

The background of the entire poster is a photograph of a young child lying on their back on a snowy, icy slope. The child is wearing a grey knit beanie, a blue and white geometric patterned jacket, and blue camouflage-patterned snow pants. They are smiling broadly at the camera. The scene is brightly lit, suggesting a sunny day. Overlaid on the image are several white, stylized snowflake graphics of various sizes. A large, semi-transparent blue rectangle is positioned in the lower half of the image, serving as a background for the event title.

Winter Spring 2026

**REGISTRATION
DEC. 1 - 19**

WINTER/SPRING PROGRAMMING

February 2 – May 2

Registration Begins

December 1, 2025

Registration Deadline

December 19, 2025

Scholarship Deadline

December 19, 2025

OFFICE HOURS

Monday - Friday

8:30 am - 5:00 pm except for holidays

Ph: 847-392-2848

Fax: 847-392-2870

TTY: 847-392-2855

Video Ph: 224-210-1616



ABOUT NWSRA

NWSRA serves 17 northwest suburban communities in partnership with Member Park Districts, providing general recreation therapy programs, day camps, athletics, inclusion, trips, special events, leisure education, community adult day programs and 1:1 therapy.

WAYS TO REGISTER



Online

Visit nwsra.org/brochure to register online.



In Person

NWSRA 3000 W. Central Rd, Suite 205
Rolling Meadows, IL 60008



Mail In

NWSRA 3000 W. Central Rd, Suite 205
Rolling Meadows, IL 60008

We accept AmEx, Discover, MasterCard, Visa. Checks payable to Northwest Special Recreation Association.

MISSION

To provide outstanding opportunities through recreation for children and adults with disabilities.

VISION

To be a leading force, creating greater options that enrich the life experiences of the participants, families and communities we serve.

VALUES

Teamwork: Support each other and work together

Respect: Be open, honest and kind

Enthusiasm: Exceed expectations

Collaboration: Combine resources to achieve common goals

Communication: Listen, share and adapt

Diversity: Self-evaluate, educate, celebrate, advocate and represent

table of contents

RECREATION THERAPY PROGRAMS

Special Events	6
1:1 Therapy Programs	9
Specialty Lessons	10
Spring Day Camps	12
Lightning Athletics	13
Early Childhood	16
School Age	18
Adults	22
PURSUIT Community Adult Day Program	30
Healthy Minds Healthy Bodies	31
Social Clubs	32

ADDITIONAL INFORMATION

Staff Directory	4
Special Leisure Services Foundation	29
General Information	39
Registration Information	41
Registration Forms	43
Facility Locations	47

GOALS

C	Cognitive Skills
CI	Community Integration
HW	Health & Wellness
I	Independent Functioning
M	Motor Skills
P	Physical Skills
SE	Social & Emotional Skills
SI	Sensory Integration

ABBREVIATIONS

AUT	Autism Spectrum
ID	Intellectual Disability
P	Physical Disability
V	Visual Disability

CERTIFICATIONS

CIA	Certified Inclusivity Assessor
CPRP	Certified Park & Recreation Professional
CTRS	Certified Therapeutic Recreation Specialist
DSP	Direct Support Person
QIDP	Qualified Intellectual Disabilities Professional
PHR	Professional in Human Resources
CPA	Certified Public Accountant

BOARD OF DIRECTORS

ARLINGTON HEIGHTS

Carrie Fullerton

BARTLETT

Kevin Romejko

BUFFALO GROVE

Erika Strojinc

ELK GROVE

Ben Curcio

HANOVER PARK

Steve Bessette

HOFFMAN ESTATES

Craig Talsma

INVERNESS

Robert Dowling

MT. PROSPECT

Jim Jarog

PALATINE

Ben Rea

PROSPECT HEIGHTS

Christina Ferraro

RIVER TRAILS

Bret Fahnstrom

ROLLING MEADOWS

Nick Troy

SALT CREEK

Diane Hilgers

SCHAUMBURG

Tony LaFrenere

SOUTH BARRINGTON

Jay Morgan

STREAMWOOD

Jeffrey Janda

WHEELING

Jan Buchs

BOARD MEETING

For Board Meeting dates and to access a copy of the meeting agenda, visit nwsra.org/board.

STAFF DIRECTORY

LEADERSHIP

Andrea Griffin, CTRS, CPRP, CIA Executive Director agriffin@nwsra.org ext. 235	Sara Carey, MH Manager of Human Resources scarey@nwsra.org ext. 260	Tom Draper Supt. of Communications and Technology tdraper@nwsra.org ext. 263
Nick Eckelberry Manager of Finance neckelberry@nwsra.org ext. 246	Victoria Gonzalez, CTRS, CPRP, CIA Supt. of Recreation vgonzalez@nwsra.org ext. 237	Rachel Hubsch, CTRS, CPRP Supt. of Recreation rhubsch@nwsra.org ext. 231
Anne Kiwala SLSF Supt. of Development akiwala@nwsra.org ext. 244		

MANAGEMENT

Andi Criswell, CTRS, CIA Manager of Inclusion Services acriswell@nwsra.org ext. 228	John Dufford Manager of Information Technology jdufford@nwsra.org ext. 220	Pat Hurst, CTRS Manager of Programs and Operations phurst@nwsra.org ext. 245
Emily Meyer Manager of Programs and Special Events emeyer@nwsra.org ext. 239	Kate Moran, CTRS, QIDP Manager of Programs and Day Camps kmoran@nwsra.org ext. 274	Kaila Robinson, CPRP, QIDP Manager of Collaborative Services krobinson@nwsra.org ext. 225
Tricia Snell Manager of Customer Relations tsnell@nwsra.org ext. 223	Liz Thomas, CPRP, QIDP SLSF Foundation Manager lthomas@nwsra.org ext. 227	TBA Manager of Collaborative Services

COORDINATORS

Lexi Brandlin, CTRS Athletics Coordinator abrandlin@nwsra.org ext. 268	Danielle Cassel, CTRS, QIDP Collaboratives Coordinator dcassel@nwsra.org ext. 248	Caroline Cudney, M.A Inclusion Coordinator ccudney@nwsra.org ext. 219	Fatima Dabbah Marketing Coordinator fdabbah@nwsra.org ext. 217
Eric Engleson, CTRS Support Services Coordinator eengleson@nwsra.org ext. 242	Amy Kalov, PHR, MSW Recruitment Coordinator akalov@nwsra.org ext. 264	Cassie Lexa, CTRS, QIDP Collaboratives Coordinator clexa@nwsra.org ext. 266	Karly Melendy Inclusion Coordinator kmelendy@nwsra.org ext. 216
Megan O'Brien SLSF Events Coordinator mobrien@nwsra.org ext. 267	Josh Ruston, MS Operations Coordinator jruston@nwsra.org ext. 241	Samantha Tabert, CTRS, CIA Inclusion Coordinator stabert@nwsra.org ext. 243	Jessica Tanski, CTRS, QIDP Collaboratives Coordinator jtanski@nwsra.org ext. 276

SPECIALISTS

Caitlin Cron, CTRS Recreation Specialist ccron@nwsra.org ext. 224	Sydney Csoka, CTRS Recreation Specialist scsoka@nwsra.org ext. 299	Gianna Mendoza, CTRS Recreation Specialist gmendoza@nwsra.org ext. 233	Patrick Paulson Recreation Specialist ppaulson@nwsra.org ext. 236
Jillian Trentadue Recreation Specialist jtrentadue@nwsra.org ext. 240	Abigail Updike, CTRS Recreation Specialist aupdike@nwsra.org ext. 271	Katrina Zabat Recreation Specialist kzabat@nwsra.org ext. 226	Lexi Smith Marketing Specialist asmith@nwsra.org ext. 230

ADMINISTRATIVE SUPPORT STAFF

Danielle Olson, CTRS, QIDP Administrative Coordinator dolson@nwsra.org ext. 238	Kelly Suchodolski Registration Specialist ksuchodolski@nwsra.org ext. 221	Jamie Blake Registration Specialist jblake@nwsra.org ext. 222
--	--	--

Registration, Now Online!

Launching December 1

Browse programs, manage your household information, and register online!



1

Scan the QR code
or visit nwsra.org/brochure

2

Click Register Online

3

Create an account with your contact details and participant information.

4

Register for your favorite NWSRA programs!

5

Check your e-mail for a link from ePACT to complete your personal information form.



special events



GOALS LEGEND

C Cognitive Skills **CI** Community Integration **HW** Health & Wellness **I** Independent Functioning
M Motor Skills **P** Physical Skills **SE** Social & Emotional Skills **SI** Sensory Integration

NOTE: The program leader will communicate the pick-up and drop - off times once registration is closed and routes are established.

CHICAGO SKY DECK **Ages: 21 & older**

Join us for an unforgettable day in downtown Chicago as we take in breathtaking 360° views from the Skydeck at Willis Tower—standing 1,353 feet in the air on The Ledge—followed by lunch at a local restaurant where you'll enjoy great food, good company, and a chance to unwind and connect. Lunch is included in fee.

Group: All Abilities

Location: Willis Tower • Chicago

Min/Max: 5/10

Ratio: 1:4 to independent

Goals: CI, SE

Prog. #	Date	Day	Time	Fee
6109	1/11	Sun	11:00 - 3:00 pm	\$120.00

Transportation Fee: \$14

Transportation Location

NWSRA Park Central

SAFARI SPLASH ADVENTURE **Ages: 14 & older**

We're heading to Safari Land for a fun-filled morning of bowling, rides, and arcade games—perfect for teens looking for thrills and friendly competition. After the excitement, we'll head to a nearby Park District to unwind and splash around in the pool. It's the ultimate school day out—fun, food, and friends all in one place! Pizza and tickets included in the fee.

Group: All Abilities

Location: Safari Land • Villa Park

Min/Max: 4/8

Ratio: 1:1 to independent

Goals: CI, SE

Prog. #	Date	Day	Time	Fee
6101	1/19	M	10:00 - 3:00 pm	\$90.00

Transportation Fee: \$14

Transportation Locations

NWSRA Park Central

Hanover Park Community Center

Buffalo Grove Fitness Center

ELVIS TRIBUTE SPECTACULAR **Ages: 21 & older**

Experience the King of Rock 'n' Roll! Join us for an unforgettable night at the Paramount Theater. This Elvis Tribute Concert is an era-by-era celebration of the music, magic, and charisma of Elvis Presley. From his early rockabilly hits to his iconic Vegas performances, this show captures the spirit of the King like never before.

Group: Ambulatory Only

Location: Paramount Theater • Aurora

Min/Max: 5/15

Ratio: 1:4 to independent

Goals: S, CI

Prog. #	Date	Day	Time	Fee
6108	1/17	Sa	8:00pm Showtime	\$90.00

Transportation Fee: \$14

Transportation Location

NWSRA Park Central

PEPPA'S BIG DAY OUT **Ages: 13 & under**

Join us for a visit to the Peppa Pig World of Play at Woodfield Mall—an interactive indoor play center packed with imagination, play zones, and everyone's favorite pig! After all the oinks and giggles, we'll head to the Food Court for lunch then end our day at a nearby park district for some swimming and water fun! Lunch and ticket included in the fee.

Group: All Abilities

Location: Woodfield Mall • Schaumburg

Min/Max: 4/8

Ratio: 1:1 to independent

Goals: CI, SE

Prog. #	Date	Day	Time	Fee
6100	1/19	M	10:00 am - 3:00 pm	\$90.00

Transportation Fee: \$14

Transportation Locations

NWSRA Park Central

Hanover Park Community Center

Buffalo Grove Fitness Center

KICK, CLIMB & MOVIE TIME Ages: 13 & under

Join us for a day of fun! Start the day at Westmont Yard Indoor Sports Complex, enjoying the Playtower, inflatables, turf field games, and open play. After we'll enjoy some pizza and drinks. In the afternoon, we'll head to the NWSRA Teen Center for a relaxed movie screening, group games, and time to hang out with friends. Pizza and tickets included in the fee.

Group: All Abilities

Location: Westmont Yard, Westmont

Min/Max: 4/8

Ratio: 1:1 to independent

Goals: CI, SE

Prog. #	Date	Day	Time	Fee
6102	2/16	M	10:00 - 3:00 pm	\$90.00

Transportation Fee: \$14

Transportation Locations
NWSRA Park Central
Hanover Park Community Center
Buffalo Grove Fitness Center

GLOW IN THE SNOW Ages: 7 -21

Bundle Up for a Glowing Night of Fun! Walk an illuminated trail to find and learn about hidden winter creatures. Along the way, we'll play games and enjoy fun winter activities. Don't forget to dress warmly for this magical evening! Hot chocolate is provided!

Group: All Abilities

Location: Naperville Park District, Naperville

Min/Max: 3/10

Ratio: 1:2 to independent

Goals: CI, SI, SE

Prog. #	Date	Day	Time	Fee
6111	2/21	Sa	6:00 - 8:00 pm	\$25.00

Transportation Fee: \$14

Transportation Locations
NWSRA Park Central

BROOKFIELD ZOO ADVENTURE Ages: 14 - 21

Get ready for a wild day at Brookfield Zoo! From playful monkeys to towering giraffes, there's so much to see, explore, and enjoy. Dress for the weather and wear comfy shoes. Lunch & ticket are included in fee.

Group: All Abilities

Location: Brookfield Zoo

Min/Max: 5/15

Ratio: 1:2 to independent

Goals: CI, SI, SE

Prog. #	Date	Day	Time	Fee
6110	3/1	Sun	10:00am - 3:00pm	\$90.00

Transportation Fee: \$14

Transportation Location
NWSRA Park Central

LIGHTS, CAMERA, CANNONBALL Ages: 14 & older

We'll start the day at Picture Show to catch a movie on the big screen, then head to a nearby Park District for an afternoon of swimming and fun in the pool. This event is perfect for teens looking to hang out with friends, and enjoy a day filled with relaxation! Please bring money for popcorn and snacks. Pizza and movie tickets are included in the fee.

Group: All Abilities

Location: Picture Show • Bloomingdale

Min/Max: 4/8

Ratio: 1:1 to Independent

Goals: CI, SE

Prog. #	Date	Day	Time	Fee
6103	2/16	M	10:00 - 3:00 pm	\$90.00

Transportation Fee: \$14

Transportation Locations
NWSRA Park Central
Hanover Park Community Center
Buffalo Grove Fitness Center

**CHICAGO BULLS** Ages: 21 & older

Get ready for a slam-dunk experience with NWSRA as we head to the United Center to watch the Chicago Bulls in action! Join us for an unforgettable night filled with high-energy basketball, dazzling halftime entertainment, and all the excitement of a live NBA game. Feel the roar of the crowd, cheer on your favorite players, and enjoy a night out with friends and teammates! Tickets and meal included, please bring money for souvenirs.

Group: All Abilities

Location: United Center • Chicago

Min/Max: 5/24

Ratio: 1:4 to independent

Goals: CI, I, S

Prog. #	Date	Day	Time	Fee
6104	03/18	W	7:00 - 10:00 pm	\$110.00

Transportation Fee: \$14

Transportation Location
NWSRA Park Central

SPECIAL EVENTS



CHICAGO BLACKHAWKS Ages: 21 & older

Join NWSRA for an action-packed outing to see the Chicago Blackhawks hit the ice. Experience the thrill of hockey with fast-paced gameplay, exciting goals, and unforgettable fan moments. Cheer on the Blackhawks alongside friends and soak in the electric atmosphere of live hockey. Ticket and meal included **Hall of Fame Celebration Night**

Group: All Abilities
Location: United Center • Chicago
Min/Max: 5/15
Ratio: 1:4 to independent
Goals: Cl, I, S

Prog. #	Date	Day	Time	Fee
6105	4/11	Sa	4:00 - 7:00 pm	\$110.00

Transportation Fee: \$14

Transportation Location
NWSRA Park Central

OVERNIGHT TRIPS Age: 21 yrs. & older

Pack your bags for an exciting overnight adventure with NWSRA! Join us for a fun-filled getaway to St. Charles, Illinois, a charming riverfront town known for its beautiful downtown, scenic Fox River views, and welcoming small-town feel. We will enjoy local eats, explore the town and make lasting memories.

