CELEBRATE ABILITY

NWSRA

NORTHWEST SPECIAL RECREATION ASSOCIATION



2027

Winter Spring

Registration | Nov. 30 – Dec. 23

WINTER/SPRING PROGRAMMING
FEBRUARY 1 – MAY 1

Registration Begins
November 30, 2026 | 8:30am

Non-Resident Registration Begins
December 14, 2026

Registration Deadline
December 23, 2026

Scholarship Deadline
December 23, 2026

OFFICE HOURS

Monday - Friday
8:30 am - 5:00 pm except for holidays

Ph: 847-392-2848
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ABOUT **NWSRA**

NWSRA serves 17 northwest suburban communities in partnership with Member Park Districts, providing general recreation therapy programs, day camps, athletics, inclusion, trips, special events, leisure education, community adult day programs and 1:1 therapy.

WAYS TO REGISTER

Online
Visit nwsra.org/brochure to register online.

In Person
NWSRA 3000 W. Central Rd, Suite 205
Rolling Meadows, IL 60008



MISSION

To provide outstanding opportunities through recreation for children and adults with disabilities.

VISION

To be a leading force, creating greater options that enrich the life experiences of the participants, families and communities we serve.

VALUES

Teamwork: Support each other and work together

Respect: Be open, honest and kind

Enthusiasm: Exceed expectations

Collaboration: Combine resources to achieve common goals

Communication: Listen, share and adapt

Diversity: Self-evaluate, educate, celebrate, advocate and represent

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GOALS

C Cognitive Skills
CI Community Integration
HW Health & Wellness
I Independent Functioning
M Motor Skills
P Physical Skills
SE Social & Emotional Skills
SI Sensory Integration

ABBREVIATIONS

AUT Autism Spectrum
ID Intellectual Disability
P Physical Disability
V Visual Disability

CERTIFICATIONS

CIA Certified Inclusivity Assessor
CPRP Certified Park & Recreation Professional
CTRS Certified Therapeutic Recreation Specialist
PHR Professional in Human Resources
MH Mental Health

BOARD OF DIRECTORS

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WHEELING
Matt Wehby

BOARD MEETING
For Board Meeting dates and to access a copy of the meeting agenda, visit nwsra.org/board.

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Recreation Specialist

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Extend Your Saturday!

Saturday recreation is getting a refresh! Our new Saturday model is designed to give participants and families more flexibility, longer recreation opportunities and meaningful ways to spend the weekend.

Choose from one of the below programs that fits your participant's age, interests and support need - then, if you choose, pair it with an afternoon extension, allowing participants to continue their Saturday with friends while families enjoy the convenience of a longer, connected program day.

NWSRA staff will support transitions between designated programs, including transportation when indicated.

Look for **"Extend Your Saturday"** throughout the brochure for more infomation on the below programs!

Start Your Saturday

Saturday Mix
(formally Superstars)

Time:
11:00 am - 2:00 pm

Ages: 10 – 14

District Travelers

Time:
9:30 am - 1:30 pm

Ages: 14 – 21

Adventure Squad
(formally Venture Squad)

Time:
9:30 am - 1:30 pm

Ages: 21+

Weekend Wanderers
(formally Community Travelers)

Time:
9:30 am - 1:30 pm

Ages: 21+

Opportunities to Extend

The Weekend Hangout

Time:
1:30 - 4:30 pm

Ages
21+

Spare Time Bowlers

Time:
2:00 - 4:00 pm

Ages
14+

special **events**



NOTE: The program leader will communicate the pick-up and drop - off times once registration is closed and routes are established.

GOALS LEGEND | **C** Cognitive Skills **CI** Community Integration **HW** Health & Wellness **I** Independent Functioning **M** Motor Skills **P** Physical Skills **SE** Social & Emotional Skills **SI** Sensory Integration

PUTTSHACK Ages: 21 & older

Get ready to putt your way to an unforgettable adventure at the Puttshack in Oakbrook. This indoor miniature golf experience puts a modern, cool twist on traditional mini golf, featuring exciting courses, fun challenges, and a lively atmosphere. After mini golf we'll stay and grab some food and hang out with friends. Come ready to putt, laugh, compete, and have a whole lot of fun!

Group: All Abilities
Location: Puttshack • Oak Brook
Min/Max: 8/15
Ratio: 1:4 to independent
Goals: CI, I, S

Prog. #	Date	Day	Time	Fee
6101	1/11	M	5:00 - 7:30 pm	$95

Transportation Fee: $16

Transportation Location
Rolling Meadows Park Central
NWSRA Buffalo Grove
NWSRA Hanover Park

ENCHANTED CASTLE ADVENTURE Ages: 6 - 16

Get ready for an exciting day off of school at Enchanted Castle! Participants will have a blast playing games, exploring, and enjoying all the fun activities the castle has to offer. Come make new memories, have some laughs, and enjoy an adventure filled with fun and excitement!
PLEASE NOTE: Groupings will be split by age and ability

Group: All Abilities
Location: Lombard
Min/Max: 5/15
Ratio: 1:1 to independent
Goals: CI, I, S

Prog. #	Date	Day	Time	Fee
6102	1/18	M	10:00 - 3:00 pm	$95.00

Transportation Fee: $16

Transportation Location
Rolling Meadows Park Central
NWSRA Buffalo Grove
NWSRA Hanover Park

VALENTINE DANCE WITH NEDSRA & NISRA Ages: 18 & older

Join us for a heart-filled night of music, dancing, laughs, and Valentine's fun. Enjoy pizza, tasty snacks, and great company while we dance the night away with friends from other SRA's. Come ready to celebrate, have fun and make some sweet memories!

Group: All Abilities
Location: Lombard Commons
Min/Max: 5/15
Ratio: 1:2 to independent
Goals: CI, I, S

Prog. #	Date	Day	Time	Fee
6103	2/13	Sa	7:00 - 9:00 pm	$45.00

Transportation Fee: $16

Transportation Location
Rolling Meadows Park Central
NWSRA Hanover Park
NWSRA Buffalo Grove

FUN FRENZY Ages: 6 - 16

Play all day! No school means it's time for a day packed with fun! Join us for a little bit of everything as we go bowling, take a swim, wall climb, enjoy some gym time, and refuel with a pizza lunch. Come ready to play, move, laugh, and make some great memories with friends!
PLEASE NOTE: Groupings will be split by age and ability

Group: All Abilities
Location: The Club at Prairie Stone
Min/Max: 5/15
Ratio: 1:1 to independent
Goals: CI, I, S

Prog. #	Date	Day	Time	Fee
6104	2/15	M	10:00 - 3:00 pm	$95

Transportation Fee: $16

Transportation Location
Rolling Meadows Park Central
NWSRA Hanover Park
NWSRA Buffalo Grove

DRURY LANE - DOLLY PARTON'S 9-5 Ages: 21 & older

Grab your friends and enjoy a fun-filled afternoon of music, laughter, and fun! Experience Dolly Parton's catchy songs and the hilarious story of three coworkers who team up to take on their not-so-great boss. Get ready to sing along, laugh, and enjoy an entertaining afternoon at the theater!

Group: Ambulatory Only
Location: Drury Lane • Oakbrook Terrace
Min/Max: 5/10
Ratio: 1:4 to independent
Goals: CI, I, S

Prog. #	Date	Day	Time	Fee
6105	2/21	Sun	2:00 pm Showtime	$95

Transportation Fee: $16

Transportation Location
Rolling Meadows Park Central

WHITE FENCE FARM Ages: 21 & older

"The World's Greatest Chicken" is certainly a statement that has stood the test of time. White Fence Farm has earned a reputation over the years among diners as a truly unique, friendly, and courteous place to eat. It is a historic family-style American restaurant famous for its fried chicken and all you can eat corn fritters. After we eat we will take a peak at the vintage car museum that they have on site.

Group: All Abilites
Location: Romeoville
Min/Max: 5/15
Ratio: 1:2 to independent
Goals: CI, I, S

Prog. #	Date	Day	Time	Fee
6106	3/7	Su	4:00 - 6:30 pm	$75

Transportation Fee: $16

Transportation Location
Rolling Meadows Park Central

CHICAGO BULLS Ages: 21 & older

Get ready for a slam-dunk experience with NWSRA as we head to the United Center to watch the Chicago Bulls in action to take on the the Memphis Grizzlies. Join us for an unforgettable night filled with high-energy basketball, dazzling halftime entertainment, and all the excitement of a live NBA game.
Feel the roar of the crowd, cheer on your favorite players, and enjoy a night out with friends and teammates! Ticket and meal inlcuded, please bring money for souvenirs.

Group: All Abilities
Location: United Center • Chicago
Min/Max: 10/20
Ratio: 1:4 to independent
Goals: CI, I, S

Prog. #	Date	Day	Time	Fee
6107	3/13	Sa	7:00 pm Game Time	$140.00

Transportation Fee: $16

Transportation Location
Rolling Meadows Park Central

SPLISH SPLASH EGG DASH Ages: 3 - 8

Join us for a fun and exciting pool egg hunt for the Easter Bunny has hidden colorful floating eggs in the pool, each filled with cute water-proof trinkets. After the hunt, enjoy swimming with friends. **Families are required to stay for the duration of the event.** An NWSRA staff will be on site. Families are welcome to swim with their child as well.
***Check-in and pictures with the Easter Bunny at 11:45**

Group: All Abilities
Location: Arlington Ridge Center • Arlington Heights
Min/Max: 5/15
Ratio: 1:1 to Independent
Goals: CI, I, S

Prog. #	Date	Day	Time	Fee
6108	3/21	Sun	12:00 - 12:40 pm	$20.00



TAKE YOUR SHOT: LACROSSE CLINIC Ages: 16 & older

Join us for a Community Lacrosse Clinic designed to introduce players of all ages to the fundamentals of the sport. Whether you've never picked up a stick or just want to learn more, this event is a great way to get started. No experience or equipment needed. Sticks, goggles and balls will be provided. Please bring water, a lunch, sneakers and a positive attitude!

Group: Ambulatory Only
Location: Second City Lacrosse • Palatine
Min/Max: 5/15
Ratio: 1:4 to Independent
Goals: HW, MP, CI

Prog. #	Date	Day	Time	Fee
6110	TBD	Sa	TBD	$56.00

CHICAGO BLACKHAWKS Ages: 21 & older

Join NWSRA for an action-packed outing to see the Chicago Blackhawks hit the ice vs Seattle Kraken. Experience the thrill of hockey with fast-paced gameplay, exciting goals, and unforgettable fan moments. Cheer on the Blackhawks alongside friends and soak in the electric atmosphere of live hockey. Ticket and meal included, please bring money for souvenirs.

Group: All Abilities
Location: United Center • Chicago
Min/Max: 10/20
Ratio: 1:4 to independent
Goals: CI, I, S

Prog. #	Date	Day	Time	Fee
6109	4/10	Sa	5:00 pm Game Time	$140.00

Transportation Fee: $16

Transportation Location
Rolling Meadows Park Central

specialty **lessons**



GOALS LEGEND | **C** Cognitive Skills **CI** Community Integration **HW** Health & Wellness **I** Independent Functioning **M** Motor Skills **P** Physical Skills **SE** Social & Emotional Skills **SI** Sensory Integration

SWIM LESSONS

In these progressive, 30 minute swim lessons, swimmers are introduced to basic water skills, breath holding and a variety of submerging progressions, eventually leading the participant to unassisted swimming. The curriculum is broken into concepts, which are advanced and developed through each level using different techniques and skills. Please register for preferred time online.

Meet on swim deck for all swim programs. The Illinois Department of Public Health requires that all participants not completely toilet trained must wear tight fitting plastic pants under swimwear.

No Program: 3/23, 3/24, 3/25

Prog. #	Ages	Goals	Day	Time	Dates	Location	Fee	Min/Max
1010 - 1015	3 - 16 yrs.	M, P	T	4:00 - 7:00 pm	2/2 - 4/27	Arlington Ridge Center	$420.00	2/5
1020 - 1025	3 - 16 yrs.	M, P	W	4:00 - 7:00 pm	2/3 - 4/28	Jack Claes Pavilion • Elk Grove Village	$420.00	2/5
1030 - 1035	3 - 16 yrs.	M, P	T	4:00 - 7:00 pm	2/2 - 4/27	Wheeling Community Recreation Center	$420.00	2/5
1040 - 1045	3 - 16 yrs.	M, P	Th	4:00 - 7:00 pm	2/4 - 4/29	Park Place • Streamwood	$420.00	2/5





MUSIC

GUITAR LESSONS Ages: 7 & older

Jam to great music, while learning about guitar technique and performance.
NOTE: Please register for preferred time online.

Group: All Abilities
Location: Music Room • NWSRA Rolling Meadows
Min/Max: 1/4 per program
Goals: M, C
No Program: 3/23

Prog. #	Dates	Day	Time	Fee
1080 - 1083	2/2 - 4/27	T	4:15 - 6:15 pm	$420.00

MUSIC

VOICE & PIANO LESSONS Ages: 7 & older

Improve voice control, tone and technique while singing some of your favorite songs or discover your musical talent and improve your rhythm, hand-eye and fine motor coordination while learning to play the piano.
NOTE: Please register for preferred time online.

Group: All Abilities
Location: Music Room • NWSRA Rolling Meadows
Min/Max: 1/8 per program
Goals: M, C
No Program: 2/15, 3/22

Prog. #	Dates	Day	Time	Fee
1070 - 1078	2/1 - 4/26	M	4:00 - 8:30 pm	$385.00

MUSIC

DRUM LESSONS Ages: 7 & older

Tap out rhythms and feel the beat while learning drumming techniques and performing on a drum set, snare drum, bells and a variety of rhythm instruments.
NOTE: Please register for preferred time online.

Group: All Abilities
Location: Music Room • NWSRA Rolling Meadows
Min/Max: 1/4 per program
Goals: M, C
No Program: 3/23

Prog. #	Dates	Day	Time	Fee
1090 - 1094	2/2 - 4/27	T	6:15 - 8:45 pm	$420.00



1:1 therapy programming

All sessions are conducted individually or with siblings and are scheduled in 45-minute increments. Please select your preferred time when completing your registration. Please note that dates are subject to change based on availability. Sessions may be recorded, and an additional waiver may be required prior to participation.

