent risks associated with climbing walls and Teams Course include: over exertion, slips and falls, loose or damaged artificial holds, being fallen on by other users, delay and/or belayer failure. Inherent risks associated with horseback riding include: the propensity of an equine’s reaction to sound, movements, objects, persons or animals and actions by the equine due to fright, anger, stress, insect bites, or natural reactions such as bucking, jumping sideways, forwards or backwards, kicking or biting.

In this regard, it is impossible for NWSRA to guarantee absolute safety.

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this form carefully and be aware that in signing up and participating in the above programs/activities you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program/activity (including transportation services and vehicle operations, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in these programs/activities and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in any of the above noted programs/activities against the NWSRA, including its officials, agents, volunteers and employees.

I do hereby fully release and forever discharge the NWSRA from any and all claims for injuries, damages, or loss that my minor child/ward or I may have or which may accrue to me or my child/ward and arising out of, connected with, or in any way associated with the above noted activities/programs.

PHOTO/VIDEO AUTHORIZATION

I hereby authorize and give my consent to NWSRA to photograph/video my child/ward (or me), and without limitation, to use such photographs/video, in connection with promoting/advertising the services, programs, and facilities of NWSRA, without consideration of any kind.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. And Photo/Video authorization. If registering on-line or via fax, my on-line or facsimile signature shall substitute for and have the same legal effect as an original form signature.

PLEASE PRINT

Date____________________

Participant’s Name ______________________________

(18 years or older or Parent/Guardian)

PARTICIPATION WILL BE DENIED

If the signature of adult participant or parent/guardian and date are not on this waiver.