Group: All Abilities
Location: St. Charles, Illinois
Min/Max: 5/15
Ratio: 1:4 to independent

Prog. #	Date	Fee
9010	March 6-7	\$600.00

STRIKE UP SOME FUN Ages: 14 - 21

Ready for a fun night out with friends? Join NWSRA for an exciting Teen Night Out featuring bowling at Arlington Lanes followed by a delicious pizza dinner at Barnaby's in Palatine! Strike up some fun on the lanes, show off your skills, and then dig into tasty pizza with your crew. It's the perfect way to relax, laugh, and enjoy great food after some friendly competition. Dinner is included in fee.

Group: All Abilities
Location: Arlington Lanes • Arlington Heights
Min/Max: 5/10
Ratio: 1:2 to independent
Goals: Cl, S

Prog. #	Date	Day	Time	Fee
6106	4/2	Th	5:30 - 8:30 pm	\$65.00

Transportation Fee: \$14

Transportation Location
NWSRA Park Central
Hanover Park Community Center
Buffalo Grove Fitness Center

PARENT NIGHT OUT Ages: 3 -13

Need a night off? Drop the kids off with NWSRA and enjoy a worry-free evening on the town while your child has a blast! Kids will spend the evening at the Rolling Meadows Community Center, exploring the Snoezelen Sensory Room, grooving in the Music Room, and getting creative in the Media Lab. It's a night full of fun, relaxation, and sensory-rich activities designed just for them.

Group: All Abilities & Siblings
Location: Rolling Meadows Community Center • Rolling Meadows
Min/Max: 5/15
Ratio: 1:1 to independent
Goals: Cl, S

Prog. #	Date	Day	Time	Fee
6107	5/1	Fri	6:00 - 8:30 pm	\$45.00

SHORT TRIPS • 9020 ID | 9030 PV Age: 21 yrs. & older

Join us for a relaxing and fun-filled getaway to Shipshewana, Indiana - a charming small town known as the Heart of Amish Country. Enjoy a slower pace, friendly smiles, and the beautiful sights and sounds of rural life. This trip is designed for participants who enjoy exploring new places at a comfortable pace, with friendly support, plenty of opportunities for fun and connection, and so much more! The bus will depart on Friday morning and return Sunday afternoon. Don't miss out on this amazing trip! Come make memories with us!

Group: All Abilities
Location: Shipshewana, Indiana
Min/Max: 5/15
Ratio: 1:4 to independent

Prog. #	Date	Fee
9020	May 15 - 17	\$1200.00
9030	May 15 - 17	\$1200.00

1:1 therapy programming

All sessions are 45 minute individual or sibling sessions. **Please state your preferred time on the registration form.** These therapy sessions will be video recorded and require an additional waiver for participation. You will be contacted before the therapy session with your time confirmation. Dates are subject to change based on availability.

SNOEZELEN SENSORY ROOM



Sensory therapy consists of placing an individual in a soothing and stimulating environment, called the “Snoezelen Room.” This room is specially designed to deliver stimuli to various senses using lighting effects, color, sounds, music, scents, etc.

No Program: 2/16, 3/23, 3/24, 3/25, 3/26

Note: Location subject to change

Age: 3 yrs. & older

Group: All Abilities

Location: 1120 - Rolling Meadows Community Center
1121 - Rolling Meadows Community Center
1122 - Central Community Center • Mt. Prospect
1123 - Wheeling Community Recreation Center

Min/Max: 1/4 per program

Goals: SI

Prog. #	Dates	Day	Time	Fee
1120	2/2 - 4/27	M	2:30 - 6:15 pm	\$385.00
1121	2/3 - 4/28	T	2:30 - 6:15 pm	\$420.00
1122	2/4 - 4/29	W	2:30 - 6:15 pm	\$420.00
1123	2/5 - 4/30	Th	2:30 - 6:15 pm	\$385.00

MEDIA LAB



The fully accessible Media Lab opens endless possibilities through next-level technology. The Media Lab hosts Virtual Reality, 3D printing, fully adjustable computers, a 70 inch iPad and so much more! Participants will learn stress-reduction techniques, expand their minds through endless virtual worlds and explore their interests through technology.

No Program: 3/24, 3/26

Age: 3 yrs. & older

Group: All Abilities

Location: 1140 - Buffalo Grove Fitness Center • NWSRA Media Lab
1141 - Rolling Meadows Community Center • NWSRA Media Lab

Min/Max: 1/4 per program

Goals: C, I

Prog. #	Dates	Day	Time	Fee
1140	2/3 - 4/28	T	2:30 - 5:15 pm	\$300.00
1141	2/5 - 4/30	Th	2:30 - 5:15 pm	\$300.00

COMMUNITY SENSORY GARDEN & GREENHOUSE



The NWSRA Community Sensory Garden welcomes individuals of all ability levels to explore, play, learn, and grow in a natural environment. The garden features plants, vegetables, an accessible walkway, seating and several interactive amenities that cultivate an increased connection to nature. Through the knowledge and expertise of Certified Therapeutic Recreation Specialists (CTRS) and Certified Park and Recreation Professionals (CPRP), children and adults expand their boundaries through nature-based learning and play.

Age: 3 yrs. & older

Group: All Abilities

Location: 1130 - Hanover Park Community Center • Sensory Garden
1131 - Wheeling Park District • Greenhouse

Min/Max: 1/3 per program

Goals: SI, CI

Prog. #	Dates	Day	Time	Fee
1130	4/1 - 4/29	W	2:30 - 5:00 pm	\$150.00
1131	2/4 - 3/18	W	2:30 - 5:00 pm	\$210.00

CLUB WELLNESS



Club Wellness is a complete activity-rich program of fitness, nutrition and wellness training designed specifically for people with intellectual disabilities, and effective for all. This unique program builds a team culture of inclusion, support and encouragement which is led by a certified Club Wellness Trainer. 1:1 Club Wellness sessions can be in-person or virtual. Please indicate on registration form.

No Program: 2/16, 3/23, 3/25

Age: 8 yrs. & older

Group: All Abilities

Location: 1150 Hanover Park Community Center • NWSRA Space
1151 Wheeling Community Center • NWSRA Space

Min/Max: 1/4 per program

Goals: HW, M, P

Prog. #	Dates	Day	Time	Fee
1150	2/2 - 4/27	M	2:30 - 5:00 pm	\$275.00
1151	2/4 - 4/29	W	2:30 - 5:00 pm	\$300.00

specialty lessons



GOALS LEGEND

C Cognitive Skills **CI** Community Integration **HW** Health & Wellness **I** Independent Functioning
M Motor Skills **P** Physical Skills **SE** Social & Emotional Skills **SI** Sensory Integration

SWIM LESSONS

In these progressive, 30 minute swim lessons, swimmers are introduced to basic water skills, breath holding and a variety of submerging progressions, eventually leading the participant to unassisted swimming. The curriculum is broken into concepts, which are advanced and developed through each level using different techniques and skills.

Please state your preferred times on the registration form. You will be called before the program with your time confirmation. **Meet on swim deck for all swim programs.** The Illinois Department of Public Health requires that all participants not completely toilet trained must wear tight fitting plastic pants under swimwear.

No Programs: 3/24, 3/25, 3/26

Prog. #	Ages	Goals	Day	Time	Dates	Location	Fee	Min/Max
1010	3 - 16 yrs.	M, P	T	4:00 - 7:00 pm	2/3 - 4/28	Wheeling Community Recreation Center	\$420.00	2/5
1020	3 - 16 yrs.	M, P	W	4:00 - 7:00 pm	2/4 - 4/29	Jack Claes Pavilion • Elk Grove Village	\$420.00	2/5
1030	3 - 16 yrs.	M, P	Th	4:00 - 7:00 pm	2/5 - 4/30	Arlington Ridge Center	\$420.00	2/5
1040	3 - 16 yrs.	M, P	Th	4:00 - 7:00 pm	2/5 - 4/30	Park Place • Streamwood	\$420.00	2/5

MUSIC

VOICE & PIANO LESSONS *Ages: 7 & older*

Improve voice control, tone and technique while singing some of your favorite songs or discover your musical talent and improve your rhythm, hand-eye and fine motor coordination while learning to play the piano. Please list your 30 minute time slot preference from 4:00pm to 8:30pm on the registration form.

NOTE: List preferred time on registration form.

No Program: 2/16, 3/23

Group: All Abilities

Location: Rolling Meadows Community Center • Music Room

Min/Max: 1/6 per program

Goals: M, C

Prog. #	Dates	Day	Time	Fee
1070	2/2 - 4/27	M	4:00 - 8:30 pm	\$385.00



MUSIC

GUITAR LESSONS **Ages: 7 & older**

Jam to great music, while learning about guitar technique and performance. Please list your 30 minute time slot preference from 3:45pm to 6:15pm on the registration form.

NOTE: List preferred time on registration form.

No Program: 3/24

Group: All Abilities

Location: Rolling Meadows Community Center • Music Room

Min/Max: 1/4 per program

Goals: M, C

Prog. #	Dates	Day	Time	Fee
1080	2/3 - 4/28	T	3:45 - 6:15 pm	\$420.00

MUSIC

DRUM LESSONS **Ages: 7 & older**

Tap out rhythms and feel the beat while learning drumming techniques and performing on a drum set, snare drum, bells and a variety of rhythm instruments. Please list your 30 minute time slot preference from 6:15pm to 8:45pm on the registration form.

NOTE: List preferred time on registration form.

No Program: 3/24

Group: All Abilities

Location: Rolling Meadows Community Center • Music Room

Min/Max: 1/4 per program

Goals: M, C

Prog. #	Dates	Day	Time	Fee
1090	2/3 - 4/28	T	6:15 - 8:45 pm	\$420.00

MUSIC

BUDDY BELLS **Ages: 11 - 18**

The Buddy Bells Program is a fun and inclusive music program that introduces participants to the joy of playing handbells. Designed for individuals of all ages and abilities, this program pairs participants with a “buddy” to form a team and create beautiful, harmonious music together. Through the process of learning and playing handbells, individuals will develop musical skills, enhance teamwork, and experience the power of music to bring people together.

No Program: 3/25

Group: All Abilities

Location: Rolling Meadows Community Center • Music Room

Min/Max: 2/5

Ratio: 1:1 to Independent

Goals: C, I, M, SE

Prog. #	Dates	Day	Time	Fee
2610	2/4 - 4/29	W	6:30 - 7:15 pm	\$240.00

PLEASE NOTE

Time slots are not guaranteed. Assigned time slot will be confirmed prior to the start of program by the Program Coordinator.



MUSIC

RHYTHMS OF CONNECTION **Ages: 6 - 10**

Rhythms of Connection is an inclusive and empowering drum circle program designed to engage you in a creative and supportive music experience. Held weekly in a fully equipped music room, this program fosters a sense of belonging, self-expression, and community through the universal language of rhythm.

No Program: 3/25

Group: All Abilities

Location: Rolling Meadows Community Center • Music Room

Min/Max: 2/5

Ratio: 1:1 to Independent

Goals: C, I, M

Prog. #	Dates	Day	Time	Fee
2600	2/4 - 4/29	W	5:30-6:15 pm	\$240.00

spring day camps



Spring Day Camps are full of exploration, play, and unique experiences that will create independence, friendships and lifelong skills. Campers will engage in various activities, swim at an indoor pool and experience a field trip in the community. Camp experiences are based off the four Day Camp Goals: Leisure Awareness, Self Awareness, Community Awareness and Health Awareness. Transportation is not provided during Spring Break Camp.

Ratio: 1:1 to Independent - **Registration Deadline:** February 20

Please contact Kate Moran, kmoran@nwsra.org or at 847-392-2848, ext. 274 for more information.

Camp Name	Prog. #	Min/Max	Dates	Time	Ages	Location	Fee
 little sunflowers	4310	5/15 per camp	All Camps March 23 - 27	All Camps 8:30 am - 2:30 pm	3 - 6 years	Palatine Community Center Palatine	\$300.00 per camp
 Spring it Up!	4320				7 - 11 years	RecPlex Mt. Prospect	
 Spring EXPLORERS	4330				12 - 16 years	Plum Grove Park Rolling Meadows	
 RAINBLAZERS	4340				17 - 21 years	Teen Center Rolling Meadows	

NOTE: Register early, as these camps fill up quickly. Registrations are received on a first come, first served basis. After the maximum has been met, a waiting list will be started with every effort made to accommodate those on the waiting list. Participants are grouped by age and ability. **Bring a labeled sack lunch, drink, snack, swimsuit, and towel each day. Participants not yet toilet trained must wear snug fitting plastic pants under their swimsuit. Dress appropriately for the weather.**

PREVIEW TO SUMMER CAMP

9 Week Camp Dates: June 8 - August 7

4 Week Camp Dates: July 6 - July 31

Day Camp Hours: 8:30 am - 2:30 pm

After Care Hours: 2:30 - 6:00 pm

School District Camp Dates based on school district ESY Calendar.

Registration Opens: March 11, 2026

Registration Ends: April 2, 2026

Anyone who registers after registration deadline will be placed on a waitlist and contacted if space is available.



GOALS LEGEND

C Cognitive Skills **CI** Community Integration **HW** Health & Wellness **I** Independent Functioning
M Motor Skills **P** Physical Skills **SE** Social & Emotional Skills **SI** Sensory Integration

NOTE: All Athletes planning to compete on NWSRA Lightning Teams must have a current Special Olympics medical form on file by the second week of program good through the state competition.

For more information please contact: Lexi Brandlin at abrandlin@nwsra.org or 847-392-2848, ext. 268

COMPETITIVE

GOLF LEAGUE • Age: 16 yrs. & older

Play 6 - 9 holes of golf each week with a four-some of golfers. Learn golf course etiquette and improve your game. Monday's program is geared toward advanced golfers and Thursday's program is geared toward intermediate golfers.

No Program: 5/25, 7/3

Group: All Ambulatory Athletes

Location: 7200 Arlington Lakes Golf Club • Arlington Heights

Min/Max: 4/12

Ratio: 1:4 to Independent

Goals: M, C, HW

Note: Must provide your own clubs and be able to walk 9 holes of golf, consistently hit the ball a minimum of 50 yards and have participated in NWSRA golf lessons previously.

Prog. #	Dates	Day	Time	Fee
7200	5/4 - 7/6	M	5:00 - 7:30 pm	\$144.00
7201	5/7 - 7/9	Th	5:00 - 7:30 pm	\$144.00

COMPETITIVE

CO-REC SOFTBALL • Age: 16 yrs. & older

Athletes will compete in tournament play with other special recreation associations through the summer. Participants must participate in practices in order to compete during league play and Special Olympics Competition.

No Program: 3/24

Group: All Ambulatory Athletes

Location: Park Central • Rolling Meadows

Min/Max: 11/30

Ratio: 1:4 to Independent

Goals: M, HW, SE, C

Note: At the first practice on May 5, athletes will be assessed from 6:30pm to 7:30pm. Players will then be divided into teams based on ability, age and team chemistry.

Prog. #	Dates	Day	Time	Fee
7020	5/5 - 7/14	T	6:30 - 7:30 pm	\$165.00



SOCIAL CLUBS

Come socialize with friends while going out and having fun! Join one of our 6 social clubs. Dress to impress at our Winter Gala or go on an adventure to the world's most jaw-dropping monster truck event! **For more details, see page 32.**



BECOME A BOOSTER

The NWSRA Lightning Athletic Booster Club was established as a committee under SLSF, a 501 (c) (3) charity that is the fundraising arm of NWSRA. The Booster Club is comprised of parents and friends of Lightning Athletes working together to enhance athletic opportunities through increased funding toward transportation to competitions, housing for tournaments, equipment and uniforms. Here are some examples of support, with your help, that the Booster Club looks forward to providing:

- Equipment and uniforms for NWSRA Lightning Athletic teams
- Volunteering at tournaments NWSRA hosts
- Creating and supporting fundraising opportunities

Over 200 NWSRA Lightning Athletes compete year-round in a variety of 16 sports including basketball, softball, swimming, golf, bowling, and so much more!

If you are interested in joining or learning more about Booster Club activities, please contact Lexi Brandlin at 847-392-2848 ext. 268 or e-mail abrandlin@nwsra.org

COMPETITIVE

SWIM TEAM • Age: 16 yrs. & older

Swimmers will work on strokes, developing their swimming techniques and endurance. Swimmers must be able to swim half a length of freestyle, put face in water, swim unassisted and swim half a length of backstroke/back kick in the proper position to be ready to participate in this program. Swimmers will compete in Special Olympics and other meets offered.