SNOEZELEN SENSORY ROOM

SNOEZELEN® ROOM

Sensory therapy consists of placing an individual in a soothing and stimulating environment, called the "Snoezelen Room." This room is specially designed to deliver stimuli to various senses using lighting effects, color, sounds, music, scents, etc.
Note: Location subject to change
No Program: 2/15, 3/22, 3/23, 3/24, 3/25

Age: 3 yrs. & older
Group: All Abilities
Location: 1120 - Snoezelen Room • NWSRA Rolling Meadows
1121 - Snoezelen Room • NWSRA Rolling Meadows
1122 - Snoezelen Room • NWSRA Mt. Prospect
1123 - Snoezelen Room • NWSRA Wheeling
Min/Max: 1/4 per program
Goals: SI

Prog. #	Dates	Day	Time	Fee
1120	2/1 - 4/26	M	2:30 - 5:30 pm	$385.00
1121	2/2 - 4/27	T	2:30 - 5:30 pm	$420.00
1122	2/3 - 4/28	W	2:30 - 5:30 pm	$420.00
1123	2/4 - 4/29	Th	2:30 - 5:30 pm	$420.00

MEDIA LAB

Media Lab

The fully accessible Media Lab opens endless possibilities through next-level technology. The Media Lab hosts Virtual Reality, 3D printing, fully adjustable computers, a 70 inch iPad and so much more! Participants will learn stress-reduction techniques, expand their minds through endless virtual worlds and explore their interests through technology.
No Program: 3/23, 3/25

Age: 3 yrs. & older
Group: All Abilities
Location: 1140 - Media Lab • NWSRA Buffalo Grove Fitness
1141 - Media Lab • NWSRA Rolling Meadows
Min/Max: 1/4 per program
Goals: C, I

Prog. #	Dates	Day	Time	Fee
1140	2/2 - 4/27	T	2:30 - 5:30 pm	$324.00
1141	2/4 - 4/29	Th	2:30 - 5:30 pm	$324.00

COMMUNITY SENSORY GARDEN & GREENHOUSE

accessible greenhouse
sensory garden

The NWSRA Community Sensory Garden welcomes individuals of all ability levels to explore, play, learn, and grow in a natural environment. The garden features plants, vegetables, an accessible walkway, seating and several interactive amenities that cultivate an increased connection to nature. Through the knowledge and expertise of Certified Therapeutic Recreation Specialists (CTRS) and Certified Park and Recreation Professionals (CPRP), children and adults expand their boundaries through nature-based learning and play.
No Program: 3/24

Age: 3 yrs. & older
Group: All Abilities
Location: 1130 - Sensory Garden • NWSRA Hanover Park
1131 - Greenhouse • NWSRA Wheeling
Min/Max: 1/4 per program
Goals: SI, CI

Prog. #	Dates	Day	Time	Fee
1130	4/5 - 4/26	M	2:30 - 5:30 pm	$120.00
1131	2/3 - 4/28	W	2:30 - 5:30 pm	$360.00

CLUB WELLNESS

Club Wellness is a complete activity-rich program of fitness, nutrition and wellness training designed specifically for people with intellectual disabilities, and effective for all. This unique program builds a team culture of inclusion, support and encouragement which is led by a certified Club Wellness Trainer. 1:1 Club Wellness sessions can be in-person or virtual, please indicate when registering.
No Program: 2/15, 3/22, 3/24

Age: 8 yrs. & older
Group: All Abilities
Location: 1150 NWSRA Hanover Park
1151 NWSRA Wheeling
Min/Max: 1/4 per program
Goals: HW, M, P

Prog. #	Dates	Day	Time	Fee
1150	2/1 - 4/26	M	2:30 - 5:30 pm	$297.00
1151	2/3 - 4/28	W	2:30 - 5:30 pm	$324.00

athletics



GOALS LEGEND

C Cognitive Skills **CI** Community Integration **HW** Health & Wellness **I** Independent Functioning
M Motor Skills **P** Physical Skills **SE** Social & Emotional Skills **SI** Sensory Integration

NOTE: All Athletes planning to compete on NWSRA Lightning Teams must have a current Special Olympics Center of Excellence (COE) portal by the second week of program good through the state competition.

For more information please contact: Lexi Brandlin at abrandlin@nwsra.org or 847-392-2848, ext. 268

COMPETITIVE

GYMNASTICS TEAM • Age: 8 yrs. & older

Develop coordination, balance and basic gymnastics skills. Training for Special Olympics competition is offered with the NWSRA Gymnastics Team, new athletes accepted on team in the fall.
No Program: 3/27

Group: All Ambulatory Athletes
Location: Palatine Community Center
Min/Max: 5/15
Goals: M,HW,P,I
Ratio: 1:4 to Independent

Prog. #	Dates	Day	Time	Fee
7300	1/16 - 5/1	Sa	7:45 - 8:45 am	$240.00

COMPETITIVE

SWIM TEAM • Age: 16 yrs. & older

Swimmers will work on strokes, developing their swimming techniques and endurance. Swimmers must be able to swim half a length of freestyle, put face in water, swim unassisted and swim half a length of backstroke/ back kick in the proper position to be ready to participate in this program. Swimmers will compete in Special Olympics and other meets offered.
No Progam: 2/15, 3/22

Group: All Ambulatory Athletes
Location: Arlington Ridge Center • Arlington Heights
Min/Max: 5/15
Goals: M, S, HW
Ratio: 1:4 to Independent

Prog. #	Dates	Day	Time	Fee
7601	2/1 - 4/26	M	6:00 - 7:00 pm	$192.00
7602	2/1 - 4/26	M	7:00 - 9:00 pm	$192.00



COMPETITIVE

CO-REC SOFTBALL • Age: 16 yrs. & older

Athletes will compete in tournament play with other special recreation associations through the summer. Participants must participate in practices in order to compete during league play and Special Olympics Competition.

Group: All Ambulatory Athletes
Location: Park Central • Rolling Meadows
Min/Max: 11/30
Ratio: 1:4 to Independent
Goals: M,HW,SE,C
Note: At the first practice on May 4, athletes will be assessed from 6:30pm to 7:30pm. Players will then be divided into teams based on ability, age and team chemistry.

Prog. #	Dates	Day	Time	Fee
7020	5/4 - 7/20	T	6:30 - 7:30 pm	$192.00

SKILL DEVELOPMENT

SUNSHINE THROUGH GOLF Ages:8 & older

This lesson is designed for beginner golfers. Golfers will receive close supervision as they develop their golf skills at the driving range and putting greens. Please bring your own clubs or clubs will be provided if needed. Players with current Medical Applications will be able to compete in the Special Olympics Golf Skills Qualifier in July.

Group: All Ambulatory Athletes
Location: Old Orchard Country Club • Mt. Prospect
Min/Max: 4/10
Goals: M, P, HW
Ratio: 1:4 to Independent

Prog. #	Dates	Day	Time	Fee
1437	5/5 - 6/9	T	6:00 - 7:00 pm	$96

COMPETITIVE

POWERLIFTING TEAM • Age: 16 yrs. & older

Improve athlete's general health, strength and quality of life. Athletes will be training to compete in Special Olympics competition.
No Program: 2/15, 3/22, 3/25

Group: All Ambulatory Athletes
Location: CrossFit Arioch • Elgin
Min/Max: 5/12
Goals: M, S, HW
Ratio: 1:4 to Independent

Prog. #	Dates	Day	Time	Fee
7030	2/1 - 4/26	M	6:00 - 7:30 pm	$370.00
7031	2/4 - 4/29	Th	6:00 - 7:30 pm	$370.00

Transportation: Fee included in program fee.

Transportation Location	Pick Up	Drop Off
Park Central • Rolling Meadows	5:15 pm	8:00 pm

SKILL DEVELOPMENT

GAME ON: ADAPTIVE ATHLETICS Ages: 14+

Join us as we bring Paralympic athletics and more to NWSRA! Every 1–2 weeks, participants will explore a new sport through activities designed specifically for them. Equipment and entry fees are included in the program fee.
No Program: 3/22

Group: PV
Location: Location Varies
Min/Max: 4/8
Ratio: 1:4 to Independent
Goals: TBD

Prog. #	Dates	Day	Time	Fee
2350	2/2 - 4/27	M	5:00 - 6:30 pm	$240.00



COMPETITIVE

CO-REC SOCCER • Age: 16 yrs. & older

Score with more soccer skills development and conditioning during the winter session and league play during the spring. **Participants must participate in practices in order to compete during league play.**
No Program: 3/24

Group: All Ambulatory Athletes
Location: Location Varies
Min/Max: 7/20
Goals: M, S, HW
Ratio: 1:4 to Independent
Note: At first practice on February 3, athletes will be assessed from 6:30-7:30pm. Players will then be divided into teams based on ability, age, and team chemistry.

Prog. #	Dates	Day	Time	Fee
7040	2/3 - 4/28	W	6:30 - 7:30 pm	$192.00

COMPETITIVE

TRACK & FIELD • Age: 16 yrs. & older

Train for peak performance to increase strength, coordination and flexibility. Don't delay! Special Olympics requires 8 weeks of continuous training to compete in Spring Games. Space is limited and only open to athletes competing on the NWSRA team.
No Program: 3/25

Group: All Ambulatory Athletes
Location: Carl Sandburg Jr. High • Rolling Meadows
Min/Max: 5/30
Goals: M,HW,P,I
Ratio: 1:4 to Independent

Prog. #	Dates	Day	Time	Fee
7050	2/4 - 4/29	Th	5:30 - 6:30 pm	$192.00
7051	2/4 - 4/29	Th	6:30 - 7:30 pm	$192.00

COMPETITIVE

GOLF LEAGUE • Age: 16 yrs. & older

Play 6 - 9 holes of golf each week with a four-some of golfers. Learn golf course etiquette and improve your game. Monday's program is geared toward advanced golfers and Thursday's program is geared toward intermediate golfers.
No Program: 5/31

Group: All Ambulatory Athletes
Location: Arlington Lakes Golf Club • Arlington Heights
Min/Max: 4/12
Ratio: 1:4 to Independent
Goals: M, C, HW
Note: Must provide your own clubs and be able to walk 9 holes of golf, consistently hit the ball a minimum of 50 yards and have participated in NWSRA golf lessons previously.

Prog. #	Dates	Day	Time	Fee
7200	5/3 - 6/28	M	5:00 - 7:30 pm	$128.00
7201	5/6 - 7/8	Th	5:00 - 7:30 pm	$144.00



NWSRA BOOSTER CLUB

SLSF
MAKING AN IMPACT FOR NWSRA

BECOME A BOOSTER

The NWSRA Lightning Athletic Booster Club was established as a committee under SLSF, a 501 (c)(3) charity that is the fundraising arm of NWSRA. The Booster Club is comprised of parents and friends of Lightning Athletes working together to enhance athletic opportunities through increased funding toward transportation to competitions, housing for tournaments, equipment and uniforms. Here are some examples of support, with your help, that the Booster Club looks forward to providing:

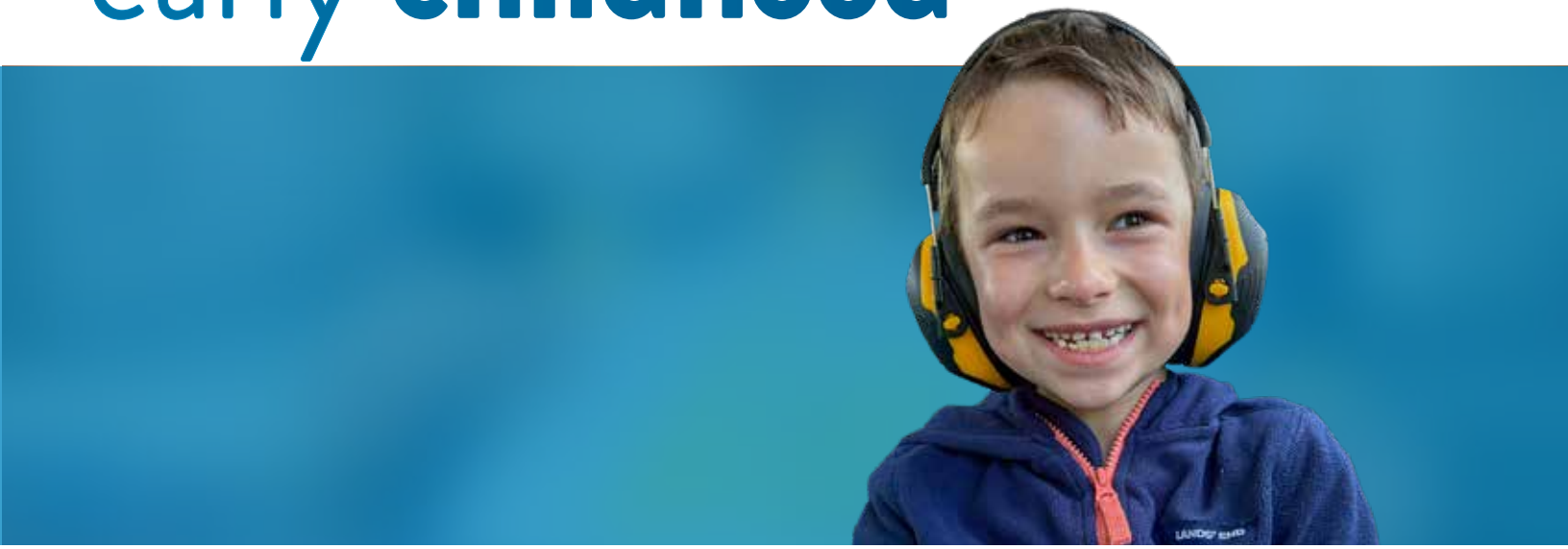
- **Equipment and uniforms for NWSRA Lightning Athletic teams**
- **Volunteering at tournaments NWSRA hosts**
- **Creating and supporting fundraising opportunities**

Over 200 NWSRA Lightning Athletes compete year-round in a variety of 16 sports including basketball, softball, swimming, golf, bowling, and so much more!

If you are interested in joining or learning more about Booster Club activities, please contact Lexi Brandlin at (847) 392-2848 ext. 268 or e-mail abrandlin@nwsra.org

early childhood

AGE: 3 - 6 YEARS



GOALS LEGEND

C Cognitive Skills **CI** Community Integration **HW** Health & Wellness **I** Independent Functioning
M Motor Skills **P** Physical Skills **SE** Social & Emotional Skills **SI** Sensory Integration

THERAPY

AUTISM MOVEMENT THERAPY® Ages: 3 - 6

Come join your peers exploring the benefits of structured movements, dance, and music. This program uses different tools to help improve your child's engagement and participation in a group environment.
No Program: 3/23

Group: Autism Spectrum
Location: Schaumburg Community Recreation Center • Schaumburg
Min/Max: 4/6
Ratio: 1:1 to Independent
Goals: M, SI

Prog. #	Dates	Day	Time	Fee
2080	2/2 - 4/27	T	4:30 - 5:15 pm	$240.00

Extend Your Evening!

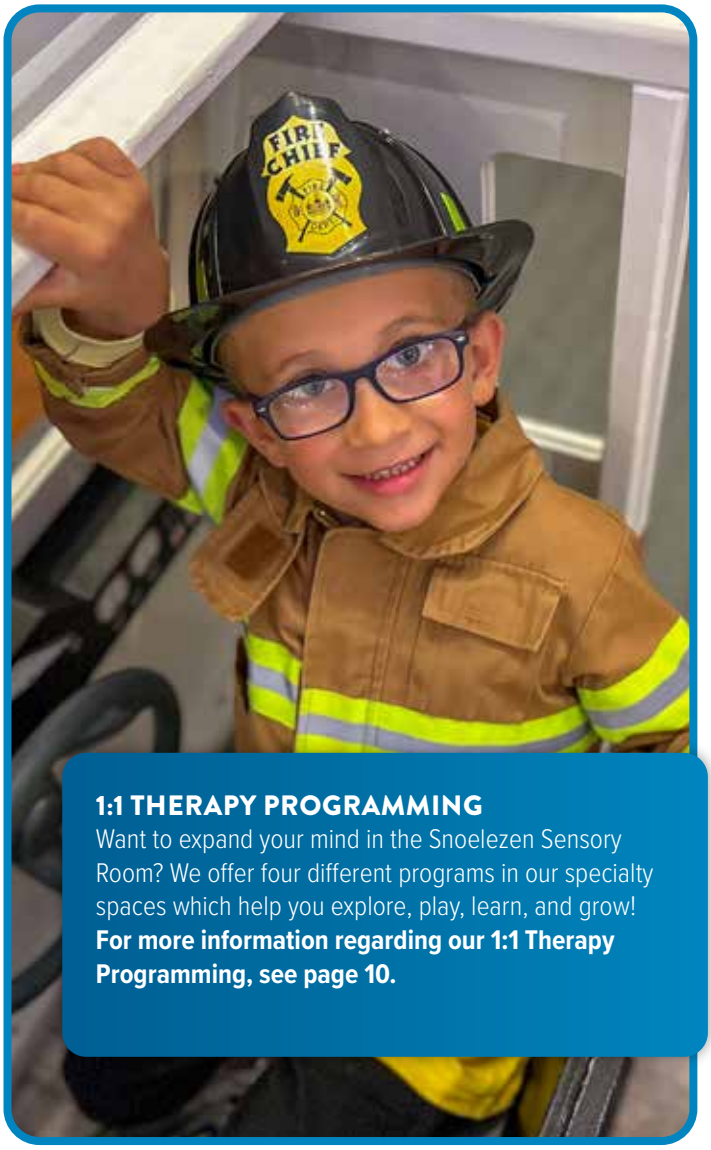
SOCIAL

STORY SPROUTS Age: 3 - 6 yrs.