No Program: 3/24

Group: All Ambulatory Athletes

Location: Arlington Ridge Center • Arlington Heights

Min/Max: 5/15

Goals: M, S, HW

Ratio: 1:4 to Independent

Prog. #	Dates	Day	Time	Fee
7601	2/2 - 4/27	M	7:00 - 8:00 pm	\$180.00
7602	2/2 - 4/27	M	8:00 - 9:00 pm	\$180.00



COMPETITIVE

CO-REC SOCCER • Age: 16 yrs. & older

Score with more soccer skills development and conditioning during the winter session and league play during the spring. **Participants must participate in practices in order to compete during league play.**

No Program: 3/25

Group: All Ambulatory Athletes

Location: The Zone • Mt. Prospect

Min/Max: 7/20

Goals: M, S, HW

Ratio: 1:4 to Independent

Note: At first practice on February 4, athletes will be assessed from 6:30-7:30pm. Players will then be divided into teams based on ability, age, and team chemistry.

Prog. #	Dates	Day	Time	Fee
7040	2/4 - 4/29	W	6:30 - 7:30 pm	\$180.00

COMPETITIVE

TRACK & FIELD • Age: 16 yrs. & older

Train for peak performance to increase strength, coordination and flexibility. Don't delay! Special Olympics requires 8 weeks of continuous training to compete in Spring Games. Space is limited and only open to athletes competing on the NWSRA team.

No Program: 3/26

Group: All Ambulatory Athletes

Location: Carl Sandburg Jr. High • Rolling Meadows

Min/Max: 5/30

Goals: M,HW,P,I

Ratio: 1:4 to Independent

Prog. #	Dates	Day	Time	Fee
7050	2/5 - 4/30	Th	5:30 - 6:30 pm	\$180.00
7051	2/5 - 4/30	Th	6:30 - 7:30 pm	\$180.00

COMPETITIVE

POWERLIFTING TEAM • Age: 16 yrs. & older

Improve athlete's general health, strength and quality of life. Athletes will be training to compete in Special Olympics competition.

No Program: 2/17, 3/24, 3/26

Group: All Ambulatory Athletes

Location: CrossFit Ariocho • Elgin

Min/Max: 5/12

Goals: M, S, HW

Ratio: 1:4 to Independent

Prog. #	Dates	Day	Time	Fee
7030	2/2 - 4/27	M	6:00 - 7:00 pm	\$360.00
7031	2/5 - 4/30	Th	6:00 - 7:00 pm	\$360.00

COMPETITIVE

GYMNASTICS TEAM • Age: 8 yrs. & older

Develop coordination, balance and basic gymnastics skills. Training for Special Olympics competition is offered with the NWSRA Gymnastics Team, new athletes accepted on team in the fall.

No Program: 3/28, 4/4

Group: All Ambulatory Athletes

Location: Palatine Community Center

Min/Max: 5/15

Goals: M,HW,P,I

Ratio: 1:4 to Independent

Prog. #	Dates	Day	Time	Fee
7300	2/7 - 5/2	Sa	7:45 - 8:45 am	\$165.00

Transportation: Fee included in program fee.

Transportation Location	Pick Up	Drop Off
Park Central • Rolling Meadows	5:15 pm	7:30 pm

early childhood

AGE: 3 - 6 YEARS



GOALS LEGEND

C Cognitive Skills **CI** Community Integration **HW** Health & Wellness **I** Independent Functioning
M Motor Skills **P** Physical Skills **SE** Social & Emotional Skills **SI** Sensory Integration

Please Note: If your child is enrolled in AM preschool at Conyers, NWSRA staff will pick them up after class and escort them to the Teen Center. If your child is enrolled in PM preschool, NWSRA staff will escort them from the Teen Center to Conyers for their preschool session.

SOCIAL

LUNCHBOX LITTLES Ages: 3 - 6

Our lunch bunch program offers children a relaxed environment to enjoy their packed lunch, connect with friends, and gently transition into the school day. With light, age-appropriate activities like story time, simple games, or quiet play, kids can settle in and feel comfortable before class begins.

No Program: 2/16, 3/23

Group: All Abilities & Siblings
Location: Rolling Meadows Teen Center
Min/Max: 4/6
Ratio: 1:1 to Independent
Goals: C,I

SKILL DEVELOPMENT

TINY CREATORS Age: 3 - 6 yrs.

Through exploring their creativity through fun, hands-on arts and crafts projects in a supportive and sensory-friendly environment. Activities are designed to promote fine motor development, self-expression, and social interaction, while allowing each child to work at their own pace.

No Program: 3/25

Group: All Abilities & Siblings
Location: Rolling Meadows Teen Center
Min/Max: 4/6
Ratio: 1:1 to Independent
Goals: M, HW, P

Prog. #	Dates	Day	Time	Fee
1635	2/2 - 4/27	M	12:00 - 1:00 pm	\$198.00

Prog. #	Dates	Day	Time	Fee
1690	2/4 - 4/29	W	4:15 - 5:15 pm	\$216.00



SKILL DEVELOPMENT

MUSIC MAKERS Ages: 3 - 6

Through singing, listening, and playing instruments, children will develop rhythm, and build fine motor skills. We use a variety of musical styles to expose kids to different genres, from jazz to pop and world music. Social skills are strengthened as we collaborate and play together. Extend your child's day by adding on Saturday clubhouse. NWSRA staff will transition participants to the next program.

No Program: 3/28, 4/4

Group: All Abilities & Siblings

Location: Rolling Meadows Community Center • NWSRA Music Room

Min/Max: 4/8

Ratio: 1:1 to Independent

Goals: C, I, M

Prog. #	Dates	Day	Time	Fee
1845	2/7 - 5/2	Sa	9:00 - 10:00 am	\$231.00

SOCIAL

SATURDAY CLUBHOUSE Ages: 3 - 6

Help your child strengthen friendships, cognitive skills, and practice social skills through creative projects and fun games. Cooperative activities will promote peer interaction, decision making and provide and provides an outlet for expression. Please bring a labeled lunch or snack with a drink. Extend your child's day by starting off with Music Makers. NWSRA staff will transition participants to the next program.

No Program: 3/28, 4/4

Group: All Abilities & Siblings

Location: Rolling Meadows Community Center • NWSRA Wing

Min/Max: 4/8

Ratio: 1:1 to Independent

Goals: SE

Prog. #	Dates	Day	Time	Fee
1850	2/7 - 5/2	Sa	10:00 - 12:00 pm	\$319.00

SKILL DEVELOPMENT

TUMBLING TOTS Ages: 3 - 6

Leap into action while developing poise, flexibility and strength. Learn spatial awareness on the balance beam, uneven bars, vault and floor. Participants will learn physical development, age-appropriate play, as well as social and emotional development through the art of gymnastics. This class is all about imagination and fun while practicing gymnastics skills and drills.

No Program: 3/28, 4/4

Group: All Abilities & Siblings

Location: Willow Recreation Center • Hoffman Estates

Min/Max: 4/6

Ratio: 1:1 to Independent

Goals: M, P

Prog. #	Dates	Day	Time	Fee
1560	2/7 - 5/2	Sa	1:30 - 2:15 pm	\$231.00



1:1 THERAPY PROGRAMMING

Want to expand your mind in the Snoelezen Sensory Room? We offer four different programs in our specialty spaces which help you explore, play, learn, and grow!

For more information regarding our 1:1 Therapy Programming, see page 9.



GOALS LEGEND

C Cognitive Skills **CI** Community Integration **HW** Health & Wellness **I** Independent Functioning
M Motor Skills **P** Physical Skills **SE** Social & Emotional Skills **SI** Sensory Integration

SOCIAL

STEAM ENGINEERS Ages: 10 - 14

Team up with new friends and dive into fun! Each week brings a brand-new STEAM adventure packed with games, challenges and hands-on activities. Get ready to play, create, and explore together!

No Program: 2/16, 3/23

Group: All Abilities

Location: Central Community Center • NWSRA Wing

Min/Max: 4/8

Ratio: 1:1 to Independent

Goals: SI, I, C, SE

Prog. #	Dates	Day	Time	Fee
2440	2/2 - 4/27	M	6:00 - 7:00 pm	\$231.00



SKILL DEVELOPMENT

CRAFTY CREATORS Ages: 14 - 21

Ready to get creative? Whether you're a doodler, a painter, or just love making cool stuff, this is your space to express yourself! No experience needed – just bring your imagination (and a labeled snack and drink). All art supplies are included, so let's make some magic!

No Program: 2/16, 3/23

Group: All Abilities

Location: Kirk School • Palatine

Min/Max: 4/15

Ratio: 1:1 to Independent

Goals: SE, I, SI

Prog. #	Dates	Day	Time	Fee
2450	2/2 - 4/27	M	2:30 - 4:00 pm	\$231.00

SOCIAL

REC N' ROLL Ages: 6 - 10

Let's get moving and have some fun! Each week, you'll play awesome games, try out new activities, and work together with friends. Along the way, you'll learn how NWSRA and your local park districts help everyone stay active, healthy, and happy! Come play, laugh, and explore with us!

No Program: 2/16, 3/23

Group: All Abilities

Location: Central Community Center • NWSRA Wing

Min/Max: 4/8

Ratio: 1:1 to Independent

Goals: SI, I, C, SE

Prog. #	Dates	Day	Time	Fee
2445	2/2 - 4/27	M	3:00 - 5:00 pm	\$231.00

SOCIAL

TRAVELIN' TEENS Ages: 14 - 21

Improve independence, money management skills and socialization while going on adventures with friends! Activities are planned by the participants and may include trips to the mall, nature center, bowling alley and more. A schedule will be given to families the second week.

No Program: 3/24

Group: All Abilities

Location: Rolling Meadows Community Center • NWSRA Wing

Min/Max: 4/10

Ratio: 1:2 to Independent

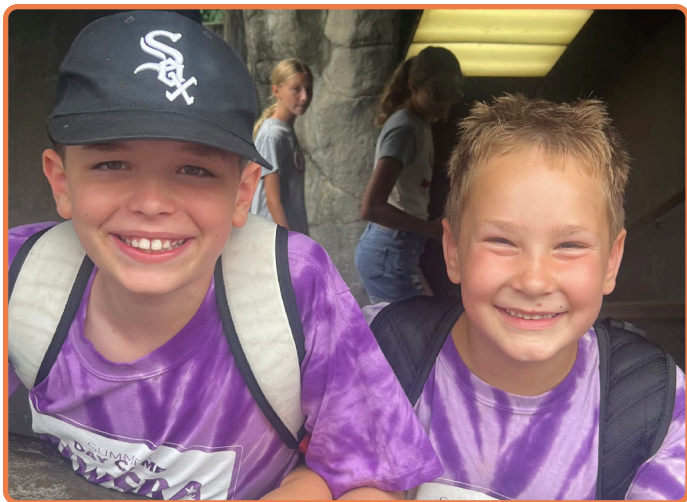
Goals: CI, SE, I

Prog. #	Dates	Day	Time	Fee
2250	2/3 - 4/28	T	4:00 - 6:00 pm	\$360.00

Transportation: Please indicate pick up and drop off location on registration.

Fee: \$84 one way, \$164 round trip

Transportation Location	Pick Up	Drop Off
Higgins Education Center	3:00 pm	None
Hoffman Estates High School	2:45 pm	None
Palatine High School	3:30 pm	None
Hersey High School	3:00 pm	None
Vogelei House • Hoffman Estates	None	6:00 pm
NWSRA Park Central	None	6:00 pm



SKILL DEVELOPMENT

BROADWAY BUDDIES Ages: 14 - 21

Big Deal Productions and NWSRA are pleased to be together again this year. The newly envisioned Broadway Buddies program is back; and, this year will be better than ever! In our accessible program, our community of actors, on stage support, and production team will work together to gain confidence, learn ensemble skills, and integrate acting techniques, as we work to put together our performance of Mary Poppins, which will be performed on May 18 at 2:30 pm. Additional classes and rehearsals will be held May 12 – 16 from 5 - 7 pm.

No Program: 3/24

Group: All Abilities

Location: Community Arts Center • Buffalo Grove

Min/Max: 4/20

Ratio: 1:4 to Independent

Goals: SE, I, CI

Prog. #	Dates	Day	Time	Fee
2070	2/3 - 4/28	T	5:00 - 6:00pm	\$240.00

THERAPY

AUTISM MOVEMENT THERAPY®

2080 - 2090: Ages: 6 - 10

2085 - 2095: Ages: 10 - 13

Come join your peers exploring the benefits of structured movements, dance, and music. This program uses different tools to help improve your child's engagement and participation in a group environment.

No Program: 3/24, 3/26

Group: Autism Spectrum

Location: 2080/2085: Schaumburg CRC

2090/2095: Buffalo Grove Alcott Center

Min/Max: 4/6

Ratio: 1:1 to Independent

Goals: M, SI

Prog. #	Dates	Day	Time	Fee
2080	2/3 - 4/28	T	4:30 - 5:15 pm	\$300.00
2085	2/3 - 4/28	T	5:30 - 6:15 pm	\$300.00
2090	2/5 - 4/30	Th	4:30 - 5:15 pm	\$300.00
2095	2/5 - 4/30	Th	5:30 - 6:15 pm	\$300.00

SKILL DEVELOPMENT

PARKOUR

2010: Ages: 6 - 13

2015: Ages: 14 - 18

Come climb, run, and jump through creative obstacle courses! A certified instructor will work with you to learn basic skills mixed with movement activities such as strength, agility and safety.

No Program: 3/25

Group: All Abilities

Location: The Zone • Mt. Prospect

Min/Max: 4/10

Ratio: 1:2 to Independent

Goals: HW, M, P

Prog. #	Dates	Day	Time	Fee
2010	2/4 - 4/29	W	4:30 - 5:30 pm	\$264.00
2015	2/4 - 4/29	W	5:30 - 6:30 pm	\$264.00

SKILL DEVELOPMENT

MESS MAKERS Ages: 6 - 10

Get ready to dig in and get messy! This playful, hands-on program transforms the greenhouse into a discovery zone where kids explore soil, mud, and nature through creative, sensory-rich activities. From feeling the textures of different soils and mixing natural materials, to learning about composting and playing in the mud kitchen, each session sparks curiosity and environmental awareness. Kids also create earthy art using natural materials—celebrating mess, creativity, and early science learning in a joyful, nature-inspired setting.

No Program: 3/24

Group: All Abilities

Location: Accessible Green House • Wheeling CRC

Min/Max: 3/10

Ratio: 1:1 to Independent

Goals: SI, CI, M

Prog. #	Dates	Day	Time	Fee
2620	2/3 - 4/28	T	4:30 - 5:30 pm	\$260.00

SKILL DEVELOPMENT

RECIPE MAKERS Ages: 14 - 21

Work together as a group to create a list of healthy snacks for the season. Each week the group will work together to make a healthy snack come to life. A recipe book will be given to each participant at the end of the session. Each week will be filled with health and wellness games.

No Program: 3/25

Group: All Abilities

Location: Kirk School • Palatine

Min/Max: 4/15

Ratio: 1:4 to Independent

Goals: HW, SE, SI

Prog. #	Dates	Day	Time	Fee
2150	2/4 - 4/29	W	2:30 - 4:30pm	\$312.00

💡 SKILL DEVELOPMENT

LEVEL UP GAMING Ages: 14 - 21

Want to expand your technology knowledge? Come explore the NWSRA Media Lab Accession Technology Center. You will get to experience a giant Padzilla, adapted TapIt System, Virtual Reality, 3D printer, Microsoft Xbox and Nintendo Switch video games.

No Program: 3/24

Media Lab

Group: All Abilities

Location: Buffalo Grove Fitness Center • NWSRA Media Lab

Min/Max: 4/8

Ratio: 1:4 to Independent

Goals: C, SE, I

Prog. #	Dates	Day	Time	Fee
2120	2/3 - 4/28	T	5:30 - 6:30 pm	\$240.00

👥 SOCIAL

ROCK N' BOWL Ages: 14 - 21

Make friends and learn to bowl. Proper technique, rules and bowling etiquette will be reviewed each week as the kids engage in this fun sport.

No Program: 3/26

Group: All Abilities

Location: Poplar Creek Bowl • Hoffman Estates

Min/Max: 4/10

Ratio: 1:1 to Independent

Goals: HW, M

Prog. #	Dates	Day	Time	Fee
2255	2/5 - 4/30	Th	3:30 - 5:30 pm	\$360.00

Transportation: Please indicate pick up and drop off location on registration.