Each week, children will enjoy a different interactive story time followed by a hands-on sensory activity connected to the weekly theme — from sensory bins and art projects to simple science and tactile play. This program encourages language development, fine motor skills, social interaction, and sensory exploration in a supportive and inclusive environment. Perfect for young learners who love stories, discovery, and creative play!
No Program: 3/23

Group: All Abilities & Siblings
Location: Schaumburg Community Recreation Center • Schaumburg
Min/Max: 4/6
Ratio: 1:1 to Independent
Goals: C, SE

Prog. #	Dates	Day	Time	Fee
1690	2/2 - 3/9	T	5:30 - 6:15 pm	$90.00
2450	3/16 - 4/27	T	5:30 - 6:15 pm	$90.00



1:1 THERAPY PROGRAMMING

Want to expand your mind in the Snoelezen Sensory Room? We offer four different programs in our specialty spaces which help you explore, play, learn, and grow!
For more information regarding our 1:1 Therapy Programming, see page 10.

SOCIAL

MINI SPORT STARS Ages: 3 - 6

This fun-filled program is designed especially for children explore movement, coordination, and teamwork through play! Kids will get the chance to kick, throw, bounce, and roll balls while trying out simple versions of kickball, soccer, baseball, and basketball. With plenty of space to run around in the gym, little ones can build confidence, burn energy, and most importantly—have fun!
No Program: 3/24

Group: All Abilities & Siblings
Location: Vogelei Barn • Hoffman Estates
Min/Max: 4/6
Ratio: 1:1 to Independent
Goals: P, SE

Prog. #	Dates	Day	Time	Fee
1635	2/3 - 3/10	W	4:30 - 5:15 pm	$90.00
2440	3/17 - 4/28	W	4:30 - 5:15 pm	$90.00

SOCIAL

SATURDAY CLUBHOUSE Ages: 3 - 6

Saturday mornings are made for play! Saturday Clubhouse offers an engaging morning of recreation designed especially for our youngest participants. Children will build confidence, friendships and independence through creative projects, active games, music and movement, sensory activities, imaginative play and more.

Each week provides a balance of structured activities and opportunities for choice, giving participants plenty of time to play, explore and connect with friends.
Please bring: A labeled snack and drink.
No Program: 3/27

Group: All Abilities & Siblings
Location: NWSRA Rolling Meadows
Min/Max: 4/8
Ratio: 1:1 to Independent
Goals: SE

Prog. #	Dates	Day	Time	Fee
1850	2/6 - 5/1	Sa	9:00 - 11:00 am	$360.00





SKILL DEVELOPMENT

TUMBLING TOTS Ages: 3 - 6

Jump, roll and tumble! Young participants will build balance, coordination, strength and confidence while exploring introductory gymnastics skills through movement, play and age-appropriate activities.
No Program: 3/27

Group: All Abilities & Siblings
Location: Willow Recreation Center • Hoffman Estates
Min/Max: 4/6
Ratio: 1:1 to Independent
Goals: M, P

Prog. #	Dates	Day	Time	Fee
1560	2/6 - 5/1	Sa	3:00 pm - 3:45 pm	$240.00

spring **day camps**



Spring Day Camps are full of exploration, play, and unique experiences that will create independence, friendships and lifelong skills. Campers will engage in various activities, swim at an indoor pool and experience a field trip in the community. Camp experiences are based off the four Day Camp Goals: Leisure Awareness, Self Awareness, Community Awareness and Health Awareness. Transportation is not provided during Spring Break Camp.

Ratio: 1:1 to Independent - **Registration Deadline:** February 19

Please contact Kate Moran, kmoran@nwsra.org or at 847-392-2848, ext. 274 for more information.

Camp Name	Prog. #	Min/Max	Dates	Time	Ages	Location	Fee
little sunflowers	**4310**	5/15 per camp	**All Camps** March 22 - 25	**All Camps** 8:30 am - 2:30 pm	3 - 6 years	**NWSRA Hoffman Estates**	$252.00 per camp
Spring it Up!	**4320**				7 - 11 years	**NWSRA Mt. Prospect**	
Spring Explorers	**4330**				12 - 16 years	**NWSRA Rolling Meadows**	
Rainblazers	**4340**				17 - 21 years	**NWSRA Wheeling**	

NOTE: Register early, as these camps fill up quickly. Registrations are received on a first come, first served basis. After the maximum has been met, a waiting list will be started with every effort made to accommodate those on the waiting list. Participants are grouped by age and ability. **Bring a labeled sack lunch, drink, snack, swimsuit, and towel each day. Participants not yet toilet trained must wear snug fitting plastic pants under their swimsuit. Dress appropriately for the weather.**

PREVIEW TO SUMMER CAMP

9 Week Camp Dates: June 7 - August 6
4 Week Camp Dates: July 6 - July 30
Day Camp Hours: 8:30 am - 2:30 pm

After Care Hours: 2:30 - 6:00 pm

School District Camp Dates based on school district ESY Calendar.

Anyone who registers after registration deadline will be placed on a waitlist and contacted if space is available.

CELEBRATE ABILITY

NWSRA

NORTHWEST SPECIAL RECREATION ASSOCIATION

INCLUSION SERVICES



WHAT IS **INCLUSION?**

At NWSRA and our member park districts, inclusion isn't just required; it's something we truly value. We believe individuals of all abilities deserve meaningful access to recreation and community programs. We work together to identify and provide reasonable modifications, ensuring successful participation for individuals with disabilities, at no additional cost.

HOW TO **REQUEST SUPPORT**

To request inclusion support, simply indicate your need for a reasonable modification during registration with your home park district by checking the ADA box, typically found on the registration form. After registering, the program supervisor will contact you to gather additional information and connect with NWSRA's Inclusion Coordinator who oversees that park district.

SUPPORT PROVIDED MAY INCLUDE:

- Adaptive Equipment
- Individualized Resources (behavioral plan, visual schedule, communication board, incentive charts, etc.)
- Facilitation of Personal Care Plans
- Placement of Inclusion Aide
- Coaching Member Park District Staff

> Inclusion provides **increased social interaction, independent and positive peer modeling.**

WHY **INCLUSION?**

While many individuals achieve their recreation goals through NWSRA programs, others may thrive in their local park district activities. Inclusion is about creating opportunities for people with and without disabilities to participate together. Inclusive recreation helps individuals with disabilities build skills for life in an integrated community and just as importantly, it helps communities embrace and celebrate individual diversity.

For more information contact the Manager of Inclusion Services, Andi Criswell, or ask to speak to a member of the Inclusion Department at (847) 392-2848

school age

AGE: 6 - 21 YEARS



GOALS LEGEND | **C** Cognitive Skills **CI** Community Integration **HW** Health & Wellness **I** Independent Functioning **M** Motor Skills **P** Physical Skills **SE** Social & Emotional Skills **SI** Sensory Integration

THERAPY

AUTISM MOVEMENT THERAPY® Ages: 7 - 14

Come join your peers exploring the benefits of structured movements, dance, and music. This program uses different tools to help improve your child's engagement and participation in a group environment.
No Program: 3/23

Group: Autism Spectrum
Location: Schaumburg Community Recreation Center • Schaumburg
Min/Max: 4/6
Ratio: 1:1 to Independent
Goals: M, SI

Prog. #	Dates	Day	Time	Fee
2085	2/2 - 4/27	T	5:30 - 6:15 pm	$240.00

SKILL DEVELOPMENT

LEVEL UP GAMING Ages: 14 - 21

Want to expand your technology knowledge? Come explore the NWSRA Media Lab Accession Technology Center. You will get to experience a giant Padzilla, adapted TapIt System, Virtual Reality, 3D printer, Microsoft Xbox and Nintendo Switch video games.
No Program: 3/25
Group: All Abilities
Location: Media Lab • NWSRA Rolling Meadows
Min/Max: 4/8
Ratio: 1:4to Independent
Goals: C, SE, I

Prog. #	Dates	Day	Time	Fee
2120	2/4 - 4/29	Th	6:30 - 7:30 pm	$240.00

SKILL DEVELOPMENT

PARKOUR Ages: 6 - 14

Come climb, run, and jump through creative obstacle courses! A certified instructor will work with you to learn basic skills mixed with movement activities such as strength, agility and safety.
No Program: 3/24

Group: All Abilities
Location: The Zone • Mt. Prospect
Min/Max: 4/10
Ratio: 1:2 to Independent
Goals: HW, M, P

Prog. #	Dates	Day	Time	Fee
2010	2/3 - 4/28	W	4:50 - 5:50 pm	$276.00

SKILL DEVELOPMENT

BROADWAY BUDDIES Ages: 14 - 21

Big Deal Productions and NWSRA are pleased to be together again this year. The newly envisioned Broadway Buddies program is back; and, this year will be better than ever! In our accessible program, our community of actors, on stage support, and production team will work together to gain confidence, learn ensemble skills, and integrate acting techniques, as we work to put together our performance!
No Program: 3/23

Group: All Abilities
Location: Community Arts Center • Buffalo Grove
Min/Max: 4/20
Ratio: 1:4 to Independent
Goals: SE, I, CI

Prog. #	Dates	Day	Time	Fee
2070	2/2 - 4/27	T	5:00 - 6:00pm	$240.00

SOCIAL

TRAVELIN' TEENS Ages: 14 - 21

Improve independence, money management skills and socialization while going on adventures with friends! Activities are planned by the participants and may include trips to the mall, nature center, bowling alley and more. A schedule will be given to families the second week.
No Program: 3/23

Group: All Abilities
Location: NWSRA Rolling Meadows
Min/Max: 4/10
Ratio: 1:2 to Independent
Goals: CI, SE, I

Prog. #	Dates	Day	Time	Fee
2250	2/2 - 4/27	T	4:00 - 6:00 pm	$408.00

Transportation: Please indicate pick up and drop off location at registration.
Fee: $96 one way, $192 round trip

Transportation Location	Pick Up	Drop Off
Higgins Education Center	3:00 pm	None
Hoffman Estates High School	2:45 pm	None
Forest View Educational Center	2:30 pm	None
Palatine High School	3:30 pm	None
Hersey High School	3:00 pm	None
Vogelei House • Hoffman Estates	None	6:00 pm
NWSRA Park Central	None	6:00 pm

SOCIAL

HANGOUT HUB Ages: 14 - 21

Come spend your afternoon connecting with friends, playing games, getting creative, enjoying snacks, and trying new activities.
Group: Autism Spectrum
No Program: 3/25
Location: NWSRA Hoffman Estates
Min/Max: 4/10
Ratio: 1:1 to Independent
Goals: SE, C, I

Prog. #	Dates	Day	Time	Fee
2252	2/4 - 4/29	Th	4:00 - 6:00 pm	$336.00

Transportation: Please indicate pick up and drop off location at registration.
Fee: $96 one way, $192 round trip

Transportation Location	Pick Up	Drop Off
Higgins Education Center	3:00 pm	None
Hoffman Estates High School	2:45 pm	None
Forest View Educational Center	2:30 pm	None
Palatine High School	3:30 pm	None
Hersey High School	3:00 pm	None
Vogelei House • Hoffman Estates	None	6:00 pm
NWSRA Park Central	None	6:00 pm

SOCIAL

FITNESS FRENZY Ages: 14 - 21

Ready to get moving, have fun, and feel your best? Come build strength, improve endurance, and try new activities! Discover fun ways to stay active all in a supportive, no-pressure environment. Whether you're a fitness pro or just getting started, there's something for everyone
No Program: 3/24

Group: All Abilities
Location: NWSRA Mt. Prospect
Min/Max: 4/10
Ratio: 1:1 to Independent
Goals: SE, C, I

Prog. #	Dates	Day	Time	Fee
2251	2/3 - 4/28	W	4:00 - 6:00 pm	$336.00

Transportation: Please indicate pick up and drop off location at registration.
Fee: $96 one way, $192 round trip

Transportation Location	Pick Up	Drop Off
Higgins Education Center	3:00 pm	None
Hoffman Estates High School	2:45 pm	None
Forest View Educational Center	2:30 pm	None
Palatine High School	3:30 pm	None
Hersey High School	3:00 pm	None
Vogelei House • Hoffman Estates	None	6:00 pm
NWSRA Park Central	None	6:00 pm



SKILL DEVELOPMENT

GAMES & SPORTS CLUB Ages: 6 - 14

Join your peers for an active hour of games, sports, and skill-building! Participants will explore a variety of recreational and team sports while developing fundamental movement and sports skills. Activities will be adapted to meet individual ability levels, with an emphasis on teamwork, sportsmanship, social interaction, and having fun.
No Program: 3/26

Group: All Abilities
Location: Vogelei Barn • Hoffman Estates
Min/Max: 4/8
Ratio: 1:1 to Independent
Goals: HW, M, P

Prog. #	Dates	Day	Time	Fee
2350	2/5 - 4/30	F	4:00 - 5:00 pm	$240.00

SOCIAL

DISTRICT TRAVELERS Ages: 14 - 21

Get out and explore with friends! District Travelers gives teens and young adults opportunities to enjoy recreation in the community while building independence, social skills and community awareness. Participants will visit a variety of destinations while practicing decision-making, money management and positive use of leisure time. Participants should be able to safely participate in community settings, stay with the group, transition between activities with minimal prompting and interact appropriately in public. NWSRA will determine readiness based on safety, support needs and scheduled activities.
No Program: 3/27

Group: All Abilities
Location: NWSRA Hoffman Estates
Min/Max: 4/10
Ratio: 1:4 to Independent
Goals: CI, SE, I

Extend Your Saturday!

Prog. #	Dates	Day	Time	Fee
2500	2/6 - 5/1	Sa	9:30 - 1:30 pm	$816.00

Transportation: Please indicate pick up and drop off location on registration.
Fee: $96 one way, $192 round trip

Transportation Location	Pick Up	Drop Off
Hanover Park Community Center	9:00am	2:00 pm
Buffalo Grove Fitness Center	9:00am	2:00 pm

Participants can continue their afternoon with Spare Time Bowlers from 2:00–4:00 pm. Transportation from District Travelers to Spare Time Bowlers is available for an additional fee and must be selected during registration. Separate registration for Spare Time Bowlers is required.



SKILL DEVELOPMENT

GYMNASTIC SKILLS Ages: 6 - 10

Not ready for the Lightning Gymnastics Team yet? In this program you will sharpen your skills in balance, core strength and coordination to meet your gymnastic goals and even make the Gymnastics Team.
No Program: 3/27

Group: All Ambulatory
Location: Willow Recreation Center • Hoffman Estates
Min/Max: 4/8
Ratio: 1:1 to Independent
Goals: M, P

Prog. #	Dates	Day	Time	Fee
2065	2/6 - 5/1	Sa	3:45 - 4:30 pm	$252.00

SOCIAL

SATURDAY PLAY LAB Ages: 6 - 10

Experiment with fun at Saturday Play Lab! Participants will move, create, play and connect through a rotating mix of active games, fitness, creative projects, group challenges and social activities. Each Saturday offers opportunities to explore new leisure interests, practice skills and build friendships while developing confidence and independence. With three hours to play, create and discover, no two Saturdays have to look the same! Please bring: A labeled snack and drink.
No Program: 3/27

Group: All Abilities
Location: RecPlex • Mt. Prospect
Min/Max: 4/8
Ratio: 1:1 to Independent
Goals: M, SE

Prog. #	Dates	Day	Time	Fee
2770	2/6 - 5/1	Sa	9:00 - 11:00 am	$336.00

SOCIAL

SATURDAY MIX Ages: 10 - 14

Mix up your Saturday! Saturday Mix combines recreation, fitness and social fun through activities like swimming, gym games, creative projects and group challenges. Participants will explore new interests, build friendships and develop confidence and independent leisure skills. Please bring: A labeled lunch, drink, swimsuit and towel. Participants who are not completely toilet trained must wear tight-fitting plastic pants. Parent pick-up will take place on the pool deck.
No Program: 3/27

Group: All Abilities
Location: RecPlex • Mt. Prospect
Min/Max: 4/8
Ratio: 1:1 to Independent
Goals: M, SE, SI

Extend Your Saturday!

Prog. #	Dates	Day	Time	Fee
2780	2/6 - 5/1	Sa	11:00 - 2:00 pm	$504.00

SOCIAL

SPARE TIME BOWLERS Ages: 14 - 21

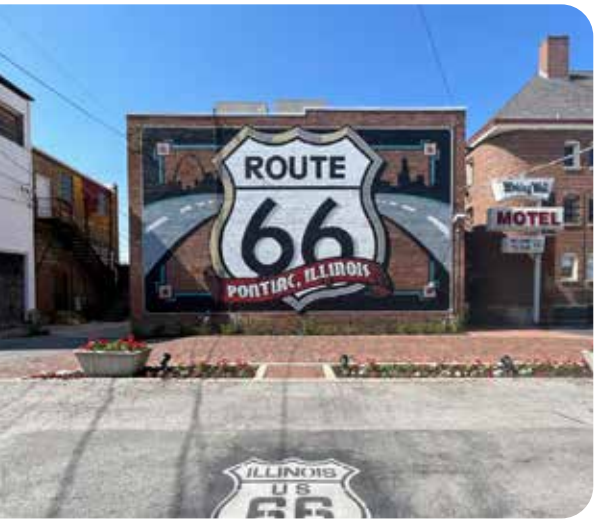
Hit the lanes with friends! Enjoy an afternoon of bowling, socializing and friendly competition. This program can be paired with District Travelers, Adventure Squad, or Weekend Wanderers for a longer Saturday experience. Transportation from these designated programs to Spare Time Bowlers is available for an additional fee and must be selected during registration for the morning program.
No Program: 3/27

Group: All Abilities
Location: Bowlero • Mt. Prospect
Min/Max: 4/15
Ratio: 1:4 to Independent
Goals: M, SE, CI

Extend Your Saturday!

Prog. #	Dates	Day	Time	Fee
3140	2/6 - 5/1	Sa	2:00 - 4:00 pm	$432.00

trips



Overnight Route 66

Age: 21 yrs. & older

Get Your Kicks on Route 66! Hit the road with NWSRA for a two-day getaway along the legendary Route 66. Traveling south from the Chicago area, we'll experience the history, nostalgia, and unique character of the Mother Road, with stops at iconic landmarks, classic roadside attractions, local restaurants, and interesting towns. Explore new places, enjoy great company, and make lasting memories along the way! **Note:** The final cost of the trip may vary slightly based on current travel expenses, including airfare, lodging, meals, attractions, leadership, and transportation. Final pricing will be confirmed once travel arrangements are secured.

Prog. # 9010
Dates: 3/19 - 3/20
Fee: $600 - $675
Group: PV Adults
Ratio: 1:2 to independent

Min/Max: 5/10
Goals: HW, M, P

Departure & Arrival Times will be communicated at least 1 month prior to program.

PV Long Trip Pigeon Forge, TN

Scan to learn more about the long trip guidelines

Age: 21 yrs. & older

Adventure is calling! Join us for an unforgettable getaway to Gatlinburg, Pigeon Forge, Dollywood, and the Great Smoky Mountains! Spend four days exploring beautiful mountain scenery, enjoying exciting attractions, discovering local shops and restaurants, and making memories with friends. **Note:** The final cost of the trip may vary slightly based on current travel expenses, including airfare, lodging, meals, attractions, leadership, and transportation. Final pricing will be confirmed once travel arrangements are secured.**All travelers will need a Real ID compliant Driver's License/ID, or valid passport to board domestic flights and enter federal buildings. Real ID's are marked with a star.**

Prog. # 9031
Dates: 4/30 - 5/3
Fee: $2,500 - $2,650
Group: PV Adults
Ratio: 1:2 to independent

Min/Max: 5/8
Goals: HW, M, P

Departure & Arrival Times will be communicated at least 1 month prior to program.





ID Short Trip Galena, IL

Age: 21 yrs. & older

Escape to the charming town of Galena for a relaxing getaway filled with small-town charm, scenic views, and fun! Explore the historic downtown, browse unique shops, enjoy delicious local dining, and take in the beautiful sights of this picturesque Illinois destination. Whether you're looking to unwind, explore, or make new memories, this trip has something for everyone! The bus will depart Thursday morning and Return Saturday afternoon to the NWSRA Office.**Note:** The final cost of the trip may vary slightly based on current travel expenses, including airfare, lodging, meals, attractions, leadership, and transportation. Final pricing will be confirmed once travel arrangements are secured.

Prog. # 9020
Dates: 5/13 - 5/15
Fee: $1,200 - $1,350
Group: ID Adults
Ratio: 1:4 to independent

Min/Max: 8/10
Goals: HW, M, P

Departure & Arrival Times will be communicated at least 1 month prior to program.

adults

AGE: 21 YEARS & OLDER



GOALS LEGEND | **C** Cognitive Skills **CI** Community Integration **HW** Health & Wellness **I** Independent Functioning **M** Motor Skills **P** Physical Skills **SE** Social & Emotional Skills **SI** Sensory Integration

SOCIAL

GOOD MORNING NWSRA Ages: 21 & older

Start the morning by socializing with friends! The group will discuss a variety of topics, including the weather, current news, national holidays, meditation and more. In addition, a variety of games and activities will start the morning off on a positive note!
No Program: 2/15, 3/22

Group: All Abilities
Location: Microsoft Teams
Min: 4
Goals: C, I, SE

Prog. #	Dates	Day	Time	Fee
1410	2/1 - 4/26	M	9:00 - 10:00 am	$168.00



SOCIAL

HAPPY HOUR Ages: 40 & older

Come focus on healthy eating, table setting/manners and safety in the kitchen. Participants prepare and eat snacks, appetizers or desserts while learning cognitive skills such as counting, measuring and following directions. This is a group cooking program, therefore, all dietary restrictions cannot be accommodated.
No Program: 2/15, 3/22

Group: All Abilities
Location: Laurel Room • Rolling Meadows Community Center
Min/Max: 4/20
Ratio: 1:2 to Independent
Goals: HW, C, SE

Prog. #	Dates	Day	Time	Fee
3130	2/1 - 4/26	M	5:00 - 6:00pm	$253.00

SOCIAL

MEDIA MEET UP Ages: 21 - 39

Join peers as we explore different elements of today's popular media. Try your hand at a different media outlet each week. Focus on development of skills in PowerPoint, Prezi, Facebook, YouTube, Print and many more!
No Program: 3/23

Media Lab

Group: All Abilities
Location: Media Lab • NWSRA Rolling Meadows
Min/Max: 4/8
Ratio: 1:2 to Independent
Goals: CI, I

Prog. #	Dates	Day	Time	Fee
3820	2/2 - 4/27	T	6:30 - 7:30 pm	$240.00

SOCIAL

PATHWAYS Ages: 21 & older

Join us for a structured and engaging day centered on health and wellness, life skills, and community involvement. Participants will have the opportunity to choose morning activities based on their interests, enjoy lunch together, and then spend the afternoon out in the community—whether volunteering or exploring all our service area has to offer.
No Program: 3/23, 3/25
Group: All Abilities
Location: Schaumburg Community Center • Schaumburg
Min/Max: 8/12
Ratio: 1:4 Independent
Goals: SE, HW, CI, IF

Prog. #	Dates	Day	Time	Fee
3900	2/2 - 4/27	T	9:30 am - 2:30 pm	$900.00 or $75 per day
3901	2/4 - 4/29	Th	9:30 am - 2:30 om	$900.00 or $75 per day

Transportation: Please indicate pick up and drop off location at registration.
Fee: $96 one way, $192 round trip

Transportation Location	Pick Up	Drop Off
NWSRA Park Central	9:00 am	3:30 pm
Buffalo Grove	8:30 am	3:00 pm



SOCIAL

BEYOND THE BELL Ages: 18 - 22

Beyond the Bell is a Dynamic Afterschool program where students can recharge, connect, and explore. From hands on creative projects and active games to relaxing and preparing snacks, there is something for everyone. Whether you want to move, make, or just unwind with friends, Beyond the Bell offers a safe, engaging space to have fun, learn and grow Beyond the last Bell of the day.
*On the first day of the program, participants will engage in a brainstorming session, so they have a vital part in planning all the activities from the Active Station to Creative Corner to Recipe Makers.
No Program: 3/23, 3/24

Group: All Abilities
Location: Forest View Educational Center • Arlington Heights
Min/Max: 4/10
Ratio: 1:1 Independent
Goals: HW, SE, SI, P, M

Prog. #	Dates	Day	Time	Fee
3160	2/2 - 4/27	T	2:30 - 4:30 pm	$372
3161	2/3 - 4/28	W	2:30 - 4:30 pm	$372

1:1 THERAPY PROGRAMMING
Want to expand your mind through technology in the Media Lab? We offer four different programs in our specialty spaces which help you explore, play, learn, and grow! **For more information regarding our 1:1 Therapy Programming, see page 10.**

HEALTH AND WELLNESS

CLUB WELLNESS Ages: 21 & older

Club Wellness is an activity rich program that promotes wellness through fitness, nutrition and general wellness of participants. Participants spend time learning new fitness techniques, nutritional knowledge and health tips. Club Wellness has a unique curriculum created specifically for people with disabilities taught by a Certified Club Wellness Instructor.
No Program: 3/23

Group: All Abilities
Location: Microsoft Teams
Min: 4
Goals: HW, M , P

Prog. #	Dates	Day	Time	Fee
1425	2/2 - 4/27	T	6:30 - 7:30 pm	$168.00

SOCIAL

MEET N' PLACE Ages: 21 & older

Meet your friends for an enjoyable morning together. Several community outings will be planned.
No Program: 3/24

Group: PV
Location: TBD
Min/Max: 4/8
Ratio: 1:2 to Independent
Goals: SE, C

Prog. #	Dates	Day	Time	Fee
3500	2/3 - 4/28	W	10:00 - 12:00 pm	336.00

Transportation: Please indicate desired pick up/drop off location at registration.
Fee: $132 one way door-to-door, $264 round trip door-to-door

SOCIAL

CERAMICS Ages: 21 & older

Create beautiful ceramic pieces as gifts or home decorations. Fee includes ceramic instruction, glaze, firing and greenware.
No Program: 3/24

Group: All Abilities
Location: Thrown Elements Pottery • Arlington Heights
Min/Max: 4/12
Ratio: 1:1 to Independent
Goals: M, SI, CI

Prog. #	Dates	Day	Time	Fee
3150	2/3 - 4/28	W	6:00 - 7:30 pm	$378.00

ADULTS

SOCIAL

PARTNER BOWL Ages: 21 & older

Make friends, socialize and bowl! Fee includes two games of bowling and shoe rental. Registration is on a first come first serve basis for 50 participants and 10 partners.
No Program: 3/24

Group: All Abilities
Location: Bowlero • Mt. Prospect
Min/Max: 4/60
Ratio: 1:4 to Independent
Goals: P, HW

Prog. #	Dates	Day	Time	Fee
1300	2/3 - 4/28	W	5:30 - 8:00 pm	$126.00

HEALTH AND WELLNESS

STRENGTH & CONDITIONING Ages: 21 & older

Get a great workout in the fitness center improving muscle tone, weight management, coordination, agility and flexibility.
No Program: 3/24

Group: All Abilities
Location: Jack Claes • Elk Grove
Min/Max: 4/8
Ratio: 1:2 to Independent
Goals: P, HW

Prog. #	Dates	Day	Time	Fee
3510	2/3 - 4/28	W	1:00 - 2:00 pm	$240.00





HEALTH AND WELLNESS

AQUA EXERCISE Ages: 21 & older

Aqua Exercise is designed as an exercise program for adults who have physical limitations including arthritis, multiple sclerosis, have suffered a stroke and other physical conditions, but all abilities are welcomed. The class begins with light stretching, followed by aerobic activities and a cool down period. An accessible lift is available.
No Program: 3/24

Group: All Abilities
Location: Jack Claes • Elk Grove
Min/Max: 4/8
Ratio: 1:1 to Independent
Goals: P, HW

Prog. #	Dates	Day	Time	Fee
3520	2/3 - 4/28	W	2:30 - 3:30 pm	$252.00

Transportation: Fee: $96 one way drop off

Transportation Location	Pick Up	Drop Off
NWSRA Park Central	None	4:30 pm

SOCIAL

DINNER CLUB Ages: 21 & older

Explore a different culture or style of cuisine through in-house cooking and restaurants. One local restaurant included in price. The menu will be sent out after the first week.
No Program: 3/25

Group: PV
Location: Laurel Room • Rolling Meadows Community Center
Min/Max: 4/8
Ratio: 1:1 to Independent
Goals: HW, SE, CI

Prog. #	Dates	Day	Time	Fee
3580	2/4 - 4/29	Th	4:00 - 6:00 pm	$408.00

Door-to-Door Transportation: The Program Leader will contact participants two days before the start of the program to inform of transportation times.
Fee: $132 one way, $264 round trip



SOCIAL

BRAIN TEASERS Ages: 21 & older

Awaken your brain fibers with challenging problems to solve. Bring your "A Game" to solve trivia, riddles and puzzles.
No Program: 3/25

Group: All Abilities
Location: Microsoft Teams
Min: 4
Goals: HW, C, SE

Prog. #	Dates	Day	Time	Fee
1445	2/4 - 4/29	Th	6:30 - 7:30 pm	$168.00

HEALTH AND WELLNESS

STAYING FIT 3740 Age: 21 & older

Increase flexibility, strength and cardio at this invigorating program. Utilize resistance bands, weight training, fitness equipment and walk the track to promote overall fitness development and a healthy lifestyle.
No Program: 3/25

Group: All Abilities
Location: Park Place Family Recreation Center • Streamwood
Min/Max: 4/10
Ratio: 1:2 to Independent
Goals: HW, P, I

Prog. #	Dates	Day	Time	Fee
3740	2/4 - 4/29	Th	5:30 - 6:30 pm	$240.00

HEALTH AND WELLNESS

WALK ACROSS AMERICA 3745 Ages: 21 - 39 3755 Ages: 40 & older

Smile as you walk many miles. Stretch and warm-up before walking on the track and have your progress charted as you "Walk Across America" to a healthier life-style.
No Program: 3/25

Group: All Abilities
Location: NWSRA Wheeling
Min/Max: 4/12
Ratio: 1:2 to Independent
Goals: HW, SE

Prog. #	Dates	Day	Time	Fee
3745	2/4 - 4/29	Th	5:30 - 6:30 pm	$240.00
3755	2/4 - 4/29	Th	6:30 - 7:30 pm	$240.00

SOCIAL

ROCKIN' THE BURBS Ages: 21 & older

Meet up with your friends each week as you enjoy a variety of recreational opportunities while enhancing social/emotional skills, independence and building friendships within the community.
Participant Expectations: To engage in the community with the expectation of staying with the group, transitioning between activities with minimal prompting and support, and display appropriate social interaction with peers and staff. Specific needs such as restroom or feeding can be assisted by staff.
No Program: 3/25

Group: All Abilities
Location: NWSRA Rolling Meadows
Min/Max: 4/12
Ratio: 1:4 to Independent
Goals: CI, I, SE

Prog. #	Dates	Day	Time	Fee
3490	2/4 - 4/29	Th	6:00 - 8:30 pm	$510.00



ADULTS

SOCIAL

WEEKEND WANDERERS Ages: 21 and older

Adventure is waiting! Weekend Wanderers gives participants opportunities to explore new destinations, enjoy recreation with friends and build independence, social and community leisure skills. Participants should be able to safely engage in community settings, stay with the group, transition between activities with minimal prompting and interact appropriately in public. NWSRA will determine readiness based on safety, support needs and scheduled activities.
No Program: 3/27

Group: All Abilities
Location: Rolling Meadows Park Central • Rolling Meadows
Min/Max: 4/10
Ratio: 1:4 to Independent
Goals: CI, SE

Extend Your Saturday!