Fee: \$84 one way, \$168 round trip

Transportation Location	Pick Up	Drop Off
Higgins Education Center	3:00 pm	None
Hoffman Estates High School	2:45 pm	None
Palatine High School	3:30 pm	None
Hersey High School	3:00 pm	None
Vogelei House • Hoffman Estates	None	6:00 pm
NWSRA Park Central	None	6:30 pm

💡 SKILL DEVELOPMENT

TECH EXPLORERS Ages: 10 - 14

Join us in the Media Lab Accessible Technology Room to explore gaming at a completely new level. Each week discover a new Microsoft game for X-Box and use Virtual Reality to bring the game to life.

No Program: 3/26

Media Lab

Group: All Abilities & Siblings

Location: Rolling Meadows Community Center • NWSRA Media Lab

Min/Max: 4/8

Ratio: 1:4 to Independent

Goals: C, I

Prog. #	Dates	Day	Time	Fee
2110	2/5 - 4/30	Th	5:30 - 6:30 pm	\$228.00



💡 SKILL DEVELOPMENT

RECESS GAMES AND SPORTS Ages: 6 - 10

Join your peers and develop the skills to play recess games and improve your sports skills. This program works to develop an understanding of the games and motor skills to participate in various sports. Enhance proper social interaction and working with others while having fun.

No Program: 3/27, 4/3

Group: All Abilities

Location: Triphahn Center • Hoffman Estates

Min/Max: 4/8

Ratio: 1:1 to Independent

Goals: HW, M, P

Prog. #	Dates	Day	Time	Fee
2350	2/6 - 5/1	F	4:30 - 5:30 pm	\$220.00

SKILL DEVELOPMENT

SPORT SAMPLER **Ages: 10 - 14**

Join your peers and develop the skills to play various games and improve your sports skills. This program works to develop an understanding of the games and motor skills to participate in various sports. Enhance proper social interaction and working with others while having fun.

No Program: 3/27, 4/3

Group: All Abilities

Location: Triphahn Center • Hoffman Estates

Min/Max: 4/8

Ratio: 1:1 to Independent

Goals: HW, M, P

Prog. #	Dates	Day	Time	Fee
2355	2/6 - 5/1	F	6:00 - 7:00 pm	\$220.00

SOCIAL

DISTRICT TRAVELERS **Ages: 14 - 21**

Improve independence, community awareness, socialization and positive use of leisure time through participation in community activities. A schedule of activities will be distributed the first week. Please bring a labeled lunch and drink. NWSRA reserves the right to determine an individual's readiness to participate in this traveling program.

No Program: 3/28, 4/4

Group: All Abilities

Location: Vogeley House • Hoffman Estates

Min/Max: 4/10

Ratio: 1:4 to Independent

Goals: CI, SE, I

Prog. #	Dates	Day	Time	Fee
2500	2/7 - 5/2	Sa	9:30 - 1:30 pm	\$528.00

Transportation: Please indicate pick up and drop off location on registration.

Fee: \$84 one way, \$168 round trip

Transportation Location	Pick Up	Drop Off
Hanover Park Community Center	9:00am	2:00pm
Buffalo Grove Fitness Center	9:00am	2:00pm

SKILL DEVELOPMENT

GYMNASTIC SKILLS **Ages: 6 - 10**

Not ready for the Lightning Gymnastics Team yet? In this program you will sharpen your skills in balance, core strength and coordination to meet your gymnastic goals and even make the Gymnastics Team.

No Program: 3/28, 4/4

Group: All Ambulatory

Location: Willow Recreation Center • Hoffman Estates

Min/Max: 4/8

Ratio: 1:1 to Independent

Goals: M, P

Prog. #	Dates	Day	Time	Fee
2065	2/7 - 5/2	Sa	2:30 - 3:15pm	\$231.00

SOCIAL

SHOOTING STARS **Ages: 6 - 10**

Play, move, and get creative! Each session is full of games, fitness fun, and awesome crafts that help you build your brain, hand-on skills, and friendships. Don't forget to bring a labeled snack and drink – we'll busy having a blast!

No Program: 3/28, 4/4

Group: All Abilities

Location: RecPlex • Mt. Prospect

Min/Max: 4/8

Ratio: 1:1 to Independent

Goals: M, SE

Prog. #	Dates	Day	Time	Fee
2770	2/7 - 5/2	Sa	9:00 - 11:00 am	\$275.00

SOCIAL

SUPERSTARS **Ages: 10 - 14**

Enhance cognitive, fine motor and social skills through playing games, fitness, swimming and crafts. Please bring a labeled swimsuit, towel, lunch and drink. The Illinois Dept. of Public Health requires that anyone not completely toilet trained must wear tight fitting plastic pants. Parents pick up on the pool deck.

No Program: 3/28, 4/4

Group: All Abilities

Location: RecPlex • Mt. Prospect

Min/Max: 4/8

Ratio: 1:1 to Independent

Goals: M, SE, SI

Prog. #	Dates	Day	Time	Fee
2780	2/7 - 5/2	Sa	11:00 - 2:00 pm	\$407.00

SOCIAL

SPARE TIME BOWLERS **Ages: 14 - 21**

Come extend your day while socializing and bowling with friends after your morning Saturday program. If you selected transportation for District Travelers, the fee includes transportation to Spare Time Bowlers after program. If you did not need transportation, please add \$84 to your registration in order to have transportation to Spare Time Bowlers.

No Program: 3/28, 4/4

Group: All Abilities

Location: Bowlero • Mt. Prospect

Min/Max: 4/15

Ratio: 1:4 to Independent

Goals: M, SE, CI

Prog. #	Dates	Day	Time	Fee
3140	2/7 - 5/2	Sa	2:00 - 4:00 pm	\$384.00

Transportation: One way from District Travelers

Fee: \$84



GOALS LEGEND

C Cognitive Skills **CI** Community Integration **HW** Health & Wellness **I** Independent Functioning
M Motor Skills **P** Physical Skills **SE** Social & Emotional Skills **SI** Sensory Integration

SOCIAL

GOOD MORNING NWSRA Ages: 21 & older

Start the morning by socializing with friends! The group will discuss a variety of topics, including the weather, current news, national holidays, meditation and more. In addition, a variety of games and activities will start the morning off on a positive note!

No Program: 2/16, 3/23

Group: All Abilities

Location: Microsoft Teams

Min: 4

Goals: C, I, SE

Prog. #	Dates	Day	Time	Fee
1410	2/2 - 4/27	M	9:00 - 10:00 am	\$132.00

SOCIAL

SPORT FANATICS Ages: 21 - 39

Join your friends each week at Reps to enjoy dinner and watch the current sporting events. Please bring money for food and drinks.

No Program: 2/16, 3/23

Group: All Abilities

Location: Reps Place • Rolling Meadows

Min/Max: 4/20

Ratio: 1:4 to Independent

Goals: SE, CI

Prog. #	Dates	Day	Time	Fee
3160	2/2 - 4/27	M	7:00 - 8:00 pm	\$209.00

SOCIAL

HAPPY HOUR Ages: 40 & older

Come focus on healthy eating, table setting/manners and safety in the kitchen. Participants prepare and eat snacks, appetizers or desserts while learning cognitive skills such as counting, measuring and following directions. This is a group cooking program, therefore, all dietary restrictions cannot be accommodated.

No Program: 2/16, 3/23

Group: All Abilities

Location: Rolling Meadows Community Center • Laurel Room

Min/Max: 4/20

Ratio: 1:2 to Independent

Goals: HW, C, SE

Prog. #	Dates	Day	Time	Fee
3130	2/2 - 4/27	M	5:00 - 6:00pm	\$253.00

HEALTH AND WELLNESS

MINDFULNESS MUSKETEERS Ages: 21 & older

Come unwind and relax in the Media Lab. Participants will participate in meditation and yoga while learning several other relaxation techniques.

No Program: 3/24

Group: All Abilities

Location: Rolling Meadows Community Center • Media Lab

Min/Max: 4/6

Ratio: 1:2 to Independent

Goals: SE, M

Media Lab 

Prog. #	Dates	Day	Time	Fee
3810	2/3 - 4/28	T	5:30 - 6:30pm	\$240.00

SOCIAL

MEDIA MEET UP Ages: 21 - 39

Join peers as we explore different elements of today's popular media. Try your hand at a different media outlet each week. Focus on development of skills in PowerPoint, Prezi, Facebook, YouTube, Print and many more!

No Program: 3/24



Group: All Abilities

Location: Rolling Meadows Community Center • Media Lab

Min/Max: 4/8

Ratio: 1:2 to Independent

Goals: Cl, I

Prog. #	Dates	Day	Time	Fee
3820	2/3 - 4/28	T	6:30 - 7:30 pm	\$240.00

HEALTH AND WELLNESS

CHAIR ONE FITNESS Ages: 21 & older

Come join the fun with one of our Certified Chair Fitness Instructors! This program takes fitness to a whole new level. It incorporates music, dancing, strength training and even yoga sitting in the comfort of your very own chair. This program delivers a fun interactive workout that uplifts you while providing a total body workout.

No Program: 3/24



Group: All Abilities

Location: Microsoft Teams

Min: 4

Goals: HW, M, P

Prog. #	Dates	Day	Time	Fee
1420	2/3 - 4/28	T	9:00 - 10:00 am	\$144.00

SOCIAL

LUNCH N' CHAT Ages: 21 & older

Join NWSRA staff for lunch while socializing with friends. This program will focus on healthy eating tips and learning about new foods.

No Program: 3/25

Group: All Abilities

Location: Microsoft Teams

Min: 4

Goals: SE, HW

Prog. #	Dates	Day	Time	Fee
1430	2/4 - 4/29	W	12:00 - 1:00 pm	\$144.00

HEALTH AND WELLNESS

CLUB WELLNESS Ages: 21 & older

Club Wellness is an activity rich program that promotes wellness through fitness, nutrition and general wellness of participants. Participants spend time learning new fitness techniques, nutritional knowledge and health tips. Club Wellness has a unique curriculum created specifically for people with disabilities taught by a Certified Club Wellness Instructor.

No Program: 3/24



Group: All Abilities

Location: Microsoft Teams

Min: 4

Goals: HW, M, P

Prog. #	Dates	Day	Time	Fee
1425	2/3 - 4/28	T	6:30 - 7:30 pm	\$144.00

1:1 THERAPY PROGRAMMING

Want to expand your mind through technology in the Media Lab? We offer four different programs in our specialty spaces which help you explore, play, learn, and grow! **For more information regarding our 1:1 Therapy Programming, see page 9.**

SOCIAL

MEET N' PLACE Ages: 21 & older

Meet your friends for an enjoyable morning together. Several community outings will be planned.

No Program: 3/25

Group: PV

Location: Teen Center • Rolling Meadows

Min/Max: 4/8

Ratio: 1:2 to Independent

Goals: SE, C

Prog. #	Dates	Day	Time	Fee
3500	2/4 - 4/29	W	10:00 - 12:00 pm	\$240.00

Transportation: Please indicate desired pick up/drop off location on the registration form.

Fee: \$108 one way door-to-door, \$216 round trip door-to-door





SOCIAL

CERAMICS Ages: 21 & older

Create beautiful ceramic pieces as gifts or home decorations. Fee includes ceramic instruction, glaze, firing and green ware.

No Program: 3/25

Group: All Abilities

Location: Thrown Elements Pottery • Arlington Heights

Min/Max: 4/8

Ratio: 1:1 to Independent

Goals: M, SI, CI

Prog. #	Dates	Day	Time	Fee
3150	2/4 - 4/29	W	6:00 - 7:30 pm	\$360.00

SOCIAL

PARTNER BOWL Ages: 21 & older

Make friends, socialize and bowl! Fee includes two games of bowling and shoe rental. Registration is on a first come first serve basis for 50 participants and 10 partners.

No Program: 3/25

Group: All Abilities

Location: Bowlero • Mt. Prospect

Min/Max: 4/60

Ratio: 1:4 to Independent

Goals: P, HW

Prog. #	Dates	Day	Time	Fee
1300	2/4 - 4/29	W	5:30 - 8:00 pm	\$120.00

HEALTH AND WELLNESS

STRENGTH & CONDITIONING Ages: 21 & older

Get a great workout in the fitness center improving muscle tone, weight management, coordination, agility and flexibility.

No Program: 3/25

Group: All Abilities

Location: Schaumburg Community Recreation Center

Min/Max: 4/8

Ratio: 1:2 to Independent

Goals: P, HW

Prog. #	Dates	Day	Time	Fee
3510	2/4 - 4/29	W	1:00 - 2:00 pm	\$228.00

HEALTH AND WELLNESS

AQUA EXERCISE Ages: 21 & older

Aqua Exercise is designed as an exercise program for adults who have physical limitations including arthritis, multiple sclerosis, have suffered a stroke and other physical conditions, but all abilities are welcomed. The class begins with light stretching, followed by aerobic activities and a cool down period. An accessible lift is available.

No Program: 3/25

Group: All Abilities

Location: Schaumburg Community Recreation Center

Min/Max: 4/8

Ratio: 1:1 to Independent

Goals: P, HW

Prog. #	Dates	Day	Time	Fee
3520	2/4 - 4/29	W	2:30 - 3:30 pm	\$252.00

Transportation: Fee: \$84 one way drop off

Transportation Location	Pick Up	Drop Off
NWSRA Park Central	None	4:30 pm

HEALTH AND WELLNESS

POWER YOGA Ages: 21 & older

Enhance your physical strength while incorporating a variety of body weight exercises - no equipment necessary! Body weight exercises will enhance a range of biomotor abilities including strength, power, endurance, speed, flexibility, coordination and balance.

No Program: 3/26

Group: All Abilities

Location: Microsoft Teams

Min: 4

Goals: HW, M, P

Prog. #	Dates	Day	Time	Fee
1440	2/5 - 4/30	Th	9:00 - 10:00 am	\$144.00



SOCIAL

BRAIN TEASERS Ages: 21 & older

Awaken your brain fibers with challenging problems to solve. Bring your "A Game" to solve trivia, riddles and puzzles.

No Program: 3/26

Group: All Abilities

Location: Microsoft Teams

Min: 4

Goals: HW, C, SE

Prog. #	Dates	Day	Time	Fee
1445	2/5 - 4/30	Th	6:30 - 7:30 pm	\$144.00



HEALTH AND WELLNESS

STAYING FIT Age: 21 & older

Increase flexibility, strength and cardio at this invigorating program. Utilize resistance bands, weight training, fitness equipment and walk the track to promote overall fitness development and a healthy lifestyle.

No Program: 3/26

Group: All Abilities

Location: Park Place Family Recreation Center • Streamwood

Min/Max: 4/10

Ratio: 1:2 to Independent

Goals: HW, P, I

Prog. #	Dates	Day	Time	Fee
3740	2/5 - 4/30	Th	5:30 - 6:30 pm	\$228.00



SOCIAL

DINNER CLUB Ages: 21 & older

Explore a different culture or style of cuisine through in-house cooking and restaurants. One local restaurant included in price. The menu will be sent out after the first week.

No Program: 3/26

Group: PV

Location: Rolling Meadows Community Center • Great Room

Min/Max: 4/8

Ratio: 1:1 to Independent

Goals: HW, SE, CI

Prog. #	Dates	Day	Time	Fee
3580	2/5 - 4/30	Th	4:00 - 6:00 pm	\$384.00

Door-to-Door Transportation: The Program Leader will contact participants two days before the start of the program to inform of transportation times.

Fee: \$108 one way, \$216 round trip



HEALTH AND WELLNESS

WALK ACROSS AMERICA 3745 Ages: 21 - 39 3755 Ages: 40 & older

Smile as you walk many miles. Stretch and warm-up before walking on the track and have your progress charted as you "Walk Across America" to a healthier life-style.

No Program: 3/26

Group: All Abilities

Location: Wheeling Community Recreation Center

Min/Max: 4/12

Ratio: 1:2 to Independent

Goals: HW, SE

Prog. #	Dates	Day	Time	Fee
3745	2/5 - 4/30	Th	5:30 - 6:30 pm	\$240.00
3755	2/5 - 4/30	Th	6:30 - 7:30 pm	\$240.00

SOCIAL

ROCKIN' THE BURBS 3490 Ages: 21 - 39 3495 Ages: 40 & older

Meet up with your friends each week as you enjoy a variety of recreational opportunities while enhancing social/emotional skills, independence and building friendships within the community!

Participant Expectations: To engage in the community with the expectation of staying with the group, transitioning between activities with minimal prompting and support, and display appropriate social interaction with peers and staff. Specific needs such as restroom or feeding can be assisted by staff.