Prog. #	Dates	Day	Time	Fee
3550	2/6 - 5/1	Sa	9:30 - 1:30 pm	$816.00

Transportation: Please indicate pick up and drop off location at registration.
Fee: $96 one way, $192 round trip

Transportation Location	Pick Up	Drop Off
NWSRA Hanover Park	9:00 am	2:00 pm
NWSRA Buffalo Grove	9:00 am	2:00 pm

Transportation from Weekend Wanderers to Spare Time Bowlers is available for an additional fee and must be selected during registration. Separate registration for Spare Time Bowlers is required.

SOCIAL

THE WEEKEND HANGOUT Ages: 21 and older

Keep your Saturday going at The Weekend Hangout! This relaxed social recreation program gives participants time to connect with friends, explore interests and enjoy games, creative activities, fitness, themed events and choice-based recreation.
Register independently or as an extended-day option for eligible participants in Weekend Wanderers or Adventure Squad.

Group: All Abilities
Location: 3551 - 1 Rolling Meadows Park Central • Rolling Meadows
3551 - 2 NWSRA Mt. Prospect
Min/Max: 4/10
Ratio: 1:4 to Independent
Goals: CI, SE

Extend Your Saturday!

Prog. #	Dates	Day	Time	Fee
3551	2/6 - 5/1	Sa	1:30 - 4:00 pm	$420

SPECIAL EVENTS
Not able to commit to a weekly program? Join us for a one day special event in the community! **See page 6 for more details.**



SOCIAL

ADVENTURE SQUAD Ages: 21 & older

Spend Saturday with your squad! Adventure Squad offers structured recreation where participants can connect with friends, explore interests and build social and independence skills.
Activities may include games, fitness, cooking, creative projects, special events and select community outings based on the needs and safety of the group. NWSRA will determine readiness for specific outings and activities based on individual support needs.
No Program: 3/27

Group: All Abilities
Location: NWSRA Mt. Prospect
Min/Max: 4/10
Ratio: 1:2 to Independent
Goals: CI, SE

Extend Your Saturday!

Prog. #	Dates	Day	Time	Fee
3650	2/6 - 5/1	Sa	9:30 - 1:30 pm	$816.00

Transportation: Please indicate pick up and drop off location on registration.
Fee: $96 one way, $192 round trip

Transportation Location	Pick Up	Drop Off
NWSRA Hanover Park	9:00 am	2:00 pm
NWSRA Buffalo Grove	9:00 am	2:00 pm

Transportation from Adventure Squad to Spare Time Bowlers is available for an additional fee and must be selected during registration. Separate registration for Spare Time Bowlers is required.

SOCIAL

SPARE TIME BOWLERS Ages: 21 & older

Hit the lanes with friends! Enjoy an afternoon of bowling, socializing and friendly competition. This program can be paired with District Travelers, Adventure Squad, or Weekend Wanderers for a longer Saturday experience. Transportation from these designated programs to Spare Time Bowlers is available for an additional fee and must be selected during registration for the morning program.
No Program: 3/27

Extend Your Saturday!

Group: All Abilities
Location: Bowlero • Mt. Prospect
Min/Max: 4/20
Ratio: 1:2 to Independent
Goals: M, HW

Prog. #	Dates	Day	Time	Fee
3140	2/6 - 5/1	Sa	2:00 - 4:00 pm	$432.00

AFTER DAY PROGRAM ACTIVITIES

TRANSPORTATION INFORMATION

If transportation is needed, please indicate your pick-up and drop-off locations in RecTrac at the time of registration. Transportation routes and schedules will be finalized after registration closes. Participants and families will be notified of transportation times once routes have been established

Transportation Pick-Up Locations ONLY	
Little City Countryside • Schaumburg	Clearbrook Hicks • Palatine
NWSRA Rolling Meadows	Clearbrook 1815 • Arlington Heights
NWSRA Wheeling	St. Coletta • Achieve
NWSRA Buffalo Grove	Little City • Palatine
NWSRA Hanover Park	NWSRA Mt. Prospect
NWSRA Hoffman Estates	

HEALTH AND WELLNESS

EXERCISE AND SWIM Ages: 21 & older

Take time for your health and fitness. The group will utilize the indoor track for walking/jogging and the pool for water exercise.
No Program: 2/15, 3/22

Group: All Abilities
Location: **3010** Rec Plex • Mt. Prospect
3015 Jack Claes • Elk Grove Village
Min/Max: 4/15
Ratio: 1:4 to Independent
Goals: M, HW, SE

Prog. #	Dates	Day	Time	Fee
3010	2/1 - 4/26	M	3:30 - 5:30 pm	$372.00
Trans. Drop Off: Buffalo Grove Fitness Center | NWSRA Office				
3015	2/1 - 4/26	M	3:30 - 5:30 pm	$372.00
Trans. Drop Off: NWSRA Hanover Park | Rolling Meadows Park Central				

Transportation Fee: $88 one way, $176 round trip

SKILL DEVELOPMENT

CUISINE CRITICS Ages: 21 & older

Come focus on healthy eating, table setting/manners and safety in the kitchen. Participants prepare and eat snacks, appetizers or desserts while learning cognitive skills such as counting, measuring and following directions. This is a group cooking program, therefore, all dietary restrictions cannot be accommodated.
No Program: 3/24
Group: All Abilities
Location: Gary Morava • Prospect Heights
Min/Max: 4/15
Ratio: 1:4 to Independent
Goals: HW, C, I

Prog. #	Dates	Day	Time	Fee
3030	2/3 - 4/28	W	3:30 - 5:30 pm	$372.00
Trans. Drop Off: NWSRA Hanover Park | Rolling Meadows Park Central				

Transportation Fee: $96 one way, $192 round trip

SOCIAL

AFTERNOON CLUB Ages: 21 & older

Spend the afternoon building friendships, self-esteem and working on individual goals through yoga, games, technology and cultural arts.
No Program: 3/23

Group: All Abilities
Location: NWSRA Hanover Park
Min/Max: 4/15
Ratio: 1:1 to Independent
Goals: SE, C, I

Prog. #	Dates	Day	Time	Fee
3020	2/2 - 4/27	T	3:30 - 5:30 pm	$372.00
Trans. Drop Off: NWSRA Buffalo Grove | Rolling Meadows Park Central				

Transportation Fee: $96 one way, $192 round trip

HEALTH AND WELLNESS

FIT N' FUN Ages: 21 & older

Spend a few hours with friends getting your fitness on while exploring ways to incorporate health and wellness into everyday activities. Bring a healthy snack and labeled water bottle.
No Program: 3/25

Group: All Abilities
Location: NWSRA Mt. Prospect
Min/Max: 4/15
Ratio: 1:1 to Independent
Goals: SE, C, I

Prog. #	Dates	Day	Time	Fee
3040	2/4 - 4/29	Th	3:30 - 5:30 pm	$336.00
Trans. Drop Off: NWSRA Buffalo Grove | NWSRA Hoffman Estates | Rolling Meadows Park Central				

Transportation Fee: $96 one way, $192 round trip

SOCIAL

PIN STRIKERS Ages: 21 & older

Make friends and learn to bowl. Proper technique, rules and bowling etiquette will be reviewed each week as the adults engage in this fun sport. Bowl two games each week.
No Program: 3/26

Group: All Abilities
Location: Bowlero • Mt. Prospect
Min/Max: 4/20
Ratio: 1:4 to Independent
Goals: SE, P

Prog. #	Dates	Day	Time	Fee
3050	2/5 - 4/30	F	3:30 - 5:30 pm	$408.00
Trans. Drop Off: NWSRA Buffalo Grove | NWSRA Hoffman Estates | Rolling Meadows Park Central				

Transportation Fee: $96 one way, $192 round trip



SLSF
MAKING AN IMPACT FOR NWSRA

Volunteer With Us!

Help create inclusive experiences for children and adults with disabilities through the work of the Special Leisure Services Foundation and Northwest Special Recreation Association (NWSRA).

SIGN UP HERE!

Volunteer Opportunities:

- Golf Classics
- Fashion Show
- Celebrate Ability Gala
- Ride for Autism Chicago
- Community Events & Special Programs
- Company Volunteer Days
- Support individuals with disabilities at NWSRA recreation programs

Questions? Contact Anne Kiwala at akiwala@slsf.me or 847-392-2848 ext. 244

SLSF
MAKING AN IMPACT FOR NWSRA



The Special Leisure Services Foundation (SLSF) exists to support children and adults with disabilities through philanthropy for Northwest Special Recreation Association.

How To Get Involved?

Attend an Event	**Sponsor** an Event	**Donate** for a Cause	**Volunteer** at an Event

If interested, please e-mail Megan O'Brien at mobrien@slsf.me

SLSF Funding Supports the following for NWSRA

- Programming
- Athletics
- Transportation
- Inclusion
- Scholarships

SLSF
MAKING AN IMPACT FOR NWSRA

Fashion SHOW

February 28, 2027

Register Today:

NIGHT HAWKS

Club Coordinator:
Kristen Leep

Goals: CI, SE
Ages: 14 - 24 yrs.
Group: ID, PV
Ratio: 1:2 to Independent
Min/Max: 5/20

Prog #	Details	Date	Location	Fee*
101	**Winter Ball** Break out your fancy clothes and get ready for a night of dinner, dancing, and fun! This is a chance to celebrate the season and enjoy a night with friends. Dinner is provided, so come dressed your best and ready to dance! This is a combined event with TGIF, Shining Stars, and Night Riders. **Registration Deadline: January 22**	February 5 6:00 - 8:00 pm	**Conyers Learning Academy** 2800 Central Rd, Rolling Meadows	**Program Fee: $24.00** **Transportation Fee:** One Way: $8 | Round Trip: $16 **Pick Up/Drop Off Locations** • NWSRA Buffalo Grove • NWSRA Hanover Park
102	**All Shook Up with Elvis!** The King is coming to Social Club! Get ready for a night filled with music, dancing, and some of Elvis' greatest hits as Elvis takes the stage. Stick around after the concert for an exclusive meet and greet with Elvis and a chance to take pictures. It's going to be a night you won't want to miss! This is a combined event with all social clubs. **Registration Deadline: February 5**	February 19 6:00 - 8:00 pm	**Conyers Learning Academy** 2800 Central Rd, Rolling Meadows	**Program Fee: $24.00** **Transportation Fee:** One Way: $8 | Round Trip: $16 **Pick Up/Drop Off Locations** • NWSRA Buffalo Grove • NWSRA Hanover Park
103	**Big Screen Social** Grab your friends and join us for a night at the movies! The registration fee includes the movie ticket, and the movie will be anounced closer to the event date. Please bring additional money for concessions, if desired. **Registration Deadline: February 26**	March 12 TBA	**Classic Cinemas Elk Grove XQ** 1050 Elk Grove Town Center, Elk Grove Village	**Program Fee: $33.00** **Transportation Fee:** One Way: $8 | Round Trip: $16 **Pick Up/Drop Off Locations** • NWSRA Buffalo Grove • NWSRA Hanover Park
104	**Pickleball Party** Ready to try something new? Join us for an introduction to pickleball where you'll learn the basics of the game, practice some skills, and have fun! Equipment will be provided, so just wear comfortable clothes and get ready to play! Afterward, enjoy a snack and socialize with friends. **Registration Deadline: March 5**	March 19 6:00 - 8:00 pm	**NWSRA Rolling Meadows** 3705 Pheasant Drive, Rolling Meadows	**Program Fee: $20.00** **Transportation Fee:** One Way: $8 | Round Trip: $16 **Pick Up/Drop Off Locations** • NWSRA Buffalo Grove • NWSRA Hanover Park
105	**Sweet Victory** Bring your game face and get ready for a night of friendly competition! We'll play a variety of games and enjoy a sweet treat. Come ready to play, laugh, and see who can claim bragging rights! **Registration Deadline: March 26**	April 9 6:00 - 8:00 pm	**NWSRA Mt. Prospect** 1000 Central Road, Mount Prospect	**Program Fee: $24.00** **Transportation Fee:** One Way: $8 | Round Trip: $16 **Pick Up/Drop Off Locations** • NWSRA Buffalo Grove • NWSRA Hanover Park
106	**Donut Stop Searching** Put your teamwork and detective skills to the test with a scavanger hunt around Woodfield Mall! Work together with friends to find everything on the list, then celebrate after with a stop at Stan's Donuts. The sweet treat is included in the registration fee, you don't want to miss out on this sweet adventure! **Registration Deadline: April 9**	April 23 6:00 - 8:00 pm	**Woodfield Mall** 5 Woodfield Mall, Schaumburg	**Program Fee: $21.00** **Transportation Fee:** One Way: $8 | Round Trip: $16 **Pick Up/Drop Off Locations** • NWSRA Buffalo Grove • NWSRA Hanover Park

Transportation pick up/drop off times will be communicated one week prior.

T.G.I.F

Club Coordinator:
Jillian Trentadue

Goals: CI, SE
Ages: 25 - 35 yrs.
Group: ID
Ratio: 1:4 to Independent
Min/Max: 5/20

Prog #	Details	Date	Location	Fee*
201	**Winter Ball** Break out your fancy clothes and get ready for a night of dinner, dancing, and fun! This is a chance to celebrate the season and enjoy a night with friends. Dinner is provided, so come dressed your best and ready to dance! This is a combined event with Night Riders, Shining Stars, and Night Hawks. **Registration Deadline: January 22**	February 5 6:00 - 8:00 pm	**Conyers Learning Academy** 2800 Central Rd, Rolling Meadows	**Program Fee: $24.00** **Transportation Fee:** One Way: $8 | Round Trip: $16 **Pick Up/Drop Off Locations** • NWSRA Buffalo Grove • NWSRA Hanover Park
202	**All Shook Up with Elvis!** The King is coming to Social Club! Get ready for a night filled with music, dancing, and some of Elvis' greatest hits as Elvis takes the stage. Stick around after the concert for an exclusive meet and greet with Elvis and a chance to take pictures. It's going to be a night you won't want to miss! This is a combined event with all social clubs. **Registration Deadline: February 5**	February 19 6:00 - 8:00 pm	**Conyers Learning Academy** 2800 Central Rd, Rolling Meadows	**Program Fee: $24.00** **Transportation Fee:** One Way: $8 | Round Trip: $16 **Pick Up/Drop Off Locations** • NWSRA Buffalo Grove • NWSRA Hanover Park
203	**Dig In!** Join us for a night out at City Works! Enjoy a delicious a meal, a drink, and some time to catch up with friends. The registration fee includes your meal and a drink, so come hungry and ready for fun! **Registration Deadline: February 19**	March 5 6:00 - 8:00 pm	**City Works** 1850 E. Golf Road, Schaumburg	**Program Fee: $48.00** **Transportation Fee:** One Way: $8 | Round Trip: $16 **Pick Up/Drop Off Locations** • NWSRA Buffalo Grove • NWSRA Hanover Park
204	**The Great Escape** Think you have what it takes to escape? Work together with your friends to solve puzzles and complete challenges before time runs out! Put your skills to the test to see if TGIF can make it out! The group will head to Portillo's after to talk about the strategy and unwind. Please bring additional money for a milkshake or dessert, if desired. **Registration Deadline: February 26**	March 12 6:00 - 8:00 pm	**Mastermind Escape Games Schaumburg** 999 Plaza Drive #111, Schaumburg	**Program Fee: $50.00** **Transportation Fee:** One Way: $8 | Round Trip: $16 **Pick Up/Drop Off Locations** • NWSRA Buffalo Grove • NWSRA Hanover Park
205	**Ice Ice Baby** Lace up your skates and join us for a fun night on the ice at Cosmic Skate! Whether you're a seasoned skater or stepping onto the ice for the first time, come enjoy skating and time with friends with colorful lights, and music. The registration fee includes skate rental and a snack. **Registration Deadline: March 19**	April 2 7:00 - 9:00 pm	**Nelson Sports Complex** 3900 Owl Drive, Rolling Meadows	**Program Fee: $20.00** **Transportation Fee:** One Way: $8 | Round Trip: $16 **Pick Up/Drop Off Locations** • NWSRA Buffalo Grove • NWSRA Hanover Park
206	**Tweet & Compete** Get ready to build, play, and compete! We'll start by creating our own DIY birdhouses, then switch gears for some fun games and friendly competition. Come ready to get creative, show off your skills, and see who can claim bragging rights! **Registration Deadline: April 2**	April 16 6:00 - 8:00 pm	**NWSRA Hoffman Estates** 650 W. Higgins Road, Hoffman Estates	**Program Fee: $24.00** **Transportation Fee:** One Way: $8 | Round Trip: $16 **Pick Up/Drop Off Locations** • Rolling Meadows Park Central • NWSRA Buffalo Grove

Transportation pick up/drop off times will be communicated one week prior.

SHINING STARS

Club Coordinator:
Patrick Paulson

Goals: CI, SE
Ages: 22 & older
Group: ID
Ratio: 1:1 to Independent
Min/Max: 5/20

Prog #	Details	Date	Location	Fee*
301	**Winter Ball** Break out your fancy clothes and get ready for a night of dinner, dancing, and fun! This is a chance to celebrate the season and enjoy a night with friends. Dinner is provided, so come dressed your best and ready to dance! This is a combined event with TGIF, Night Riders, and Night Hawks. **Registration Deadline: January 22**	February 5 6:00 - 8:00 pm	**Conyers Learning Academy** 2800 Central Rd, Rolling Meadows	**Program Fee: $24.00** **Transportation Fee:** One Way: $8 | Round Trip: $16 **Pick Up/Drop Off Locations** • NWSRA Buffalo Grove • NWSRA Hanover Park
302	**All Shook Up with Elvis!** The King is coming to Social Club! Get ready for a night filled with music, dancing, and some of Elvis' greatest hits as Elvis takes the stage. Stick around after the concert for an exclusive meet and greet with Elvis and a chance to take pictures. It's going to be a night you won't want to miss! This is a combined event with all social clubs. **Registration Deadline: February 5**	February 19 6:00 - 8:00 pm	**Conyers Learning Academy** 2800 Central Rd, Rolling Meadows	**Program Fee: $24.00** **Transportation Fee:** One Way: $8 | Round Trip: $16 **Pick Up/Drop Off Locations** • NWSRA Buffalo Grove • NWSRA Hanover Park
303	**PJs & Popcorn** Put on your favorite pajamas and join us for a cozy night in! We'll kick back, relax, and enjoy a movie together with snacks and refreshments provided. The movie will be announced closer to the club date, so come ready for a relaxing night with friends. **Registration Deadline: February 19**	March 5 6:00 - 8:00 pm	**Rolling Meadows Teen Center** 3000 W. Central Road, Rolling Meadows	**Program Fee: $20.00** **Transportation Fee:** One Way: $8 | Round Trip: $16 **Pick Up/Drop Off Locations** • NWSRA Buffalo Grove • NWSRA Hanover Park
304	**Under the Big Top** Step right up for a night of carnival fun! Enjoy a variety of carnival games, challenges, and activities while socializing with friends. Come ready to play, compete, and enjoy a night at the midway! **Registration Deadline: March 19**	April 2 6:00 - 8:00 pm	**NWSRA Rolling Meadows** 3705 Pheasant Drive, Rolling Meadows	**Program Fee: $22.00** **Transportation Fee:** One Way: $8 | Round Trip: $16 **Pick Up/Drop Off Locations** • NWSRA Buffalo Grove • NWSRA Hanover Park
305	**BINGO Bash** Get ready to shout, "BINGO!" and see if luck is on your side. Join us for a fun night of friendly competition and plenty of chances to win. Prizes will be provided, so bring your lucky streak and get ready to play. A light snack will be provided. **Registration Deadline: April 2**	April 16 6:00 - 8:00 pm	**Arlington Ridge Center** 660 N. Ridge Avenue, Arlington Heights	**Program Fee: $20.00** **Transportation Fee:** One Way: $8 | Round Trip: $16 **Pick Up/Drop Off Locations** • NWSRA Buffalo Grove • NWSRA Hanover Park
306	**Spring Into Gardening** Spring is in the air! Join us for a hands-on evening at the accessible greenhouse where we'll paint a pot, choose a plant, and learn about gardening while surrounded by everything the greenhouse has to offer. You'll go home with your own potted creation to enjoy and watch grow! **Registration Deadline: April 16**	April 30 6:00 - 8:00 pm	**NWSRA Wheeling** 100 Community Boulevard, Wheeling	**Program Fee: $22.00** **Transportation Fee:** One Way: $8 | Round Trip: $16 **Pick Up/Drop Off Locations** • Rolling Meadows Park Central • NWSRA Hanover Park

Transportation pick up/drop off times will be communicated one week prior.

NIGHT RIDERS

Club Coordinator:
Ashley Richardson

Goals: CI, SE
Ages: 36 & older
Group: ID
Ratio: 1:10 to Independent
Min/Max: 5/20

Prog #	Details	Date	Location	Fee*
601	**Winter Ball** Break out your fancy clothes and get ready for a night of dinner, dancing, and fun! This is a chance to celebrate the season and enjoy a night with friends. Dinner is provided, so come dressed your best and ready to dance! This is a combined event with TGIF, Shining Stars, and Night Hawks. **Registration Deadline: January 22**	February 5 6:00 - 8:00 pm	**Conyers Learning Academy** 2800 Central Rd, Rolling Meadows	**Program Fee: $24.00** **Transportation Fee:** One Way: $8 | Round Trip: $16 **Pick Up/Drop Off Locations** • NWSRA Buffalo Grove • NWSRA Hanover Park
602	**All Shook Up with Elvis!** The King is coming to Social Club! Get ready for a night filled with music, dancing, and some of Elvis' greatest hits as Elvis takes the stage. Stick around after the concert for an exclusive meet and greet with Elvis and a chance to take pictures. It's going to be a night you won't want to miss! This is a combined event with all social clubs. **Registration Deadline: February 5**	February 19 6:00 - 8:00 pm	**Conyers Learning Academy** 2800 Central Rd, Rolling Meadows	**Program Fee: $24.00** **Transportation Fee:** One Way: $8 | Round Trip: $16 **Pick Up/Drop Off Locations** • NWSRA Buffalo Grove • NWSRA Hanover Park
603	**Next Level** Step into the world of technology for a night of exploring, and having fun! Try out the 3D printer, Nintendo Switch, virtual reality, and other accessible technology in the Media Lab. With plenty to explore and snacks provided, come ready to try something new and expierence all the technology has to offer! **Registration Deadline: February 12**	February 26 6:00 - 8:00 pm	**NWSRA Buffalo Grove** 601 Deerfield Parkway, Buffalo Grove	**Program Fee: $20.00** **Transportation Fee:** One Way: $8 | Round Trip: $16 **Pick Up/Drop Off Locations** • Rolling Meadows Park Central • NWSRA Hanover Park
604	**Shake Your Luck** Get into the St. Patrick's Day spirit with a stop for a festive Shamrock Shake! We will hop on the bus and head to McDonald's to grab our Shamrock Shakes and return for some LUCKY games and plenty of St. Patrick's Day cheer. **Registration Deadline: February 26**	March 12 6:00 - 8:00 pm	**NWSRA Hoffman Estates** 650 W. Higgins Road, Hoffman Estates	**Program Fee: $22.00** **Transportation Fee:** One Way: $8 | Round Trip: $16 **Pick Up/Drop Off Locations** • NWSRA Buffalo Grove • NWSRA Hanover Park
605	**Let the Games Begin** Get ready for a night of games, challenges, and friendly competition at the Great Big Game Show! Work together with your team, test your skills, and see how you do in this exciting game show expierence. After the fun, we'll head to Woodfield Mall to enjoy the rest of the evening. **Registration Deadline: March 19**	April 2 6:00 - 8:00 pm	**Great Big Game Show Schaumburg** E105 Woodfield Mall, Schaumburg	**Program Fee: $58.00** **Transportation Fee:** One Way: $8 | Round Trip: $16 **Pick Up/Drop Off Locations** • NWSRA Buffalo Grove • NWSRA Hanover Park
606	**Hot Dog Hangout** Join us for a casual night out at Portillo's! Grab your favorite Chicago-style meal, hang out with friends, and enjoy the night. Come hungry and ready for good food and good company! Registration fee includes a meal. **Registration Deadline: April 9**	April 23 6:00 - 8:00 pm	**Portillo's** 806 W. Dundee Road, Arlington Heights	**Program Fee: $34.00** **Transportation Fee:** One Way: $8 | Round Trip: $16 **Pick Up/Drop Off Locations** • Rolling Meadows Park Central • NWSRA Hanover Park

Transportation pick up/drop off times will be communicated one week prior.

FRIDAY NIGHT LIVE

Club Coordinator:
Caitlin Cron

Goals: CI, SE
Ages: 22 - 35
Group: PV
Ratio: 1:1 to Independent
Min/Max: 5/12

Prog #	Details	Date	Location	Fee*
401	**Finn's & Friends** Join us for a night out at Finn McCool's! Enjoy a delicious meal and plenty of time to relax and catch up with friends. The registration fee includes a meal and a drink, so come hungry and ready for a fun night out! **Registration Deadline: January 22**	February 5 6:30 - 8:30 pm	**Finn McCool's Irish Sports Pub** 1941 E. Algonquin Road, Schaumburg	**Program Fee: $48.00** **Door-to-Door Transportation Fee:** One Way: $11 | Round Trip: $22
402	**Curtain Call** Join us for a special theater expierence as we attend a bilingual production of Our Town! Participants will enjoy this classic story brought to life while enjoying live theater with this unique bilingual performance. **Registration Deadline: January 29**	February 12 7:00 pm Showtime	**Rolling Meadows High School** 2901 Central Road, Rolling Meadows	**Program Fee: $28.00** **Door-to-Door Transportation Fee:** One Way: $11 | Round Trip: $22
403	**All Shook Up with Elvis!** The King is coming to Social Club! Get ready for a night filled with music, dancing, and some of Elvis' greatest hits as Elvis takes the stage. Stick around after the concert for an exclusive meet and greet with Elvis and a chance to take pictures. It's going to be a night you won't want to miss! This is a combined event with all social clubs. **Registration Deadline: February 5**	February 19 6:00 - 8:00 pm	**Conyers Learning Academy** 2800 Central Rd, Rolling Meadows	**Program Fee: $24.00** **Door-to-Door Transportation Fee:** One Way: $11 | Round Trip: $22
404	**Door to Creativity** Make something you can use at home! Design and decorate your own DIY doormat using your choice of colors, patterns, and designs. You will go home with a one-of-a-kind doormat that you created yourself! Be ready to get creative and step right in! **Registration Deadline: February 19**	March 5 6:30 - 8:30 pm	**NWSRA Rolling Meadows** 3705 Pheasant Dr, Rolling Meadows	**Program Fee: $28.00** **Door-to-Door Transportation Fee:** One Way: $11 | Round Trip: $22
405	**Blooming Bites** Spring has sprung, and we're celebrating with something sweet! Create your own colorful cookie bouquet by decorating delicious cookies and arranging them into a fun spring-inspired display. Get creative with your designs and enjoy a tasty treat while spending the evening with friends! **Registration Deadline: March 19**	April 2 6:30 - 8:30 pm	**NWSRA Mt. Prospect** 1000 Central Road, Mount Prospect	**Program Fee: $24.00** **Door-to-Door Transportation Fee:** One Way: $11 | Round Trip: $22
406	**Spring Fling** Celebrate the season at our Spring Fling! Join us for a night filled with music, games, and plenty of time to hang out with friends. Come celebrate spring and enjoy the night together. This is a combined event with Friday Night Fun. **Registration Deadline: April 9**	April 23 6:30 - 8:30 pm	**Rolling Meadows Teen Center** 3000 W. Central Road, Rolling Meadows	**Program Fee: $24.00** **Door-to-Door Transportation Fee:** One Way: $11 | Round Trip: $22

Transportation pick up/drop off times will be communicated one week prior.