No Program: 3/26

Group: All Abilities

Location: 3490 Rolling Meadows Community Center • NWSRA Wing
3495 Vogeley House • Hoffman Estates

Min/Max: 4/12

Ratio: 1:4 to Independent

Goals: CI, I, SE

Prog. #	Dates	Day	Time	Fee
3490	2/5 - 4/30	Th	6:00 - 8:30 pm	\$450.00
3495	2/5 - 4/30	Th	6:00 - 8:30 pm	\$450.00



SOCIAL CLUBS

Come socialize with friends while going out and having fun! Join one of our 6 social clubs to laugh, sing, and cheer as your favorite Disney characters come to life in an unforgettable ice-skating adventure or enjoy a day of classic carnival fun! For more details, see page 32.

SOCIAL

POPCORN CLUB Ages: 18 & older

Join the Popcorn Club for a fun outing to see the latest G, PG, or PG-13 movie release on the big screen! The program fee includes a movie ticket, a small popcorn, and a small drink—everything you need for a great movie experience. If you'd like additional snacks, please bring extra money for other concession items. Once the movie title and showtime are announced, the Program Leader will send out an email with all the details. Don't miss this chance to relax, enjoy a film, and share some laughs with friends!

No Program: 3/24

Group: All Abilities

Location: Classic Cinemas Elk Grove XQ | Elk Grove Village

Min/Max: 4/12

Ratio: 1:4 to Independent

Goals: CI, I

Prog. #	Dates	Day	Time	Fee
3525	2/3 - 4/28	T	TBA	\$408.00

 SOCIAL
COMMUNITY TRAVELERS Ages: 21 & older

Improve independence, community awareness, socialization and positive use of leisure time through participation in community activities. A schedule of activities will be distributed the first week. Please bring a labeled sack lunch and drink. NWSRA reserves the right to determine an individual's readiness to participate in this traveling program.

Participant Expectations: To engage in the community with the expectation of staying with the group, transitioning between activities with minimal prompting and support, and display appropriate social interaction with peers and staff. Specific needs such as restroom or feeding can be assisted by staff.

No Program: 3/28, 4/4

Group: All Abilities

Location: Teen Center • Rolling Meadows

Min/Max: 4/10

Ratio: 1:4 to Independent

Goals: CI, SE

Prog. #	Dates	Day	Time	Fee
3550	2/7 - 5/2	Sa	9:30 - 1:30 pm	\$528.00

Transportation: Please indicate pick up and drop off location on registration.

Fee: \$77 one way, \$154 round trip

Transportation Location	Pick Up	Drop Off
Hanover Park Community Center	9:00 am	2:00 pm
Buffalo Grove Fitness Center	9:00 am	2:00 pm

 SOCIAL
LUNCH CREW Ages: 21 & older

Bring your lunch and hang with your friends, playing games, learning how to create healthy snacks and incorporate healthy habits for the week to come. Please bring a labeled lunch and drink.

No Program: 3/28, 4/4

Group: All Abilities

Location: Wheeling Community Center • NWSRA Wing

Min/Max: 4/8

Ratio: 1:1 to Independent

Goals: CI, SE

Prog. #	Dates	Day	Time	Fee
3600	2/7 - 5/2	Sa	10:30 - 12:30 pm	\$264.00

 SOCIAL
CHILL & CHAT Ages: 21 & older

Enjoy a relaxed Saturday afternoon after a busy week and a full day of program! This program is designed to allow space to unwind, connect, and recharge. Participants will hangout, engage in light activities and games, and be with friends in a welcoming environment.

No Program: 3/28, 4/4

Group: All Abilities

Location: Rolling Meadows Community Center • NWSRA Wing

Min/Max: 4/15

Ratio: 1:1 to Independent

Goals: M, SE

Prog. #	Dates	Day	Time	Fee
3090	2/7 - 5/2	Sa	1:30 - 4:00 pm	\$187.00

SPECIAL EVENTS

Not able to commit to a weekly program? Join us for a one day special event in the community! See page 6 for more details.


 SOCIAL
VENTURE SQUAD Ages: 21 & older

This program will be a combination of in-house activities and community outings to improve independence, community awareness and socialization. A schedule of activities will be distributed the first week. Please bring a labeled sack lunch and drink.

Note: NWSRA reserves the right to determine individuals readiness for travel on community outings.

No Program: 3/28, 4/4

Group: All Abilities

Location: Central Community Center • NWSRA Wing

Min/Max: 4/10

Ratio: 1:2 to Independent

Goals: CI, SE

Prog. #	Dates	Day	Time	Fee
3650	2/7 - 5/2	Sa	9:30 - 1:30 pm	\$528.00

Transportation: Please indicate pick up and drop off location on registration.

Fee: \$77 one way, \$154 round trip

Transportation Location	Pick Up	Drop Off
Hanover Park Community Center	9:00 am	2:00 pm
Buffalo Grove Fitness Center	9:00 am	2:00 pm

 SOCIAL
SPARE TIME BOWLERS Ages: 21 & older

Come extend your day while socializing and bowling with friends after your Saturday program. If you selected transportation for 3550 or 3650, the fee includes transportation to Spare Time Bowlers. If you did not need transportation for 3550 or 3650 program, please add \$77 to your registration in order to have transportation from program to Spare Time Bowlers. Fee includes 3 games.

No Program: 3/28, 4/4

Group: All Abilities

Location: Bowlero • Mt. Prospect

Min/Max: 4/20

Ratio: 1:2 to Independent

Goals: M, HW

Prog. #	Dates	Day	Time	Fee
3140	2/7 - 5/2	Sa	2:00 - 4:00 pm	\$384.00

Transportation: One way from Community Travelers or Venture Squad

Fee: \$77 one way

AFTER DAY PROGRAM ACTIVITIES

HEALTH AND WELLNESS

EXERCISE AND SWIM Ages: 21 & older

Take time for your health and fitness. The group will utilize the indoor track for walking/jogging and the pool for water exercise.

No Program: 2/16, 3/23

Group: All Abilities

Location: 3010 Rec Plex • Mt. Prospect

3015 Jack Claes • Elk Grove Village

Min/Max: 4/15

Ratio: 1:4 to Independent

Goals: M, HW, SE

Prog. #	Dates	Day	Time	Fee
3010	2/2 - 4/27	M	3:30 - 5:30 pm	\$341.00
Trans. Drop Off: Buffalo Grove Fitness Center NWSRA Office				
3015	2/2 - 4/27	M	3:30 - 5:30 pm	\$341.00
Trans. Drop Off: Hanover Park Community Center NWSRA Office				

Transportation Fee: \$77 one way, \$154 round trip

SKILL DEVELOPMENT

CUISINE CRITICS Ages: 21 & older

Come focus on healthy eating, table setting/manners and safety in the kitchen. Participants prepare and eat snacks, appetizers or desserts while learning cognitive skills such as counting, measuring and following directions. This is a group cooking program, therefore, all dietary restrictions cannot be accommodated.

No Program: 3/25

Group: All Abilities

Location: Gary Morava • Prospect Heights

Min/Max: 4/15

Ratio: 1:4 to Independent

Goals: HW, C, I

Prog. #	Dates	Day	Time	Fee
3030	2/4 - 4/29	W	3:30 - 5:30 pm	\$372.00
Trans. Drop Off: Hanover Park Community Center NWSRA Office				

Transportation Fee: \$84 one way, \$168 round trip

Transportation: If transportation is needed, please indicate the pick-up and drop off locations on the registration form. Priority transportation is reserved for PURSUIT clients attending PURSUIT on the day they are registered for program. If pick-up is needed, select from the locations below or list the PURSUIT site. If drop-off is needed, select from the locations listed for each specific program. The Program Leader will communicate the drop-off times once registration is closed and routes are established.

Transportation Location
Little City Countryside • Schaumburg
PURSUIT • Rolling Meadows
PURSUIT • Wheeling
PURSUIT • Buffalo Grove
PURSUIT • Hanover Park
PURSUIT • Mt. Prospect
PURSUIT • Hoffman Estates
Clearbrook Hicks • Palatine

SOCIAL

AFTERNOON CLUB Ages: 21 & older

Spend the afternoon building friendships, self-esteem and working on individual goals through yoga, games, technology and cultural arts.

No Program: 3/24

Group: All Abilities

Location: Hanover Park Community Center • NWSRA Wing

Min/Max: 4/15

Ratio: 1:1 to Independent

Goals: SE, C, I

Prog. #	Dates	Day	Time	Fee
3020	2/3 - 4/28	T	3:30 - 5:30 pm	\$372.00
Trans. Drop Off: Buffalo Grove Fitness Center NWSRA Office				

Transportation Fee: \$84 one way, \$168 round trip

HEALTH AND WELLNESS

FIT N' FUN

Ages: 21 & older

Spend a few hours with friends getting your fitness on while exploring ways to incorporate health and wellness into everyday activities. Bring a healthy snack

and labeled water bottle.

No Program: 3/26

Group: All Abilities

Location: Central Community Center • NWSRA Wing

Min/Max: 4/15

Ratio: 1:1 to Independent

Goals: SE, C, I

Prog. #	Dates	Day	Time	Fee
3040	2/5 - 4/30	Th	3:30 - 5:30 pm	\$372.00
Trans. Drop Off: Buffalo Grove Fitness Center Vogelei Park and Barn NWSRA Office				

Transportation Fee: \$84 one way, \$168 round trip

SOCIAL

PIN STRIKERS Ages: 21 & older

Make friends and learn to bowl. Proper technique, rules and bowling etiquette will be reviewed each week as the adults engage in this fun sport. Bowl two games each week.

No Program: 3/27, 4/3

Group: All Abilities

Location: Arlington Lanes • Arlington Heights

Min/Max: 4/20

Ratio: 1:4 to Independent

Goals: SE, P

Prog. #	Dates	Day	Time	Fee
3050	2/6 - 5/1	F	3:30 - 5:30 pm	\$341.00
Trans. Drop Off: Buffalo Grove Fitness Center Vogelei Park and Barn NWSRA Office				

Transportation Fee: \$77 one way, \$154 round trip



slsf.me

The Special Leisure Services Foundation (SLSF) exists to support children and adults with disabilities through philanthropy for Northwest Special Recreation Association.

How To Get Involved?

Attend an Event

SLSF offers a variety of events year round, including seated events and six golf outings.

Sponsor an Event

Sponsor an event as an individual or business and receive exposure through web, print, and social media.

Donate for a Cause

Contribute by sharing your skills, donating items or services, or making a one-time or monthly gift to empower individuals with disabilities.

Volunteer at an Event

Be an event day volunteer for one of our many fundraising events, join a committee, or volunteer at an NWSRA program.

**SLSF Funding
Supports**
the following
for NWSRA



Programming



Athletics



Transportation



Inclusion



Scholarships

Fashion
SHOW

February 22, 2026



**Register
Today:**





PURSUIT is designed to meet the needs of individuals with disabilities 21 years and older throughout the year by creating recreation and leisure opportunities, improving health and wellness, teaching life skills, self advocacy, and community integration. PURSUIT is licensed by the Illinois Department of Human Services, Division of Developmental Disabilities.

PURSUIT IS STRUCTURED AROUND FOUR CORE ELEMENTS:

Recreation & Leisure

- Developing gross and fine motor skills
- Experiencing cultural arts (dance, drama, arts and music)
- Participating in passive and active sporting activities
- Learning outdoor awareness

Skills & Self Advocacy

- Expanding communication skills
- Promoting human rights and self advocacy
- Enhancing socialization skills
- Developing technology skills

Community Integration

- Participating in local service projects
- Experiencing group outings and activities
- Exploring community resources
- Gaining vocational skills through volunteer experiences

Health & Wellness

- Setting and maintaining fitness goals
- Encouraging healthy eating habits
- Developing a positive body image
- Learning to cook nutritious snacks and meals
- Promoting a balanced lifestyle

Program Time:

9:30 am - 2:30 pm Monday through Friday

Eligibility:

Participants must be at least 21 years old, have a disability, be able to function in a 1:4 ratio and do not need assistance administering medications during program time.

EXTENDED PROGRAMMING

- Rise & Shine is available Monday - Friday, 8:00 - 9:30 am through purchase of a punch card
- After day program activities are available Monday - Friday with transportation from PURSUIT to the program

Locations:

Buffalo Grove Fitness Center

601 W Deerfield Parkway, Buffalo Grove

Hanover Park Community Center

1919 Walnut Avenue, Hanover Park

Hoffman Estates Vogelei House

650 W Higgins Road, Hoffman Estates

Mt. Prospect Central Community Center

1000 W Central Road, Mount Prospect

Rolling Meadows Community Center

3705 Pheasant Drive, Rolling Meadows

Wheeling Community Recreation Center

100 Community Boulevard, Wheeling

Presented in collaboration with:



For more information on Clearbrook, visit: www.clearbrook.org

For more information on PURSUIT, visit: www.nwsra.org/pursuit

Or contact: Kaila Robinson at krobinson@nwsra.org or
847-392-2848, ext. 225



CALLING VETERANS

In cooperation with NWSRA, the Bartlett, Buffalo Grove, Mount Prospect, Palatine, Rolling Meadows and Streamwood Park Districts are offering this unique and free program for military veterans. Veterans who have an illness or have been permanently injured qualify for the program. If you were injured post-service, you may still qualify.

Qualified veterans receive:

- A one-year fitness membership at one of the park districts listed above for themselves and a second for a friend or family member.
- Up to 15 free personal training sessions.
- Free monthly events to interact with fellow veterans and family members.

Healthy Minds Healthy Bodies
is a registered trademark of



For more information contact Kate Moran at
847-392-2848 ext. 274 or kmoran@nwsra.org



LIFECENTER Health
& Fitness Club
700 S Bartlett Road
Bartlett



Buffalo Grove Fitness Center
601 Deerfield Parkway
Buffalo Grove



Central Community Center
1000 Central Road
Mount Prospect

RecPlex
420 Dempster Street
Mount Prospect



Palatine Community Center
250 E Wood Street
Palatine



Nelson Sports Complex
3900 Owl Drive
Rolling Meadows



Park Place Family Recreation Center
550 S Park Boulevard
Streamwood



Hanover Park Community Park
1919 Walnut Ave
Hanover Park

NIGHT HAWKS

Club Coordinator:
Kate Zabat

Goals: CI, SE
Ages: 14 - 24 yrs.
Group: ID, PV
Ratio: 1:4 to Independent
Min/Max: 5/20

PLEASE NOTE:
*Include transportation location on registration form

Prog #	Details	Date	Location	Fee*
101	All a-BOARD Game Night! Roll the dice, make your move, and let the fun begin! From classic games to new favorites, there's something for everyone. Grab a seat at the table, team up with friends, and see who comes out on top! Registration Deadline: January 23	February 6 6:00 - 8:00 pm	Rolling Meadows Community Center NWSRA Wing 3705 Pheasant Drive, Rolling Meadows	Program Fee: \$20.00 Transportation Fee: \$14 Pick Up/Drop Off Locations • Buffalo Grove Fitness Center • Hanover Park Community Center
102	Winter Gala Join us in an enchanting evening at our Winter Gala, where elegance meets celebration! Dress to impress in your finest attire and get ready for a night filled with music, dancing, and great company. A delicious dinner will be provided, so come hungry and ready to enjoy. Registration Deadline: February 6	February 20 6:00 - 8:00 pm	Rolling Meadows Community Center 3705 Pheasant Drive, Rolling Meadows	Program Fee: \$24.00 Transportation Fee: \$14 Pick Up/Drop Off Locations • Buffalo Grove Fitness Center • Hanover Park Community Center
103	Metropolis: The Play That Goes Wrong Get ready to laugh until your cheeks hurt! We're heading out to Metropolis Performing Arts Centre to see the hit comedy The Play That Goes Wrong. This award-winning show blends Monty Python-style humor with a Sherlock Holmes-inspired whodunit, where everything that can go wrong, does. From collapsing sets to actors tripping over their lines, it's a laugh-out-loud disaster you won't want to miss! Registration Deadline: February 13	February 27 7:30 pm Show Time	Metropolis Performing Arts Centre 111 W. Campbell Street, Arlington Heights	Program Fee: \$70.00 Transportation Fee: \$14 Pick Up/Drop Off Locations • Buffalo Grove Fitness Center • Hanover Park Community Center
104	Chicago Steel Hockey Game Get ready for a night of big hits and fast plays as the Chicago Steel take on the Youngstown Phantoms! Bring your loudest cheers and team spirit, it's going to be an unforgettable game! Please bring additional money for concessions, if desired. Registration Deadline: March 6	March 20 7:05 pm Game Time	Fox Valley Ice Arena 1996 S. Kirk Road, Geneva	Program Fee: \$30.00 Transportation Fee: \$14 Pick Up/Drop Off Locations • NWSRA Office
105	Movie Munch and Match It's movie night with a tasty twist! We'll watch a film paired with theme-inspired snacks, from iconic movie treats to creative bites that match what's on screen. It's the perfect way to enjoy movies with friends! Registration Deadline: April 2	April 17 6:00 - 8:00 pm	Park Central Banquet Hall 3000 W. Central Road, Rolling Meadows	Program Fee: \$20.00 Transportation Fee: \$14 Pick Up/Drop Off Locations • Buffalo Grove Fitness Center • Hanover Park Community Center
106	Carnival of Illusions Step right up for an unforgettable night of mind-blowing magic and classic carnival fun! Test your skills at the game booths, enjoy some carnival goodies, and prepare to be amazed by a live magician who might just read your mind. A light snack will be provided. Registration Deadline: April 10	April 24 6:00 - 8:00 pm	Rolling Meadows Community Center 3705 Pheasant Drive, Rolling Meadows	Program Fee: \$24.00 Transportation Fee: \$14 Pick Up/Drop Off Locations • Hanover Park Community Center • Buffalo Grove Fitness Center

Transportation pick up/drop off times will be communicated one week prior.

T.G.I.F

Club Coordinator:
Jilian Trentadue

Goals: CI, SE
Ages: 25 - 35 yrs.
Group: ID
Ratio: 1:10 to Independent
Min/Max: 5/20

PLEASE NOTE:
*Include transportation
location on registration form

Prog #	Details	Date	Location	Fee*
201	Windy City Bulls Join us for an exciting night out with the Windy City Bulls! We'll cheer on the team, enjoy the fast-paced action, and soak up the energy of the game together. Registration Deadline: January 23	February 6 7:00 pm Game Time	NOW Arena 5333 Prairie Stone Parkway, Hoffman Estates	Program Fee: \$35.00 Transportation Fee: \$14 Pick Up/Drop Off Locations • Buffalo Grove Fitness Center • NWSRA Office
202	Winter Gala Join us in an enchanting evening at our Winter Gala, where elegance meets celebration! Dress to impress in your finest attire and get ready for a night filled with music, dancing, and great company. A delicious dinner will be provided, so come hungry and ready to enjoy. Registration Deadline: February 6	February 20 6:00 - 8:00 pm	Rolling Meadows Community Center 3705 Pheasant Drive, Rolling Meadows	Program Fee: \$24.00 Transportation Fee: \$14 Pick Up/Drop Off Locations • Buffalo Grove Fitness Center • Hanover Park Community Center
203	Knot Just Blankets Join us for a cozy and creative evening of fun, friends, and fleece! We'll be making no-sew tie blankets – no experience needed. This is the perfect chance to relax, connect, and create something warm to take home. Registration Deadline: February 20	March 6 6:00 - 8:00 pm	Rolling Meadows Community Center NWSRA Wing 3705 Pheasant Drive, Rolling Meadows	Program Fee: \$23.00 Transportation Fee: \$14 Pick Up/Drop Off Locations • Buffalo Grove Fitness Center • Hanover Park Community Center
204	Chicago Steel Hockey Game Get ready for a night of big hits and fast plays as the Chicago Steel take on the Youngstown Phantoms! Bring your loudest cheers and team spirit, it's going to be an unforgettable game! Please bring additional money for concessions, if desired. Registration Deadline: March 6	March 20 7:05 pm Game Time	Fox Valley Ice Arena 1996 S. Kirk Road, Geneva	Program Fee: \$30.00 Transportation Fee: \$14 Pick Up/Drop Off Locations • NWSRA Office
205	Village Tavern & Grill We're heading to Village Tavern & Grill in Schaumburg for a relaxed night of great food and even better company. Your choice of an entrée and a drink is included — whether you're craving burgers, wraps, or their famous tenders, you're covered! Registration Deadline: March 27	April 10 6:00 - 8:00 pm	Village Tavern & Grill 901 W. Wise Road, Schaumburg	Program Fee: \$47.00 Transportation Fee: \$14 Pick Up/Drop Off Locations • Buffalo Grove Fitness Center • NWSRA Office
206	Carnival of Illusions Step right up for an unforgettable night of mind-blowing magic and classic carnival fun! Test your skills at the game booths, enjoy some carnival goodies, and prepare to be amazed by a live magician who might just read your mind. A light snack will be provided. Registration Deadline: April 10	April 24 6:00 - 8:00 pm	Rolling Meadows Community Center 3705 Pheasant Drive, Rolling Meadows	Program Fee: \$24.00 Transportation Fee: \$14 Pick Up/Drop Off Locations • Buffalo Grove Fitness Center • Hanover Park Community Center

Transportation pick up/drop off times will be communicated one week prior.

SHINING STARS

Club Coordinator:
Abigail Updike

Goals: CI, SE
Ages: 22 & older
Group: ID
Ratio: 1:1 to 1:4
Min/Max: 5/20

PLEASE NOTE:

*Include transportation location on registration form

Prog #	Details	Date	Location	Fee*
301	MoonPies & Masquerade Let the good times roll! The spirit of Mobile meets pure celebration with lively music, colorful beads, and classic games! We'll serve up a taste of the Gulf Coast with Mobile-inspired treats in a setting that feels like a slice of the South. Grab your masks, bring your moves, and get ready to revel! Registration Deadline: January 30	February 13 6:00 - 8:00 pm	Park Central Banquet Hall 3000 W. Central Road, Rolling Meadows	Program Fee: \$24.00 Transportation Fee: \$14 Pick Up/Drop Off Locations • Buffalo Grove Fitness Center • Hanover Park Community Center
302	Winter Gala Join us in an enchanting evening at our Winter Gala, where elegance meets celebration! Dress to impress in your finest attire and get ready for a night filled with music, dancing, and great company. A delicious dinner will be provided, so come hungry and ready to enjoy. Registration Deadline: February 6	February 20 6:00 - 8:00 pm	Rolling Meadows Community Center 3705 Pheasant Drive, Rolling Meadows	Program Fee: \$24.00 Transportation Fee: \$14 Pick Up/Drop Off Locations • Buffalo Grove Fitness Center • Hanover Park Community Center
303	A Taste of Elegance Put on your Sunday's Best for a special evening of fine dining and friendship! We'll enjoy a delicious meal together in an elegant setting, practice good table manners, and share great conversation. A perfect night to feel fancy and have fun with friends! A full meal will be provided. Registration Deadline: February 20	March 6 6:00 - 8:00 pm	Plum Grove Park 4001 Park Drive, Palatine	Program Fee: \$27.00 Transportation Fee: \$14 Pick Up/Drop Off Locations • Buffalo Grove Fitness Center • Hanover Park Community Center
304	The Lucky Mic Get ready to wear your green and sing your heart out! Join us for a festive night of karaoke, music, and laughter as we celebrate St. Patrick's Day together. Whether you're a seasoned singer or just here to cheer on friends, the night promises music, laughter, and festive fun for all. No singing experience needed, just bring your voice and your luck! Registration Deadline: February 27	March 13 6:00 - 8:00 pm	Rolling Meadows Community Center NWSRA Wing 3705 Pheasant Drive, Rolling Meadows	Program Fee: \$20.00 Transportation Fee: \$14 Pick Up/Drop Off Locations • Buffalo Grove Fitness Center • Hanover Park Community Center
305	Carnival of Illusions Step right up for an unforgettable night of mind-blowing magic and classic carnival fun! Test your skills at the game booths, enjoy some carnival goodies, and prepare to be amazed by a live magician who might just read your mind. A light snack will be provided. Registration Deadline: April 10	April 24 6:00 - 8:00 pm	Rolling Meadows Community Center 3705 Pheasant Drive, Rolling Meadows	Program Fee: \$24.00 Transportation Fee: \$14 Pick Up/Drop Off Locations • Hanover Park Community Center • Buffalo Grove Fitness Center
306	Film and Fun Sit back, relax, and enjoy a movie night with friends! We'll have popcorn and a cozy atmosphere for everyone to enjoy a great movie together. This is the perfect way to unwind and share the magic of movies. Registration Deadline: April 17	May 1 6:00 - 8:00 pm	Park Central Banquet Hall 3000 W. Central Road, Rolling Meadows	Program Fee: \$20.00 Transportation Fee: \$14 Pick Up/Drop Off Locations • Buffalo Grove Fitness Center • Hanover Park Community Center

Transportation pick up/drop off times will be communicated one week prior.

NIGHT RIDERS

Club Coordinator:
Sydney Csoka

Goals: CI, SE
Ages: 36 & older
Group: ID
Ratio: 1:10 to Independent
Min/Max: 5/20

PLEASE NOTE:
*Include transportation
location on registration form

Prog #	Details	Date	Location	Fee*
601	Retro Rewind Get ready to blast to the past with Retro Rewind, a movie night dedicated to an iconic hit of the '80s! Grab your scrunchies, leg warmers, and windbreakers and come dressed in your best throwback fit. Expect vibrant neon, classic goodies, and a throwback experience like no other. A light snack will be provided. Registration Deadline: January 23	February 6 6:00 - 8:00 pm	Park Central Banquet Hall 3000 W. Central Road, Rolling Meadows	Program Fee: \$20.00 Transportation Fee: \$14 Pick Up/Drop Off Locations • Buffalo Grove Fitness Center • Hanover Park Community Center
602	Winter Gala Join us in an enchanting evening at our Winter Gala, where elegance meets celebration! Dress to impress in your finest attire and get ready for a night filled with music, dancing, and great company. A delicious dinner will be provided, so come hungry and ready to enjoy. Registration Deadline: February 6	February 20 6:00 - 8:00 pm	Rolling Meadows Community Center 3705 Pheasant Drive, Rolling Meadows	Program Fee: \$24.00 Transportation Fee: \$14 Pick Up/Drop Off Locations • Buffalo Grove Fitness Center • Hanover Park Community Center
603	Monster Jam Get ready to experience the ultimate adrenaline rush at Monster Jam — the world's most jaw-dropping monster truck event! Watch as massive trucks crush cars, race around the arena, and perform insane tricks that'll leave you on the edge of your seat. Please bring additional money for concessions, if desired. Registration Deadline: February 13	February 27 7:00pm Show Time	Allstate Arena 6920 N. Mannheim Road, Rosemont	Program Fee: \$45.00 Transportation Fee: \$14 Pick Up/Drop Off Locations • NWSRA Office
604	Chicago Steel Hockey Game Get ready for a night of big hits and fast plays as the Chicago Steel take on the Youngstown Phantoms! Bring your loudest cheers and team spirit, it's going to be an unforgettable game! Please bring additional money for concessions, if desired. Registration Deadline: March 6	March 20 7:05 pm Game Time	Fox Valley Ice Arena 1996 S. Kirk Road, Geneva	Program Fee: \$30.00 Transportation Fee: \$14 Pick Up/Drop Off Locations • NWSRA Office
605	The Foodie Relay Ready, set, munch! Join us for a deliciously wild night of fast food fun as we race through some of the best quick bites in town. We'll kick things off with cheesy nachos at Taco Bell, sip refreshing sodas at Minnie Bird, then dash to Culver's for mouthwatering burgers, and finish strong with classic Frostys from Wendy's. Registration Deadline: March 27	April 10 6:00 - 8:00 pm	Park Central Teen Center 3000 W. Central Road, Rolling Meadows	Program Fee: \$33.00 Transportation Fee: \$14 Pick Up/Drop Off Locations • Buffalo Grove Fitness Center • Hanover Park Community Center
606	Carnival of Illusions Step right up for an unforgettable night of mind-blowing magic and classic carnival fun! Test your skills at the game booths, enjoy some carnival goodies, and prepare to be amazed by a live magician who might just read your mind. A light snack will be provided. Registration Deadline: April 10	April 24 6:00 - 8:00 pm	Rolling Meadows Community Center 3705 Pheasant Drive, Rolling Meadows	Program Fee: \$24.00 Transportation Fee: \$14 Pick Up/Drop Off Locations • Buffalo Grove Fitness Center • Hanover Park Community Center

Transportation pick up/drop off times will be communicated one week prior.

FRIDAY NIGHT LIVE

Club Coordinator:
Caitlin Cron

Goals: CI, SE
Ages: 22 - 35
Group: PV
Ratio: 1:4 to Independent
Min/Max: 5/12

PLEASE NOTE:

*Include transportation location on registration form

Prog #	Details	Date	Location	Fee*
401	Disney on Ice: Jump In! Get ready to laugh, sing, and cheer as your favorite Disney characters come to life in an unforgettable ice-skating adventure! Featuring magical moments from Inside Out 2, Toy Story, Encanto, Frozen, and more. Bring your sense of wonder, and money for snacks and drinks if you desire! Registration Deadline: January 23	February 6 7:00 pm Show Time	Allstate Arena 6920 N. Mannheim Road, Rosemont	Program Fee: \$65.00 Transportation Fee: \$18 Door-to-Door
402	Spa-rtly Time! Escape the everyday and dive into an evening of pure relaxation. With calming facials, delicious snacks to satisfy your cravings, and soothing music to set the tone, this spa-rtly is all about self-care and good company. Let's make it a night to remember! Registration Deadline: January 30	February 13 6:30 - 8:30 pm	Rolling Meadows Community Center NWSRA Wing 3705 Pheasant Drive, Rolling Meadows	Program Fee: \$22.00 Transportation Fee: \$18 Door-to-Door
403	Blockbuster Buddies Lights dim, popcorn ready—it's time to dive into an unforgettable movie experience with friends! Come for the flicks, stay for the fun, and make memories that are worth a sequel. Please bring money for your favorite snacks and drinks. Movie title and time will be announced at a closer date. Registration Deadline: February 13	February 27 TBA	Classic Cinemas Elk Grove 1050 Elk Grove Town Center, Elk Grove Village	Program Fee: \$31.00 Transportation Fee: \$18 Door-to-Door
404	Shamrock & Roll It's time to sham-rock the night away with games, snacks, and all the lucky fun you can handle! No need to chase rainbows—the pot of gold is right here with great friends and even better vibes. Leprechaun't wait to see you at our St Patrick's Day party! Registration Deadline: February 27	March 13 6:30 - 8:30 pm	Park Central Banquet Hall 3000 W. Central Road, Rolling Meadows	Program Fee: \$24.00 Transportation Fee: \$18 Door-to-Door
405	Chicago Ramen Annex We're heading to Chicago Ramen Annex for a night of slurps, bites, and good times! From steamy bowls of ramen to crispy calamari, juicy dumplings, and flavorful rice bowls — there's something for every taste. Come hungry, leave happy, and discover your new favorite comfort food spot! Registration Deadline: March 27	April 10 6:30 - 8:30 pm	Chicago Ramen Annex 1608 E. Algonquin Road, Schaumburg	Program Fee: \$47.00 Transportation Fee: \$18 Door-to-Door
406	Scrap the Night Away Grab your photos, your paper stash, and your creativity — it's time to turn memories into masterpieces! Join us for a fun-filled night of scrap booking, laughter, and inspiration. Whether you're a seasoned scrapper or just getting started, there's a spot at the table for you. Registration Deadline: April 2	April 17 6:30 - 8:30 pm	Rolling Meadows Community Center NWSRA Wing 3705 Pheasant Drive, Rolling Meadows	Program Fee: 26.00 Transportation Fee: \$18 Door-to-Door

Transportation pick up/drop off times will be communicated one week prior.