FRIDAY NIGHT FUN

Club Coordinator:
Gianna Mendoza

Goals: CI, SE
Ages: 36 & older
Group: PV
Ratio: 1:1 to Independent
Min/Max: 5/12

Prog #	Details	Date	Location	Fee*
501	**Saddle Up & Supper** Yee haw! Saddle up for a Western-themed night filled with good food, fun, and friends. Enjoy a full catered meal from Texas Roadhouse while we bring the cowboy spirit to Club! Grab your cowboy hat and get ready for a rootin' tootin' good time! **Registration Deadline: January 29**	February 12 6:00 - 8:00 pm	**Rolling Meadows Teen Center** 3000 W. Central Road, Rolling Meadows	**Program Fee: $36.00** **Door-to-Door Transportation Fee:** One Way: $11 | Round Trip: $22
502	**All Shook Up with Elvis!** The King is coming to Social Club! Get ready for a night filled with music, dancing, and some of Elvis' greatest hits as Elvis takes the stage. Stick around after the concert for an exclusive meet and greet with Elvis and a chance to take pictures. It's going to be a night you won't want to miss! This is a combined event with all social clubs. **Registration Deadline: February 5**	February 19 6:00 - 8:00 pm	**Conyers Learning Academy** 2800 Central Rd, Rolling Meadows	**Program Fee: $24.00** **Door-to-Door Transportation Fee:** One Way: $11 | Round Trip: $22
503	**Chicago: Live on Stage** Get ready for a night at the theater! Join us to see a live performance of Chicago, the classic musical filled with music, dancing, and plenty of drama. Take your seats, enjoy the show, and spend an evening with friends. **Registration Deadline: February 12**	February 26 7:00 pm Showtime	**Palatine High School** 1111 N. Rohlwing Road, Palatine	**Program Fee: $28.00** **Door-to-Door Transportation Fee:** One Way: $11 | Round Trip: $22
504	**Windy City Bulls** Get ready for a night of basketball, excitement, and fun! Join us for a Windy City Bulls game as they take on the Delaware Blue Coats. Cheer on the team, enjoy the action, and hang out with friends throughout the night. Please bring additional money for concessions, if desired. **Registration Deadline: February 26**	March 19 7:00 pm Game Time	**NOW Arena** 5333 Prairie Stone Parkway, Hoffman Estates	**Program Fee: $36.00** **Door-to-Door Transportation Fee:** One Way: $11 | Round Trip: $22
505	**Pin Pals** Get ready to hit the lanes for a night of bowling, friendly competition, and fun with friends! Whether you're aiming for a strike or just looking to enjoy the night, everyone is welcome to roll on over and join in. Please bring additional money for concessions, if desired. **Registration Deadline: March 26**	April 9 6:00 - 8:00 pm	**Streamwood Bowl** 1232 Irving Park Rd, Streamwood	**Program Fee: $25.00** **Door-to-Door Transportation Fee:** One Way: $11 | Round Trip: $22
506	**Spring Fling** Celebrate the season at our Spring Fling! Join us for a night filled with music, games, and plenty of time to hang out with friends. Come celebrate spring and enjoy the night together. This is a combined event with Friday Night Live. **Registration Deadline: April 9**	April 23 6:30 - 8:30 pm	**Rolling Meadows Teen Center** 3000 W. Central Road, Rolling Meadows	**Program Fee: $24.00** **Door-to-Door Transportation Fee:** One Way: $11 | Round Trip: $22

Transportation pick up/drop off times will be communicated one week prior.



CALLING VETERANS

In cooperation with NWSRA, the Bartlett, Buffalo Grove, Hanover Park, Mount Prospect, Palatine, Rolling Meadows and Streamwood Park Districts are offering this unique and free program for military veterans. Veterans who have an illness or have been permanently injured qualify for the program. If you were injured post-service, you may still qualify.

Qualified veterans receive:

- A one-year fitness membership at one of the park districts listed above for themselves and a second for a friend or family member.
- Up to 15 free personal training sessions.
- Free monthly events to interact with fellow veterans and family members.

Healthy Minds Healthy Bodies is a registered trademark of ALLENFORCE ALL VETERANS ALL ERAS

HEALTHY MINDS BODIES
VETERANS ★ FITNESS TRAINING ★ NETWORKING

CELEBRATE ABILITY
NWSRA
NORTHWEST SPECIAL RECREATION ASSOCIATION

For more information contact Emily Meyer at 847-392-2848 ext. 239 or emeyer@nwsra.org

Bartlett Park District
LIFECENTER Health & Fitness Club
700 S Bartlett Road
Bartlett

Buffalo Grove Park District
Buffalo Grove Fitness Center
601 Deerfield Parkway
Buffalo Grove

Mt. Prospect Park District
Central Community Center
1000 Central Road
Mount Prospect

RecPlex
420 Dempster Street
Mount Prospect

Palatine Park District
Palatine Community Center
250 E Wood Street
Palatine

Rolling Meadows Park District
Nelson Sports Complex
3900 Owl Drive
Rolling Meadows

Streamwood Park District
Park Place Family Recreation Center
550 S Park Boulevard
Streamwood

Hanover Park Park District
Hanover Park Community Park
1919 Walnut Ave
Hanover Park

General **Information**

ADA COMPLIANCE
The Northwest Special Recreation Association will comply with the Americans with Disabilities Act (ADA), which prohibits discrimination in the provision of programs, services or activities to individuals with disabilities. Programs in our brochure are suggested for certain age groups and disability classifications so that programs can be designed to meet specific needs. However, any individual desiring to participate in a program not suggested for his or her age or disability group, may contact our staff at 847-392-2848. Every attempt at reasonable accommodation will be made so that the individual may participate in the desired program. If you have any questions about the NWSRA policy regarding ADA, or believe you have been unfairly discriminated against in the provision of programs, services or activities of the Northwest Special Recreation Association, please contact ADA Compliance Officer, Andrea Griffin and Victoria Gonzalez at 847-392-2848. A procedure is available for the prompt resolution of your complaint with NWSRA.

ATTENDANCE AT NWSRA PROGRAMS
To ensure the safety of participants, only NWSRA staff, volunteers or registered participants are authorized to attend NWSRA programs. Anyone who does not meet this criteria must request to attend programs in writing. Requests must be submitted to NWSRA via e-mail to the Superintendent of Recreation at vgonzalez@nwsra.org no later than one week in advance of the program, and requester must provide e-mail and phone number within the request. Approval will be provided no later than two days prior to the program.

BROCHURE ACCURACY
Every effort has been made to ensure the accuracy of information contained within this brochure. However, errors can occur and circumstances may require adjustments to fees, schedules, locations or other aspects. NWSRA reserves the right to make such adjustments and apologizes for any inconvenience these errors or adjustments may cause.

EVALUATIONS
How did last season's programming go? We would love to have your feedback. Please click on the link below to complete our online program evaluation. If you would like to receive a hard copy of the evaluation form please call the NWSRA office. Visit **surveymonkey.com/r/7P9QVDY** to take the survey!

Scan the QR Code
to take the survey!

FAIR PLAY AT NWSRA
NWSRA is committed to making safety an integral part of an enjoyable recreation and leisure experience for all participants. Each participant shall have the opportunity to enjoy NWSRA programs and services, or if desired, programs and services provided by an NWSRA member district. NWSRA and its member districts take great pride in providing recreation and leisure services and opportunities to persons with special needs, and are mutually and or individually committed to compliance with the Americans with Disabilities Act (ADA). The FAIR PLAY AT NWSRA process cannot be considered absolute; but shall serve as a frame of reference for evaluation of specific proposals and recommendations.

FAIR PLAY AT NWSRA is a process which NWSRA uses to make recreation & leisure programs and services safe for all participants, staff & community members. FAIR PLAY AT NWSRA sets out the NWSRA expectations for the conduct of participants with or without disabilities, in recreation & leisure programs, or access to a service provided by NWSRA.

NWSRA participants are expected to abide by the Behavior Code of Conduct at all times. The following Behavior Code of Conduct for all participants has been developed to make NWSRA programs safe, enjoyable and successful for all parties involved. Additional expectations may be developed for particular programs and services as deemed necessary by the NWSRA staff. The Behavior Code of Conduct extends to all parties in attendance of NWSRA programs in any capacity. The Behavior Code of Conduct requires all participants to:

1. Show respect to all participants, staff and members of the public
2. Refrain from unwanted and/or harmful physical contact
3. Refrain from using abusive, threatening or foul language
4. Show respect to equipment, supplies and facilities
5. Remain within the established program boundaries

ILLNESS
In consideration of other participants and NWSRA staff, and to prevent the spread of contagious illnesses, participants must refrain from attending programs when any of the following conditions exist:

1. Fever
2. Vomiting within the last 24 hours
3 Persistent diarrhea
4. Contagious rash or a rash of unknown origin
5 Persistent cough and/or cold symptoms
6. "Pink eye" (conjunctivitis) or discharge from the eye
7. Symptoms of mumps, measles, chicken pox, strep throat, flu, impetigo, coxsackie virus or any other virus
8. Runny nose with yellow or green discharge
9. Lice or mites present
10. Fatigue, due to illness, that will hinder participation and enjoyment in the program

Please notify the NWSRA office if the participant contracts any contagious illness that will affect his/her attendance at the program. Participants should return to programs at the doctor's recommendation or, if not under a doctor's care, when the symptoms have clearly passed

LATE FEES
A fee of $1.00 per minute will be charged when parents/guardians/residential staff are late picking up participants.

LOST AND FOUND ITEMS
Occasionally items are found at NWSRA programs. If you are missing any items from the past season, please call 847-392-2848 to claim them. Lost and found items must be claimed by the end of the program season, or items will be removed.

MANDATED REPORTERS
All NWSRA staff are mandated by the State of Illinois to make a report to the DCFS or OIG hotline if they observe a situation that provides reasonable cause to suspect abuse/neglect. Workers in certain professions, including "recreational program", personnel have this legal mandate. Staff are trained on signs and symptoms of abuse/neglect and procedures for making a report.

MEDICATION
Complete medication information is due at the time of registration. All medications must be listed, regardless of whether assistance is needed during the program. If a participant requires assistance taking medication, permission must be provided by a legal guardian during the registration process. All medications administered during NWSRA programs must be placed in NWSRA medication envelopes and brought to the NWSRA office for the entire session prior to the start of the program.

PARENT/GUARDIAN/RESIDENTIAL STAFF RESPONSIBILITIES
• When arriving at a program, CHECK-IN with the NWSRA staff. When departing, you must sign out your participant with NWSRA staff.

• Label all items, including clothing. NWSRA cannot be responsible for lost or stolen items.

• Inform teachers and/or transportation departments of the participant's NWSRA programs after school or day program and changes as they arise.

• If a participant may walk or ride a bike home, a written notice, signed by the parent/guardian, must be sent to the NWSRA office prior to the start of the program.

• Notify the program leader in advance, by a written notice if someone new/unfamiliar to NWSRA staff will be picking up the participant after a program.

• Contact the NWSRA office if participant will be absent from a program.

• Parents/guardians/residential staff should adhere to scheduled pick up and drop off times.

• Parents/guardians/residential staff must provide supervision until the scheduled start time as stated in the brochure.

• Parents/guardians/residential staff must ensure participants have bowel and bladder control or arrive at the program wearing Depends or similar items under clothing. If this is a concern, please contact the NWSRA office.

• Parents/guardians/residential staff must ensure overall appearance of participant(s) should be clean (hair, face, teeth, hands, nails, etc.), wearing dry clothing, and wearing appropriate attire for program participation and weather conditions.

PROGRAM LEADERS/STAFF
NWSRA attempts to secure and place leaders/staff at each program as soon as adequate registration is received. To find out the program leader's name, or other information, please call one week before the program starts. Requests from parents for their children to have specific staff cannot be accommodated. NWSRA reserves the right to assign staff to specific programs. NWSRA strives for staff consistency, however, staff changes and reassignments may take place after programs have begun due to specific needs at other programs. Careful consideration is utilized when determining staff assignments and developing groupings.

PROGRAM SIZE
All programs have a minimum or maximum size. Programs may be canceled or postponed if adequate registration is not met. When participants of various ability and age levels are enrolled in the same program, NWSRA will group them according to age and ability.



SEVERE WEATHER GUIDELINES
In the event of severe weather, NWSRA may be forced to cancel programs. To receive live updates on NWSRA office closings and program cancellations due to inclement weather, please visit the NWSRA facebook, instagram, linkedin, or website. The following guidelines will be used to determine cancellation:

OUTDOOR PROGRAMS:
Cold: 0° or below, including wind chill.
Hot: 90°+ with heat index 105°–129° is cautionary; 130°+ results in cancellation.

PROGRAMS WITH TRANSPORTATION:
Non-ambulatory routes:
Cold: 0° or below or wind chill of -10°
Hot: Heat index of 105°+
Ambulatory routes:
Cold: -10° or below or wind chill of -20°
Hot: Heat index of 130°+

ALL PROGRAMS (INCLUDING INDOOR):
Programs may be canceled during winter storm/blizzard warnings with travel restrictions or tornado warnings affecting Lake, Cook, and/or DuPage counties.
Parents/guardians will be notified of all weather-related cancellations.

TRANSPORTATION
• Transportation times for all programs may change based on enrollment and/or last minute facility changes.

• All individuals transported while in a wheelchair must have a seat belt system that secures them into their wheelchair and brakes that are in good working order. If a participant is in need of a seat belt system, NWSRA will provide one for program use only.

• Individuals using tri-wheelers must transfer into a bus seat as they cannot be safely secured while in the tri-wheeler.

• Door-to-door transportation is provided for in-district residents only. Program leaders will contact participants to arrange pick up times.

• NWSRA will make every effort to keep routes at a reasonable length of time. Door-to-door routes vary in length based on pickup locations. Late drop off/pick up of participants at programs creates a ripple effect. Please be considerate of others by being on time. Drivers will only wait 5 minutes at all pick up locations.

• NWSRA reserves the right to determine whether a participant can be transported safely.

• Individuals may be assisted by NWSRA staff to and from the door of their residence if there are no other individuals in the bus or a bus aide is available. NWSRA staff are not permitted to enter the individuals' residence at any time. NWSRA staff may not lift, carry or transport an individuals' assistive transportation device to any vehicle other than a NWSRA vehicle.

• When picking up or dropping off participant for transportation by NWSRA, park your car in a designated parking spot and drop off or pick up participant at the bus. Staff will not release participants until parent/guardian, residential staff or caregiver comes to the bus and signs participant out of program.

WAYS TO REGISTER

REGISTRATION FOR PROGRAMS
Registration for programs can be completed online at nwsra.org/brochure, in person at NWSRA's Main Office, or sent via mail or fax. Regardless of the method, registration must be completed prior to the registration deadline. Registrations received after the deadline will be automatically placed on a waitlist. As NWSRA staff are able to accommodate participants on the waitlist, registrants will be contacted. If programs are canceled or postponed, registered individuals will be notified by phone.

PERSONAL INFORMATION FORMS
Participant Information Forms (PIFs) must be completed via ePACT. NWSRA has transitioned to digital PIF forms to enhance the security and privacy of participants' personal information. Registrants will receive an emailed link to complete this form after registering for a program. This form must be completed and updated annually for an individual to participate in NWSRA programming. If an individual does not have access to complete the form electronically at home, it can be completed at NWSRA's Main Office.

REGISTRATION INFORMATION
Registration for residents begins at 8:30 a.m. on Nov. 30 and closes at 5:00 p.m. on Dec. 23. Registration for non-residents begins on Dec. 14 and closes Dec. 23.

Registrations received after a program has reached its maximum capacity or after the registration deadline (whichever occurs first) will be placed on a waitlist. Parents, guardians, or residential staff will be notified via email if a participant is placed on the waitlist.

NON-RESIDENT FEE
Non-residents will be assessed a 50% fee increase above the charges listed. NWSRA residents will have priority in registering for all NWSRA programs. Non-residents will be allowed to register as additional space, tickets, seating and leadership allow. Final decisions will be made after the registration deadline when applicable. Door-to-door transportation is not available for non-residents.

FINANCIAL ASSISTANCE POLICY
If you are interested in applying for financial assistance, please contact the NWSRA office at (847) 392-2848 for eligibility requirements, application materials, deadlines, and additional information. Financial assistance is available to residents of NWSRA member park districts, and a new application must be completed each season. Please note that the initial 25% program installment is still required at the time of registration, even if you are applying for financial assistance. Be sure to contact the office before registering to ensure all financial assistance requirements and deadlines are met.