FRIDAY NIGHT FUN

Club Coordinator:
Gianna Mendoza

Goals: CI, SE
Ages: 36 & older
Group: PV
Ratio: 1:4 to Independent
Min/Max: 5/12

PLEASE NOTE:

*Include transportation location on registration form

Prog #	Details	Date	Location	Fee*
501	Windy City Bulls Catch the thrill of the Windy City Bulls! Join us for high-energy action, intense plays, and a night of excitement. Don't miss out—let's cheer on the Bulls as they take on the Raptors 905! Please bring additional money for food and drink, if desired. Registration Deadline: February 6	February 20 6:30 pm Game Time	NOW Arena 5333 Prairie Stone Parkway, Hoffman Estates	Program Fee: \$35.00 Transportation Fee: \$18 Door-to-Door
502	Mardi Gras Masquerade Night Get ready to celebrate Mardi Gras in style with a festive night of creativity, games, and treats! Participants can design their own vibrant masquerade masks, enjoy a slice of traditional king cake (maybe get lucky and find the hidden baby to get crowned king or queen!), and take home the delicious Mardi Gras classic MoonPies! Laissez les bons temps rouler — let the good times roll. Registration Deadline: February 13	February 27 6:30 - 8:30 pm	Plum Grove Park 4001 Park Drive, Palatine	Program Fee: \$24.00 Transportation Fee: \$18 Door-to-Door
503	Shamrock & Roll It's time to sham-rock the night away with games, snacks, and all the lucky fun you can handle! No need to chase rainbows— the pot of gold is right here with great friends and even better vibes. Leprechaun't wait to see you at our St Patrick's Day party! Registration Deadline: February 27	March 13 6:30 - 8:30 pm	Park Central Banquet Hall 3000 W. Central Road, Rolling Meadows	Program Fee: \$24.00 Transportation Fee: \$18 Door-to-Door
504	Mic Drop Madness Join us for an unforgettable karaoke night where the stage is yours and the spotlight is waiting! Whether you're a seasoned performer or a first-time mic holder, it's your chance to sing your heart out, laugh with friends, and enjoy a night full of music, fun, and great vibes. Light snacks will be provided. Registration Deadline: March 27	April 10 6:30 - 8:30 pm	Rolling Meadows Community Center NWSRA Wing 3705 Pheasant Drive, Rolling Meadows	Program Fee: \$20.00 Transportation Fee: \$18 Door-to-Door
505	Steakhouse Social Night Come join us for a fun night at LongHorn Steakhouse! We'll enjoy tasty food, good company, and lots of laughs together—it's the perfect night out with friends! Your choice of an entree and a drink is included. Registration Deadline: April 2	April 17 6:30 - 8:30 pm	LongHorn Steakhouse 1901 E. Golf Road, Schaumburg	Program Fee: \$47.00 Transportation Fee: \$18 Door-to-Door
506	Paint & Plant Join us for a special night where creativity and nature come together! Participants will design and paint their own flowerpot and plant something beautiful to take home and enjoy. This themed night is the perfect way to relax, have fun, and make memories with friends! Registration Deadline: April 10	April 24 6:30 - 8:30 pm	Park Central Teen Center 3000 W. Central Road, Rolling Meadows	Program Fee: \$24.00 Transportation Fee: \$18 Door-to-Door

Transportation pick up/drop off times will be communicated one week prior.

INCLUSION SERVICES

WHAT IS INCLUSION?

NWSRA and its member park districts believe that all individuals should have access to whatever leisure opportunities they choose, regardless of ability level. We work together to assess any modifications that maybe be needed for an individual with a disability to successfully participate in park district programs , at no additional cost.



HOW TO REQUEST ASSISTANCE

Any request for inclusion assistance should be done at registration. Simply check the ADA box, requesting a reasonable accommodation. From there, the Park District Program Supervisor will reach out to you for more information. They will then contact the designated Inclusion Coordinator from NWSRA.

ASSISTANCE PROVIDED MAY INCLUDE

- Adaptive Equipment
- Individualized Resources (behavioral plan, visual schedule, communication board, incentive charts, etc.)
- Facilitation of Personal Care Plans
- Placement of Inclusion Aide

“

Inclusion provides
**increased social
interaction,
independent
and positive peer
modeling.**

”

WHY INCLUSION?

Although many people achieve recreation through participation in NWSRA programs, others may have greater success in park district activities/ The process of including people with disabilities but also those without. Inclusive recreation programs prepare people with disabilities for life in an integrated society, and just as importantly, prepare society to accept individual diversity.

COMMUNITIES SERVED:

ARLINGTON HEIGHTS • BARTLETT • BUFFALO GROVE • ELK GROVE • HANOVER PARK • HOFFMAN ESTATES • INVERNESS •
MT. PROSPECT • PALATINE • PROSPECT HEIGHTS • RIVER TRAILS • ROLLING MEADOWS • SALT CREEK • SCHAUMBURG •
SOUTH BARRINGTON • STREAMWOOD • WHEELING

For more information contact the Manager of Inclusion Services, Andi Criswell, or ask to speak to a member of the Inclusion Department at

847-392-2848

General Information

ADA COMPLIANCE

The Northwest Special Recreation Association will comply with the Americans with Disabilities Act (ADA), which prohibits discrimination in the provision of programs, services or activities to individuals with disabilities. Programs in our brochure are suggested for certain age groups and disability classifications so that programs can be designed to meet specific needs. However, any individual desiring to participate in a program not suggested for his or her age or disability group, may contact our staff at 847-392-2848. Every attempt at reasonable accommodation will be made so that the individual may participate in the desired program. If you have any questions about the NWSRA policy regarding ADA, or believe you have been unfairly discriminated against in the provision of programs, services or activities of the Northwest Special Recreation Association, please contact ADA Compliance Officer, Andrea Griffin and Rachel Hubsch at 847-392-2848. A procedure is available for the prompt resolution of your complaint with NWSRA.

ATTENDANCE AT NWSRA PROGRAMS

To ensure the safety of participants, only NWSRA staff, volunteers or registered participants are authorized to attend NWSRA programs. Anyone who does not meet this criteria must request to attend programs in writing. Requests must be submitted to NWSRA via e-mail to the Superintendent of Recreation at rhubsch@nwsra.org no later than one week in advance of the program, and requester must provide e-mail and phone number within the request. Approval will be provided no later than two days prior to the program.

AUDIO BROCHURES

A copy of this brochure is available in alternate form upon request. Please contact the NWSRA office if you would like to receive any portion of the brochure in audio format. Forty-eight hours notice is required.

BROCHURE ACCURACY

Every effort has been made to ensure the accuracy of information contained within this brochure. However, errors can occur and circumstances may require adjustments to fees, schedules, locations or other aspects. NWSRA reserves the right to make such adjustments and apologizes for any inconvenience these errors or adjustments may cause.

EVALUATIONS

How did last month's programming go? We would love to have your feedback. Please click on the link below to complete our online program evaluation. If you would like to receive a hard copy of the evaluation form please call the NWSRA office. Visit surveymonkey.com/r/7P9QVDY to take the survey!



Scan the QR Code
to take the survey!

FAIR PLAY AT NWSRA

NWSRA is committed to making safety an integral part of an enjoyable recreation and leisure experience for all participants. Each participant shall have the opportunity to enjoy NWSRA programs and services, or if desired, programs and services provided by an NWSRA member district. NWSRA and its member districts take great pride in providing recreation and leisure services and opportunities to persons with special needs, and are mutually and or individually committed to compliance with the Americans with Disabilities Act (ADA). The FAIR PLAY AT NWSRA process cannot be considered absolute; but shall serve as a frame of reference for evaluation of specific proposals and recommendations.

FAIR PLAY AT NWSRA is a process which NWSRA uses to make recreation & leisure programs and services safe for all participants, staff & community members. FAIR PLAY AT NWSRA sets out the NWSRA expectations for the conduct of participants with or without disabilities, in recreation & leisure programs, or access to a service provided by NWSRA.

NWSRA participants are expected to abide by the Behavior Code of Conduct at all times. The following Behavior Code of Conduct for all participants has been developed to make NWSRA programs safe, enjoyable and successful for all parties involved. Additional expectations may be developed for particular programs and services as deemed necessary by the NWSRA staff. The Behavior Code of Conduct extends to all parties in attendance of NWSRA programs in any capacity. The Behavior Code of Conduct requires all participants to:

1. Show respect to all participants, staff and members of the public
2. Refrain from unwanted and/or harmful physical contact
3. Refrain from using abusive, threatening or foul language
4. Show respect to equipment, supplies and facilities
5. Remain within the established program boundaries

ILLNESS

In consideration of other participants and NWSRA staff, and to prevent the spread of contagious illnesses, participants must refrain from attending programs when any of the following conditions exist:

1. Fever
2. Vomiting within the last 24 hours
3. Persistent diarrhea
4. Contagious rash or a rash of unknown origin
5. Persistent cough and/or cold symptoms
6. "Pink eye" (conjunctivitis) or discharge from the eye
7. Symptoms of mumps, measles, chicken pox, strep throat, flu, impetigo, coxsackie virus or any other virus
8. Runny nose with yellow or green discharge
9. Lice or mites present
10. Fatigue, due to illness, that will hinder participation and enjoyment in the program

Please notify the NWSRA office if the participant contracts any contagious illness that will affect his/her attendance at the program. Participants should return to programs at the doctor's recommendation or, if not under a doctor's care, when the symptoms have clearly passed

LATE FEES

A fee of \$100 per minute will be charged when parents/guardians/residential staff are late picking up participants.

LOST AND FOUND ITEMS

Occasionally items are found at NWSRA programs. If you are missing any items from the past season, please call 847-392-2848 to claim them. Lost and found items must be claimed by the end of the program season, or items will be removed.

MANDATED REPORTERS

All NWSRA staff are mandated by the State of Illinois to make a report to the DCFS or OIG hotline if they observe a situation that provides reasonable cause to suspect abuse/neglect. Workers in certain professions, including "recreational program", personnel have this legal mandate. Staff are trained on signs and symptoms of abuse/neglect and procedures for making a report.

GENERAL INFORMATION

MEDICATION

Complete the medication information on the registration form. All medications must be listed regardless if assistance is needed at program. If a participant is in need of assistance to take medication, a Medication Information signature by a parent or guardian allowing NWSRA staff to administer medication must be completed. All medications to be given during NWSRA programs must be in NWSRA envelopes and brought in to the NWSRA office for the entire session prior to the start of the program. **All medication forms are included in the registration packet.**

PARENT/GUARDIAN/RESIDENTIAL STAFF RESPONSIBILITIES

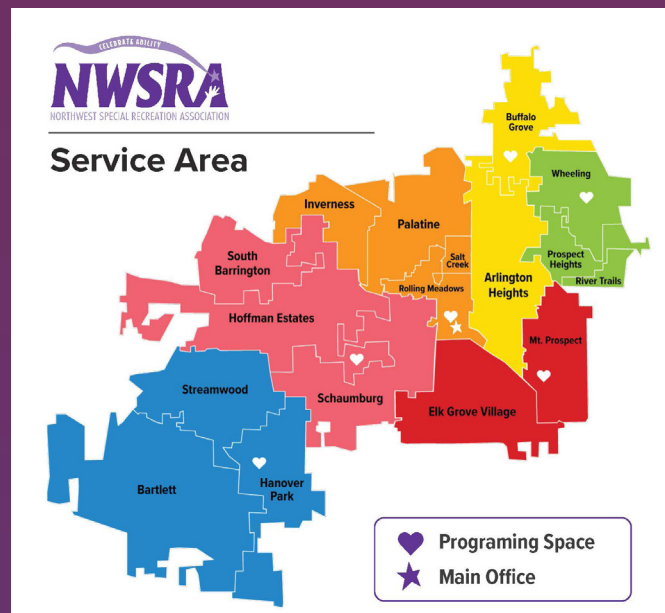
- When arriving at a program, CHECK-IN with the NWSRA staff. When departing, you must sign out your participant with NWSRA staff.
- Label all items, including clothing. NWSRA cannot be responsible for lost or stolen items.
- Inform teachers and/or transportation departments of the participant's NWSRA programs after school or day program and changes as they arise.
- If a participant may walk or ride a bike home, a written notice, signed by the parent/guardian, must be sent to the NWSRA office prior to the start of the program.
- Notify the program leader in advance, by a written notice if someone new/unfamiliar to NWSRA staff will be picking up the participant after a program.
- Contact the NWSRA office if participant will be absent from a program.
- Parents/guardians/residential staff should adhere to scheduled pick up and drop off times.
- Parents/guardians/residential staff must provide supervision until the scheduled start time as stated in the brochure.
- Parents/guardians/residential staff must ensure participants have bowel and bladder control or arrive at the program wearing Depends or similar items under clothing. If this is a concern, please contact the NWSRA office.
- Parents/guardians/residential staff must ensure overall appearance of participant(s) should be clean (hair, face, teeth, hands, nails, etc.), wearing dry clothing, and wearing appropriate attire for program participation and weather conditions.

PROGRAM LEADERS/STAFF

NWSRA attempts to secure and place leaders/staff at each program as soon as adequate registration is received. To find out the program leader's name, or other information, please call one week before the program starts. Requests from parents for their children to have specific staff cannot be accommodated. NWSRA reserves the right to assign staff to specific programs. NWSRA strives for staff consistency, however, staff changes and reassignments may take place after programs have begun due to specific needs at other programs. Careful consideration is utilized when determining staff assignments and developing groupings.

PROGRAM SIZE

All programs have a minimum or maximum size. Programs may be canceled or postponed if adequate registration is not met. When participants of various ability and age levels are enrolled in the same program, NWSRA will group them according to age and ability.



SEVERE WEATHER GUIDELINES

In the event of severe weather, NWSRA may be forced to cancel programs. To receive live updates on NWSRA office closings and program cancellations due to inclement weather, please like us on Facebook, follow us on Twitter or visit the "What's New" section of the NWSRA website. NWSRA also posts office closings on the Emergency Closing Center (ECC) website, and ECC information is posted on several local cable channels. The following guidelines will be used to determine cancellation:

Severe Hot Weather

Outdoor programs: 90° or higher and a heat index of 105° to 129° is cautionary range. A heat index of 130° or higher will indicate cancellation.

Programs with transportation:

- Routes for participants that are non-ambulatory - Heat index of 105° or higher.
- Routes for participants that are ambulatory - Heat index of 130° or higher.

Severe Weather - all programs (including indoor):

- Weather situations when a tornado warning is in effect for Lake, Cook and/or DuPage counties.

Parents/guardians will be notified if a program is canceled due to severe weather.

TRANSPORTATION

- Transportation times for all programs may change based on enrollment and/or last minute facility changes.
- All individuals transported while in a wheelchair must have a seat belt system that secures them into their wheelchair and brakes that are in good working order. If a participant is in need of a seat belt system, NWSRA will provide one for program use only.
- Individuals using tri-wheelers must transfer into a bus seat as they cannot be safely secured while in the tri-wheeler.
- Door-to-door transportation is provided for in-district residents only. Program leaders will contact participants to arrange pick up times.
- NWSRA will make every effort to keep routes at a reasonable length of time. Door-to-door routes vary in length based on pickup locations. Late drop off/pick up of participants at programs creates a ripple effect. Please be considerate of others by being on time. Drivers will only wait 5 minutes at all pick up locations.

- NWSRA reserves the right to determine whether a participant can be transported safely.

- Individuals may be assisted by NWSRA staff to and from the door of their residence if there are no other individuals in the bus or a bus aide is available. NWSRA staff are not permitted to enter the individuals' residence at any time. NWSRA staff may not lift, carry or transport an individuals' assistive transportation device to any vehicle other than a NWSRA vehicle.

- When picking up or dropping off participant for transportation by NWSRA, park your car in a designated parking spot and drop off or pick up participant at the bus. Staff will not release participants until parent/guardian, residential staff or caregiver comes to the bus and signs participant out of program.

WAYS TO REGISTER

Registration for Programs

Registration for programs can be completed online at nwsra.org/ brochure, in person at NWSRA's Main Office, or sent via mail or fax. Regardless of the method, registration must be completed prior to the registration deadline. Registrations received after the deadline will be automatically placed on a waitlist. As NWSRA staff are able to accommodate participants on the waitlist, registrants will be contacted. If programs are canceled or postponed, registered individuals will be notified by phone.

Personal Information Forms

Participant Information Forms (PIFs) must be completed via ePACT. NWSRA has transitioned to digital PIF forms to enhance the security and privacy of participants' personal information. Registrants will receive an emailed link to complete this form after registering for a program. This form must be completed and updated annually for an individual to participate in NWSRA programming. If an individual does not have access to complete the form electronically at home, it can be completed at NWSRA's Main Office.

Registration Information

Registration begins at 8:30 a.m. on November 17 and closes at 5:00 p.m. on December 12. Completed registration forms and PIFs will be processed in the order they are received. Forms received prior to the registration opening will be postmarked at 5:00 p.m. on the second day of registration. Incomplete registration forms may result in a delay in processing.

Registrations received after a program has reached its maximum capacity or after the registration deadline (whichever occurs first) will be placed on a waitlist. Parents, guardians, or residential staff will be notified via email if a participant is placed on the waitlist.

NON-RESIDENT FEE

Non-residents will be assessed a 50% fee increase above the charges listed. NWSRA park district residents will have priority in registering for all NWSRA programs. Non-residents will be allowed to register as additional space, tickets, seating and leadership allow. Final decisions will be made after the registration deadline when applicable. Door-to-door transportation is not available for non-residents.

FINANCIAL ASSISTANCE POLICY

For information and application forms, please contact the NWSRA office at (847) 392-2848. Please keep the application deadline for programs in mind. The application process may take several weeks. Please inquire early. Financial assistance is available to member park district residents. Individuals applying for financial assistance must register by mail, fax or drop off only. Financial Assistance applications must be completed for each season. A \$10 deposit is required with each application form.

REGISTRATION INFORMATION

NWSRA PAYMENT PROCEDURES

NWSRA registrants have two options for making payments toward NWSRA programs. Registrants may either pay in full at the time of registration or have payments automatically withdrawn over the course of three payment dates via a credit card **We accept AmEx, Discover, MasterCard, Visa.** If a registrant chooses the option to have payments automatically withdrawn for a registration, they must request the automatic withdrawal by checking the box on the registration form, and the NWSRA office will contact you. The registrant must provide a valid credit card.

Credit Card Processing Fees

Credit card processing fees will be applied to all transactions paid by credit card, whether online or at the NWSRA Main Office. NWSRA simply passes on the exact processing cost to registrants and does not mark up or generate revenue from these fees. To avoid these fees, payments may be made via cash or check by registering at the NWSRA Main Office.

AUTOMATIC WITHDRAWAL

If a registrant chooses the option to have payments automatically withdrawn for a registration, they must request the automatic withdrawal by checking the box on the registration form. The grid below outlines the dates in which payments will be automatically withdrawn for each registration season. The registrant must provide a valid credit card. It is understood that amounts will be withdrawn according to the dates designated below:

SEASON	1/3 of amount withdrawn	Second 1/3 of amount withdrawn	Third 1/3 of amount withdrawn
Winter/Spring	Reg. Deadline	February 1	March 1
Day Camp	Reg. Deadline	May 1	June 1
Summer	Reg. Deadline	June 1	July 1
Fall	Reg. Deadline	October 1	November 1

REFUNDS AND CREDITS

Credits may be issued in the following circumstances:

- When NWSRA cancels a program
- When NWSRA determines a program is inappropriate for the participant
- In cases of prolonged illness (doctor's note required) or relocation
- If you are dissatisfied after attending the first program session, a credit can be requested before the second session. A transfer to another available program may also be requested
- If NWSRA cancels transportation for a program

Weather Cancellations

NWSRA uses discretion when deciding to cancel programs due to inclement weather. Credits are not issued for weather-related cancellations. If a session is canceled due to weather, NWSRA will attempt to reschedule one session per program when possible.

Credit Processing & Terms

- All credits incur a \$10.00 service fee
- NWSRA reserves the right to withhold from credit for costs already incurred (tickets, rentals, deposits, etc.)
- Credits are processed monthly
- If your account has an existing balance, any new credits will first be applied to that balance
- Credits remain valid for three years; after this period, unclaimed credits will be transferred to the State of Illinois in accordance with the State of Illinois Unclaimed Property Statute

Situations Not Eligible for Credits

- Missed classes due to personal reasons or scheduling conflicts
- Participants receiving financial assistance
- Additional weather cancellations beyond the first canceled session

Refunds

Refunds (as opposed to credits) are evaluated on a case-by-case basis. To request a refund, please contact our front office at (847) 392-2848. For questions about credits and or refunds please contact our front office.

New Online Registration!



Scan here to register

Or E-mail the form to office@nwsra.org

Mail or Drop Off to:
3000 W. Central Rd, Suite 205
Rolling Meadows, IL 60008
Fax to: 847-392-2870

The full registration form packet must be filled out for each season.

Save the completed form on your computer/electronic device for next season's registration!



In addition, the registration forms have been updated in order to reduce duplication of information and ensure a more seamless registration process. We look forward to continuing to make improvements to the registration process to ensure a user-friendly experience!

RESIDENTIAL FACILITY REGISTRATION

Residential Facilities will complete the new fillable registration forms each season for each client to be registered. In order to save time and ensure accuracy of forms submitted, Residential Facilities are encouraged to save the registration forms for each client, so that the registration forms may be resubmitted for programs in the following season.

If you have any questions regarding the new registration forms, please contact the main office at 847-392-2848 or e-mail office@nwsra.org

REGISTRATION FORM



Please check this box if there is any information within the registration form that has changed from the previous season.

Registration forms received prior to registration opening will be postmarked at 5pm on the second day of registration.

PARTICIPANT'S INFORMATION:

Participant's Name (Legal Last) _____ (Legal First) _____ (Preferred) _____
 Address _____ City _____ Zip _____
 Park District _____ Township _____ If you **DO NOT** wish to give photo/video permission, please initial here _____
 Home Number _____ Cell Number _____ E-mail _____
 Sex _____ Age _____ Birthdate _____ Diagnosis _____ T-Shirt Size _____ ☐ Adult ☐ Child
 Residential Facility Name _____ In case of emergency at program please contact _____
 School/Day Center attending _____ Home School District (If different from attending) _____
 Teacher/QIDP _____ E-mail _____ Phone Number _____
 Permission to contact above, please initial here _____ Participant is own guardian ☐ Yes ☐ No Staffing Ratio: ☐ 1:1 ☐ 1:2 ☐ 1:4 ☐ Independent
 I agree for NWSRA staff to apply sunscreen and/or bug spray to my child ☐ Yes ☐ No I want my child receive a daily Note Home ☐ Yes ☐ No

Ethnicity

☐ American Indian or Alaska Native ☐ Asian ☐ Black or African American ☐ Hispanic or Latino ☐ White
☐ Middle Eastern or North African ☐ Native Hawaiian or Pacific Islander ☐ Not Listed (please specify) _____
Gender Pronoun ☐ He ☐ She ☐ They ☐ Not Listed (please specify) _____

PARENT/GUARDIAN INFORMATION:

Parent/Guardian 1 (Legal Last) _____ (Legal First) _____ Guardian Type _____
 Address (if different from above) _____ City _____ Zip _____
 Primary Contact Method ☐ Home ☐ Cell ☐ Work ☐ E-mail _____
 Home Number _____ Cell Number _____ ☐ Opt in to receive text communication about programming
Parent/Guardian 2 (Legal Last) _____ (Legal First) _____ Guardian Type _____
 Address (if different from above) _____ City _____ Zip _____
 Primary Contact Method ☐ Home ☐ Cell ☐ Work ☐ E-mail _____
 Home Number _____ Cell Number _____ ☐ Opt in to receive text communication about programming

EMERGENCY CONTACT	NAME OF AUTHORIZED INDIVIDUALS FOR PICKUP	PHONE NUMBER(S)
☐ YES ☐ NO		
☐ YES ☐ NO		

Would you like to be added to our mailing/e-mail list? Check here ☐

SAFETY INFORMATION

NWSRA is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. NWSRA continually strives to reduce risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians registering for the programs listed above must recognize that there is an inherent risk of injury when choosing to participate in recreational programs. You are solely responsible for determining if you or your participant are physically fit and/or skilled for the activities contemplated by this agreement.

RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this form carefully and be aware that in signing up and participating in the above identified programs, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your participant might sustain as a result of participating in any and all activities connected with and associated with said programs (including transportation services, when provided.) Recreational programs and activities are intended to challenge and engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when participating in any recreational program or activity. Understandably, not all hazards and dangers can be foreseen. Depending on the particular activity, participants must understand that certain risks, dangers and injuries due to inclement weather, slipping, falling, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, participant misconduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and all other circumstances inherent to indoor and outdoor recreational activities/programs exist. In this regard, it must be recognized that it is impossible for NWSRA to guarantee absolute safety. I recognize and acknowledge that there are certain risks of physical injury to participants in these programs, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my participant or I may sustain as a result of said participation. I do hereby fully release and forever discharge NWSRA from any and all claims for injuries, damages, or loss that my participant or I may have or which may occur to me or my participant and arising out of, connected with, or in any way associated with these programs.

I have read and fully understand the above safety information, and release of all claims and assumptions of risk. If registering on-line, fax or e-mail, your electronic or photocopy signature shall substitute for and have the same legal effect as an original form signature.

Form Prepared by _____ Relationship to Participant _____

Signature _____ Date _____ Print Name _____

Adult participant if own guardian or parent/guardian

- If form has been prepared by someone other than participant. Participant must be made aware.
- For enhanced safety measures, photos will be required for all participants in programming. If you have not submitted a photo previously, please email it to office@nwsra.org

NWSRA REGISTRATION

PARTICIPANT NAME _____ SEASON/YEAR _____

PROGRAM #	PROGRAM NAME	MEDS TAKEN AT PROGRAM YES ☐ NO ☐		PROGRAM FEE	TOTAL FEE
Transportation	One Way, To ☐ Round Trip ☐ One Way, From ☐ Door-to-Door ☐	PICK UP LOCATION	DROP OFF LOCATION	TRANS FEE	

PROGRAM #	PROGRAM NAME	MEDS TAKEN AT PROGRAM YES ☐ NO ☐		PROGRAM FEE	TOTAL FEE
Transportation	One Way, To ☐ Round Trip ☐ One Way, From ☐ Door-to-Door ☐	PICK UP LOCATION	DROP OFF LOCATION	TRANS FEE	

PROGRAM #	PROGRAM NAME	MEDS TAKEN AT PROGRAM YES ☐ NO ☐		PROGRAM FEE	TOTAL FEE
Transportation	One Way, To ☐ Round Trip ☐ One Way, From ☐ Door-to-Door ☐	PICK UP LOCATION	DROP OFF LOCATION	TRANS FEE	

PROGRAM #	PROGRAM NAME	MEDS TAKEN AT PROGRAM YES ☐ NO ☐		PROGRAM FEE	TOTAL FEE
Transportation	One Way, To ☐ Round Trip ☐ One Way, From ☐ Door-to-Door ☐	PICK UP LOCATION	DROP OFF LOCATION	TRANS FEE	

PROGRAM #	PROGRAM NAME	MEDS TAKEN AT PROGRAM YES ☐ NO ☐		PROGRAM FEE	TOTAL FEE
Transportation	One Way, To ☐ Round Trip ☐ One Way, From ☐ Door-to-Door ☐	PICK UP LOCATION	DROP OFF LOCATION	TRANS FEE	

PROGRAM #	PROGRAM NAME	MEDS TAKEN AT PROGRAM YES ☐ NO ☐		PROGRAM FEE	TOTAL FEE
Transportation	One Way, To ☐ Round Trip ☐ One Way, From ☐ Door-to-Door ☐	PICK UP LOCATION	DROP OFF LOCATION	TRANS FEE	

PROGRAM #	PROGRAM NAME	MEDS TAKEN AT PROGRAM YES ☐ NO ☐		PROGRAM FEE	TOTAL FEE
Transportation	One Way, To ☐ Round Trip ☐ One Way, From ☐ Door-to-Door ☐	PICK UP LOCATION	DROP OFF LOCATION	TRANS FEE	

Please indicate any important information about family members that staff should be made aware of:

DOOR TO DOOR REQUEST

For programs which do not advertise door-to-door transportation, it may still be accommodated. Please fill out this door-to-door transportation request form and someone will reach out prior to the start of program



WILL THERE BE RESIDENTIAL STAFF ATTENDING THE PROGRAM(S)?	
WHICH PROGRAM(S)?	
WILL THEY BE ABLE TO ASSIST WITH PERSONAL CARE/BEHAVIOR?	

You may charge your registration. Please check one.

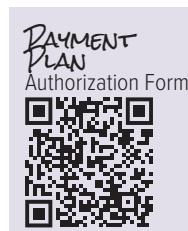
☐ American Express ☐ Discover ☐ MasterCard ☐ Visa

Account # _____ Expiration Date ____/____/____ CVC# _____

If paying in full, please check here ☐

If requesting a payment plan, please check here ☐

By checking the pay in full or the payment plan box on the registration form, I authorize NWSRA to automatically withdraw payments according to the schedule listed within the registration information section of the brochure.



Total Program Cost: _____

Program Credits: _____

SLSF Donation: _____

Total Enclosed: _____

**Make check payable to NWSRA
All past balances must be paid in
full prior to registration.**

Send us your Registration Form!

MAIL IN: NWSRA 3000 W. Central Road, Suite 205 Rolling Meadows, IL 60008

FAX: 847-392-2870 Call office to ensure receipt of fax.

E-MAIL: E-mail fillable registration form to office@nwsra.org



Winter/Spring Program Offerings on Page 9



Thank you, NWSRA for being a part of our story!



Impact Starts Here!



Join NWSRA Today!

Support children and adults with disabilities in recreation programs

Benifits of Joining

- Work in a fun, active environment!
- Flexible schedule
- Work with friends & make new ones
- Build leadership & teamwork skills
- Earn Paid Time Off

APPLY TODAY in 3 minutes!



Arlington Lakes Golf Club

1211 S New Wilke Rd.
Arlington Heights
847-577-3030

Arlington Ridge Center

660 N Ridge Avenue
Arlington Heights
847-577-3025

Bartlett Community Center

700 S Bartlett Road
Bartlett
630-540-4800

Bowlero - Buffalo Grove

350 McHenry Road
Buffalo Grove
847-821-9000

Bowlero - Mt. Prospect

824 E Rand Road
Mt. Prospect
847-392-0550

**Buffalo Grove Fitness Center
NWSRA Wing**

601 W Deerfield Parkway
Buffalo Grove
847-305-8360

Burning Bush Community Center

1313 N Burning Bush Lane
Mt. Prospect
847-255-1200

Carl Sandburg Junior High

2600 Martin Ln
Rolling Meadows
847-963-7800

**Central Community Center
NWSRA Wing**

1000 W Central Road
Mount Prospect
847-305-8571

Clearbrook - Getz

746 S Vermont Street
Palatine
847-991-4100

Community Arts Center

225 McHenry Road
Buffalo Grove
847-850-2175

Conyers Learning Academy

2800 W Central Road
Rolling Meadows
847-963-3400

CrossFit Ariocho

368 Bluff City Blvd.
Elgin
847-815-0199

Falcon Park Recreation Center

2195 N Hicks Road
Palatine
847-202-5111

Gary Morava Recreation Center

110 W Camp McDonald Road
Prospect Heights
847-394-2848

**Hanover Park Community Center
NWSRA Wing**

1919 Walnut Avenue
Hanover Park
847-392-2864

Jack Claes Pavilion

1000 Wellington Avenue
Elk Grove Village
847-437-9494

Kirk School

520 S Plum Grove Rd
Palatine
847-485-2600

Little City Countryside

2360 Palmer Drive
Schaumburg
847-438-8799

Palatine Community/Gymnastics Center

250 E Wood Street
Palatine
847-991-0333

Park Place Family Recreation Center

550 S. Park Boulevard
Streamwood
630-372-7275

Park Central/Teen Center

3000 Central Road
Rolling Meadows
847-818-3220

Plum Grove Park

4001 Park Drive
Palatine
847-818-3200

RecPlex

420 Dempster Street
Mount Prospect
847-640-1000

Rep's Place

3200 Kirchoff Road
Rolling Meadows
224-347-2916

**Rolling Meadows Community
Center • NWSRA Wing**

3705 Pheasant Drive
Rolling Meadows
847-632-0049

**Schaumburg Community
Recreation Center**

505 N Springinsguth Road
Schaumburg
847-490-7015

The Club at Praire Stone

5050 Sedge Blvd
Hoffman Estates
847-285-5400

The Zone

550 E Business Center Drive
Mount Prospect
847-255-1400

Thrown Elements

60 N Evergreen Avenue
Arlington Heights
847-818-1313

**Vogelei House/Barn
NWSRA Wing**

650 W Higgins Road
Hoffman Estates
847-885-7500

**Wheeling Community Recreation Center
NWSRA Wing**

100 Community Boulevard
Wheeling
847-465-3333



NORTHWEST SPECIAL RECREATION ASSOCIATION
3000 W. Central Rd., Suite 205 • Rolling Meadows, IL 60008
847/392-2848 • 392-2855 TTY • 392-2870 FAX • www.nwsra.org

REGISTRATION BEGINS

DECEMBER 1, 2025

REGISTRATION DEADLINE

DECEMBER 19, 2025

PROGRAMS DATES

FEBRUARY 2 - MAY 2, 2026