NWSRA PAYMENT PROCEDURES
NWSRA registrants have two options for making payments toward NWSRA programs. Registrants may either pay in full at the time of registration or select installment billing. If installment billing is selected, 25% of the Registration Fee is due upon registration. The remaining 75% will be divided up into three equal monthly payments starting on the 1st of the month following enrollment into the program. Registrants can elect to set up automatic credit card or ACH payments from their bank accounts, either online, or at NWSRA's Main Office. Registrants may also elect to be billed for each payment. If this option is selected registrants may go into their online account and pay the due balance or bring payment into NWSRA's Main Office. If doing this online, an initial payment of 25% will still be due at time of enrollment that must be paid via credit card or ACH. Please know that until any due balance is paid, an individual may not sign up for any additional programming as their account will have a past due balance.

CREDIT CARD/ ACH PROCESSING FEES
Credit card processing fees will be applied to all transactions paid by credit card, whether online or at the NWSRA Main Office. NWSRA simply passes on the exact processing cost to registrants and does not markup or generate revenue from these fees. The credit card processing fee is 2.8% plus $0.25 per transaction. ACH payments incur a $1.00 per transaction fee. To avoid these fees, payments may be made via cash or check by registering at the NWSRA Main Office.

REFUNDS & CREDITS
NWSRA understands that circumstances may arise that prevent participants from attending registered programs. When eligible, participants and families may choose to receive either a refund to their original form of payment or a credit toward future NWSRA programs.

REFUNDS AND CREDITS MAY BE ISSUED WHEN:
- NWSRA cancels a program.
- NWSRA determines that a program is not appropriate for a participant's needs.
- A participant experiences a prolonged illness or medical condition that prevents continued participation (medical documentation be required).
- A participant relocates outside of NWSRA's service area.
- A participant is dissatisfied after attending the first program session and requests a refund, credit, or transfer before the second session.
- NWSRA cancels transportation services for a registered program.

SITUATIONS NOT ELIGIBLE FOR REFUNDS OR CREDITS
- Missed sessions due to personal scheduling conflicts, vacations, or other personal commitments.
- Participants receiving financial assistance toward their registration.
- Withdrawals after a program has begun, except under the circumstances outlined above.
- Weather-related cancellations, as outlined below.
- After the second week of program

WEATHER-RELATED CANCELLATIONS
NWSRA reserves the right to cancel programs due to inclement weather to ensure participant and staff safety. Refunds and credits will not be issued for weather-related cancellations. When possible, NWSRA will attempt to reschedule one canceled session per program.

REFUND & CREDIT GUIDELINES
- Eligible participants may choose between a monetary refund or a household credit.
- A $10 service fee will apply to refunds and credits, except when NWSRA cancels a program or transportation service.
- NWSRA reserves the right to deduct nonrecoverable expenses already incurred, including tickets, rentals, deposits, other program-related costs, or staff time working to obtain refunds from 3rd parties.
- Refunds will be issued to the original form of payment.
- Credits will be applied to the participant's household account and may be used toward future NWSRA programs.
- Refunds and credits will be processed within 2 weeks of being requested/approved.
- Any outstanding household balance will be satisfied before a refund is issued or additional credits become available.
- Household credits remain valid for three years. Unclaimed credits will be handled in accordance with applicable Illinois unclaimed property laws.

NWSRA reserves the right to review individual circumstances and make exceptions to these guidelines when appropriate.

To request a refund or credit, please contact NWSRA at 847-392-2848.

CELEBRATE ABILITY

NWSRA

NORTHWEST SPECIAL RECREATION ASSOCIATION

Now Hiring!

Support Individuals With Disabilities



Apply Today!

Why You'll LOVE Working Here

- Make a real difference in someone's day
- Flexible hours that work around school, family, or another job
- Gain hands-on experience in disability services, recreation, education, and human services
- Build leadership, communication, and problem-solving skills
- Work in active, engaging environments, no two days are exactly the same
- Earn Paid Time Off

Find Your Fit!

Thrive Adult Day Program

Weekdays | Approx. 9:15 AM–2:45 PM

Work directly with adults with disabilities through recreation, fitness, community outings, life skills activities, and social opportunities. Must be 18+.

Inclusion Services

Before School 7–9 AM • Preschool 9 AM–2 PM
After School 3–6 PM • Evenings & Weekends, including athletics (typically 1-hour programs)

Provide 1:1 support to individuals with disabilities in their local park district programs. Help with participation, social skills, behavior supports, transitions, and accommodations.

Support Services NWSRA Programs

Daytime • Evenings • Saturdays

Work directly in NWSRA recreation programs and athletics. Opportunities may include Program Assistant (must be 16+), Program Lead for those interested in a leadership role, or Driver. Program Leaders & Drivers must be 21+ and willing to support the program they are transporting participants to and from.

Email hrteam@nwsra.org with any questions!

REGISTRATION FORM

☐ Please check this box if there is any information within the registration form that has changed from the previous season.

Registration forms received prior to registration opening will be postmarked at 5pm on the second day of registration.

PARTICIPANT'S INFORMATION:

Participant's Name (Legal Last) _____ (Legal First) _____ (Preferred) _____

Address_____ City_____ Zip _____

Park District _____ Township_____ If you **DO NOT** wish to give photo/video permission, please initial here _____

Home Number _____ Cell Number _____ E-mail _____

Sex _____ Age _____ Birthdate _____ Diagnosis _____ T-Shirt Size _____ ☐ Adult ☐ Child

Residential Facility Name _____ In case of emergency at program please contact _____

School/Day Center attending _____ Home School District (If different from attending) _____

Teacher/QIDP _____ E-mail _____ Phone Number _____

Permission to contact above, please initial here _____ Participant is own guardian ☐ Yes ☐ No Staffing Ratio: ☐ 1:1 ☐ 1:2 ☐ 1:4 ☐ Independent

I agree for NWSRA staff to apply sunscreen and/or bug spray to my child ☐ Yes ☐ No I want my child receive a daily Note Home ☐ Yes ☐ No

Ethnicity

☐ American Indian or Alaska Native ☐ Asian ☐ Black or African American ☐ Hispanic or Latino ☐ White
☐ Middle Eastern or North African ☐ Native Hawaiian or Pacific Islander ☐ Not Listed (please specify) _____

Gender Pronoun ☐ He ☐ She ☐ They ☐ Not Listed (please specify) _____

PARENT/GUARDIAN INFORMATION:

Parent/Guardian 1 (Legal Last) _____ (Legal First) _____ Guardian Type _____

Address (if different from above) _____ City _____ Zip _____

Primary Contact Method ☐ Home ☐ Cell ☐ Work ☐ E-mail _____

Home Number _____ Cell Number _____ ☐ Opt in to receive text communication about programming

Parent/Guardian 2 (Legal Last) _____ (Legal First) _____ Guardian Type _____

Address (if different from above) _____ City _____ Zip _____

Primary Contact Method ☐ Home ☐ Cell ☐ Work ☐ E-mail _____

Home Number _____ Cell Number _____ ☐ Opt in to receive text communication about programming

EMERGENCY CONTACT	NAME OF AUTHORIZED INDIVIDUALS FOR PICKUP	PHONE NUMBER(S)
☐ YES ☐ NO		
☐ YES ☐ NO		

Would you like to be added to our mailing/e-mail list? Check here ☐

SAFETY INFORMATION

NWSRA is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. NWSRA continually strives to reduce risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians registering for the programs listed above must recognize that there is an inherent risk of injury when choosing to participate in recreational programs. You are solely responsible for determining if you or your participant are physically fit and/or skilled for the activities contemplated by this agreement.

RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this form carefully and be aware that in signing up and participating in the above identified programs, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your participant might sustain as a result of participating in any and all activities connected with and associated with said programs (including transportation services, when provided.) Recreational programs and activities are intended to challenge and engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when participating in any recreational program or activity. Understandably, not all hazards and dangers can be foreseen. Depending on the particular activity, participants must understand that certain risks, dangers and injuries due to inclement weather, slipping, falling, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, participant misconduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and all other circumstances inherent to indoor and outdoor recreational activities/programs exist. In this regard, it must be recognized that it is impossible for NWSRA to guarantee absolute safety. I recognize and acknowledge that there are certain risks of physical injury to participants in these programs, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my participant or I may sustain as a result of said participation. I do hereby fully release and forever discharge NWSRA from any and all claims for injuries, damages, or loss that my participant or I may have or which may occur to me or my participant and arising out of, connected with, or in any way associated with these programs.

I have read and fully understand the above safety information, and release of all claims and assumptions of risk. If registering on-line, fax or e-mail, your electronic or photocopy signature shall substitute for and have the same legal effect as an original form signature.

Form Prepared by _____ Relationship to Participant _____

Signature _____ Date_____ Print Name_____
Adult participant if own guardian or parent/guardian

- If form has been prepared by someone other than participant. Participant must be made aware.
- For enhanced safety measures, photos will be required for all participants in programming. If you have not submitted a photo previously, please email it to office@nwsra.org

PARTICIPANT NAME _____ **SEASON/YEAR** _____

PROGRAM #	PROGRAM NAME	MEDS TAKEN AT PROGRAM YES ☐ NO ☐	PROGRAM FEE	TOTAL FEE
Transportation	One Way, To ☐ Round Trip ☐ One Way, From ☐ Door-to-Door ☐	PICK UP LOCATION	DROP OFF LOCATION	TRANS FEE

PROGRAM #	PROGRAM NAME	MEDS TAKEN AT PROGRAM YES ☐ NO ☐	PROGRAM FEE	TOTAL FEE
Transportation	One Way, To ☐ Round Trip ☐ One Way, From ☐ Door-to-Door ☐	PICK UP LOCATION	DROP OFF LOCATION	TRANS FEE

PROGRAM #	PROGRAM NAME	MEDS TAKEN AT PROGRAM YES ☐ NO ☐	PROGRAM FEE	TOTAL FEE
Transportation	One Way, To ☐ Round Trip ☐ One Way, From ☐ Door-to-Door ☐	PICK UP LOCATION	DROP OFF LOCATION	TRANS FEE

PROGRAM #	PROGRAM NAME	MEDS TAKEN AT PROGRAM YES ☐ NO ☐	PROGRAM FEE	TOTAL FEE
Transportation	One Way, To ☐ Round Trip ☐ One Way, From ☐ Door-to-Door ☐	PICK UP LOCATION	DROP OFF LOCATION	TRANS FEE

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Transportation	One Way, To ☐ Round Trip ☐ One Way, From ☐ Door-to-Door ☐	PICK UP LOCATION	DROP OFF LOCATION	TRANS FEE

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Transportation	One Way, To ☐ Round Trip ☐ One Way, From ☐ Door-to-Door ☐	PICK UP LOCATION	DROP OFF LOCATION	TRANS FEE

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PROGRAM #	PROGRAM NAME	MEDS TAKEN AT PROGRAM YES ☐ NO ☐	PROGRAM FEE	TOTAL FEE
Transportation	One Way, To ☐ Round Trip ☐ One Way, From ☐ Door-to-Door ☐	PICK UP LOCATION	DROP OFF LOCATION	TRANS FEE

Please indicate any important information about family members that staff should be made aware of:

Door to Door Request

For programs which do not advertise door-to-door transportation, it may still be accommodated. Please fill out this door-to-door transportation request form and someone will reach out prior to the start of program

Please bring your registration form to the main office!

NWSRA 3000 W. Central Road, Suite 205 Rolling Meadows, IL 60008

Alcott Center
530 Bernard Drive
Buffalo Grove
847-850-2100

Arlington Lakes Golf Club
1211 S New Wilke Rd.
Arlington Heights
847-577-3030

Arlington Lanes
3435 N. Kennicott Ave
Arlington Heights
847-255-6373

Arlington Ridge Center
660 N Ridge Avenue
Arlington Heights
847-577-3025

Bartlett Community Center
700 S Bartlett Road
Bartlett
630-540-4800

Bowlero - Mt. Prospect
824 E Rand Road
Mt. Prospect
847-392-0550

NWSRA Buffalo Grove
601 W Deerfield Parkway
Buffalo Grove
847-305-8360

Camelot Park
1005 E. Suffield Drive
Arlington Heights
847-577-3010

Carl Sandburg Junior High
2600 Martin Ln
Rolling Meadows
847-963-7800

NWSRA Mt. Prospect
1000 W Central Road
Mount Prospect
847-305-8571

Clearbrook - Getz
3802 S Wilke Rd
Rolling Meadows
847-991-4100

Community Arts Center
225 McHenry Road
Buffalo Grove
847-850-2175

Conyers Learning Academy
2800 W Central Road
Rolling Meadows
847-963-3400

CrossFit Arioch
368 Bluff City Blvd.
Elgin
847-815-0199

Falcon Park Recreation Center
2195 N Hicks Road
Palatine
847-202-5111

Gary Morava Recreation Center
110 W Camp McDonald Road
Prospect Heights
847-394-2848

NWSRA Hanover Park
1919 Walnut Avenue
Hanover Park
847-392-2864

Jack Claes Pavilion
1000 Wellington Avenue
Elk Grove Village
847-437-9494

Kirk School
520 S Plum Grove Rd
Palatine
847-485-2600

Little City Countryside
2360 Palmer Drive
Schaumburg
847-438-8799

Osage Park
2076 N Old Hicks Road
Palatine
847-991-0333

Palatine Community/Gymnastics Center
250 E Wood Street
Palatine
847-991-0333

Palatine Family Aquatic Center
340 E. Palatine Road
847-991-1700

Park Place Family Recreation Center
550 S. Park Boulevard
Streamwood
630-372-7275

Park Central/Teen Center
3000 Central Road
Rolling Meadows
847-818-3220

Plum Grove Park
4001 Park Drive
Palatine
847-818-3200

RecPlex
420 Dempster Street
Mount Prospect
847-640-1000

NWSRA Rolling Meadows
3705 Pheasant Drive
Rolling Meadows
847-632-0049

Schaumburg Community Recreation Center
505 N Springinsguth Road
Schaumburg
847-490-7015

The Club at Praire Stone
5050 Sedge Blvd
Hoffman Estates
847-285-5400

The Zone
550 E Business Center Drive
Mount Prospect
847-255-1400

Thrown Elements
60 N Evergreen Avenue
Arlington Heights
847-818-1313

NWSRA Hoffman Estates
650 W Higgins Road
Hoffman Estates
847-885-7500

NWSRA Wheeling
100 Community Boulevard
Wheeling
847-465-3333

Willow Bend School
4700 Barker Ave
Rolling Meadows
847-963-7300

Willow Recreation Center
3600 Lexington Drive
Hoffman Estates
847-885-7500

CELEBRATE ABILITY

NWSRA

NORTHWEST SPECIAL RECREATION ASSOCIATION

NORTHWEST SPECIAL RECREATION ASSOCIATION
3000 W. Central Rd., Suite 205 • Rolling Meadows, IL 60008
847/392-2848 • 392-2855 TTY • 392-2870 FAX • www.nwsra.org

REGISTRATION BEGINS
NOVEMBER 30, 2026
NON-RESIDENT REGISTRATION BEGINS
DECEMBER 14, 2026
REGISTRATION DEADLINE
DECEMBER 23, 2026
PROGRAMS DATES
FEBRUARY 1 – MAY 1, 2027

